

**Central Iowa Community Services  
Joint Regional Board, Advisory Board, and Administrative Team Meeting  
Minutes**

**January 5, 2017**

**Story County Social Services Bldg., Ames, Ia.**

**Board Members Present:** Franklin-Mike Nolte, Story-Marty Chitty, and Advisory Board Representatives Al Fagerlund and Sherry Becker.

**Advisory Board Members Present:** Terry Johnson.

**Administrative Team Present:** Jody Eaton, Linn Adams, Jill Eaton, Russell Wood, Patti Treibel-Leeds, Karla Webb, and John Grush.

**Others Present:** Wayne Clinton, Julie Jetter, DHS.

Chair Nolte called the meeting to order. Introductions were made. It was noted that a quorum of the Governing Board was not present and therefore no official business would be transacted. Jody Eaton explained the purpose of this meeting was to allow DHS the opportunity to present their recent report regarding the "redesign process."

Julie Jetter explained that the report was mandated by the Iowa Legislature and this report was to address some issues of concern. Part of the report addresses the regions and the second part addresses the state mental health system as a whole.

Jetter reported that in general, DHS Director Palmer feels the work that has been done so far by regions has been impressive. Palmer also feels that there can be additional steps to make it better and create a consistent system in Iowa that offers services in the least restrictive environment possible.

Jetter reviewed the Executive Summary. The number one DHS priority is to assure core and additional core services throughout the state. She stated that if regions, regardless of size, can provide the services needed, and if regions as a whole can be united, it will decrease the focus on a required size for regions.

Jetter reviewed recommendations of DHS including pooling of funds (14 are now pooling) and having a permanent CEO rather than rotating the position as CICS and a few other regions do.

Additional topics and questions:

- Regional employment. DHS has no opinion. No regions are currently doing this.
- Administrative Expense. This info is available on the dashboards. Jetter does not anticipate any recommendation to legislature regarding this.
- Additional Core Services. If funds are available regions are supposed to expand core plus services. 13 of 14 regions seem to have the funds. CICS is meeting all access standards and have all core services available. As far as additional we have started some and looking at others.

- Crisis Lines. We have one. Discussed the possibility of a statewide access number. Only Foundation 2 and Boys Town meet accreditation. All crisis services will need to move toward accredited services and/or providers.
- DHS is looking at requiring contracting with regions and MCOs to give DHS more authority and require a unified system (pg 16).
- Workgroups are working on crisis services and the difficult to serve.
- DHS encourages region to move toward meeting fidelity of Evidence Based practices for services provided.
- Discussion of frustration of MCOs related to funding and delayed payments etc. to providers and other costs that regions are having to cover that should be covered by Medicaid/MCOs and lack of oversight of managed care.

The Chair adjourned the meeting.

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Linn Adams, Recording Secretary

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Mike Nolte, Board Chair