

**Central Iowa Community Services
Regional Board Meeting Minutes
September 22, 2016
Story County Administration Bldg., Nevada, IA**

Board Members Present: Franklin-Mike Nolte, Story-Marty Chitty, Poweshiek-Larry Wilson, Hardin-Ronn Rickels, Hamilton-Doug Bailey, Boone-Tom Foster, Marshall-Bill Patten, Jasper-Joe Brock, Madison-Phil Clifton, and Advisory Board Representative Al Fagerlund.

Counties/Members Absent: Warren-Dean Yordi and Advisory Board Rep. Sherry Becker.

Others Present: Joe Wolfe, Deb Schildroth, Julie Wendl, Tony Reed.

Administrative Team Present: Jody Eaton, Linn Adams, Jill Eaton, Betsy Stursma, Russell Wood, Patti Treibel-Leeds, John Grush and Karla Webb.

Call to Order and Agenda. Chair Nolte called the meeting to order. Chitty moved, Patten seconded to approve the agenda. All voted aye.

Minutes. Wilson moved, Brock seconded to approve the minutes of the August 25, 2016 meeting. All voted aye.

Administration

Jody Eaton reviewed the contracts and other agenda items that could create a conflict of interest and encouraged members to act accordingly.

Projects/Programs Making a Difference. Julie Wendl from Station Clubhouse in Poweshiek County spoke about this social support/rehabilitation center provided through Capstone Behavioral Services. The program serves approximately 40 individuals with some funded by Medicaid and others by CICS.

Amendment of Bylaws. Proposed changes were previously sent to all Board members. Substantive changes were: changing the requirement for a quorum from 75% to a majority of county appointed directors to provide consistency with the 28E, recognizing that a county can have more than one alternate representative named, and allowing non-roll call votes on some matters (agenda, minutes, and routine items). Clifton moved, Wilson seconded to approve the amended Bylaws. On a roll call vote all voted aye.

Staffing Report. Jody announced that the Jasper County Service Coordinator resigned and the county is in the process of hiring someone for this local position.

Finance

Claims. Wilson moved, Patten seconded to approve claims paid on 8/30/16 (\$320,157.75) and on 9/13/16 (\$225,925.17). On a roll call vote all voted aye.

August Expenditure Report. Jill Eaton reviewed the report with expenditures for August of \$936,046.65.

Operations

FY 17 Provider Contracts. Bailey moved, Clifton seconded to approve FY 17 contract with Genesis Development for crisis stabilization at the Hope Wellness Center. Webb noted that other services and rates with Genesis will be governed by the host county contract. On roll call vote Foster abstained and all others voted aye.

Transitional Living Center Agreements. Webb reviewed the proposed contracts for TLCs in Newton, Indianola, and Iowa Falls. She noted that startup costs of \$40,000 per provider are included in the contracts and each provider will be paid 1/12 of their approved budgeted costs monthly. Foster moved, Wilson seconded to approve the contracts with Capstone Behavioral Healthcare for the Newton site and Eyerly

Ball Community Mental Health Center for the Indianola site. On a roll call vote all voted aye. Wilson moved, Chitty seconded to approve the contract with Access, Inc. for the Iowa Falls site. On a roll call vote Nolte abstained and all others voted aye.

ASSET Amendment. Brock moved, Bailey seconded to approve an amendment to the ASSET Policies and Procedures to redefine the unit of service for Volunteer Management as one volunteer hour. On a roll call vote all voted aye.

Planning

Crisis Stabilization Project. Wood requested Board's permission to create an RFP for a crisis stabilization center in Ames. CICS has been involved in discussions regarding the transformation of the residential care facility on Hazel Street to a crisis stabilization and crisis transitional home. The RFP would be brought back to the Board for approval at next meeting. The project would probably be in partnership with MGMC. Wilson moved, Chitty seconded to approve CICS to prepare the RFP. On a roll call vote all voted aye.

Medications in Jails. Wood reviewed a report of current expenses for psychiatric medications in jails within the region. Total cost is approximately \$150,000 per year. These expenses are primarily paid from property tax dollars. The Administrative Team recommends to have psychiatric medications for jail paid from regional MHDS funds. Those wishing to access regional funding would need to complete an application and a formulary would be used. Rickels moved, Chitty seconded to approve funding psychiatric medications in the jails from CICS funds. On a roll call vote all voted aye.

Coordination

Service Coordination Update. Stursma and Adams reported on changes effective July 1st with tracking service costs to individuals served. Officers will be putting together a report for the first quarter to share with Board at next meeting.

Quality Assurance

Reports. Treibel-Leeds provided a monthly update on the utilization of the CICS Crisis Line and the telehealth services provided by Integrated Telehealth Partners in the region.

Training. 424 attended the 5 Star Training in Ames on September 15th and 16th that was cosponsored by CICS and Heart of Iowa region. Many positive reports were received on the training from providers and regional staff. Administrative Team will be discussing providing this training and others in the future.

Compliance

Quality Service Development Assessment (QSDA). Grush, who chairs the statewide QSDA project, provided an overview of its efforts to provide a statewide system including providers, MCOs, and regions in measuring the quality of services. Copies of the FY 17 Strategic Plan and information from the QSDA website were reviewed.

CICS Advisory Board. Fagerland reported that Advisory Board will meet October 11th.

County Updates. Wilson reported that Capstone has moved into the Poweshiek County building that the region helped fund improvements for.

Public Comment. None.

Next Meeting. October 27, 2016 at 1:00 at Story County Administrative Building in Nevada.

With no further business the Chair adjourned the meeting.

Linn Adams, Recording Secretary

Mike Nolte, Board Chair