



CICS

Supporting Individuals. Strengthening Communities.

Regional Governing Board Meeting Minutes

April 22, 2021

Due to the COVID-19 virus, public access to the meeting was provided via conference call.
Members of the Board and public were able to call in or attend via zoom.

Board Members Present: Boone, Franklin, Greene, Hamilton, Hardin, Jasper, Madison, Marshall, Poweshiek, Story, Warren, JD Deambra, Kendra Alexander, Julie Smith, Andrea Dickerson. **Counties/Members Absent:** Allie Wulfekuhle. **Administrative Team Present:** Russell Wood, Betsy Stursma, Karla Webb, Patti Leeds, Linn Adams. **Others Present:** Gary Rayhons, Todd Lange, Kathy Erickson, Nikki Fischer, Angela Tharp, Chris Watts, Niki Conrad, Quinn Wood.

Agenda & Minutes

Motion by Hoffman to approve the April 22, 2021 agenda, second by Rudolph. All ayes, motion carried.

Motion by Nolte to approve the March 25, 2021 minutes, second by Clifton. All ayes, motion carried.

CEO Russell Wood updated the Board on current legislation, SF 587, removing backfill and removing property tax funding for MHDS. It passed the Senate however has not been assigned a subcommittee in the House. Many people have concerns regarding this bill. The Appropriations bill has come out. ABLE trust bill has passed both House and Senate, HF 835/SF 527 (mirror bills).

Wood also addressed in-person meetings for the future. Patten would like to look at having the July meeting in-person with the Zoom option for all meetings. Patten opened discussion to comments. Options for potential alternative locations were discussed. It was decided that July 22, 2021 would be the first in-person meeting.

Wood invited the Governing Board to an informational meeting the Administrative Team will be hosting in May. It is a 101 on the MHDS systems of care and the team will share the history of CICS, how CICS got to where they are now. This is for Board members, however it will be an open meeting if there is a quorum so Board will need to RSVP. Meeting will be available via Zoom. It is not required, however it will be helpful, especially to new Board members. RSVP by Tuesday, April 27 to lisa.mulford@cicsmhds.org.

Finance Officer Betsy Stursma shared the March expenditure report and the claims report for April 6 and 20, 2021. Motion by Heddens, second by Talsma to approve claims. All ayes, motion carried. Roll call vote: Ayes: Boone, Franklin, Greene, Hamilton, Hardin, Jasper, Madison, Marshall, Poweshiek, Story, Warren, JD Deambra, Kendra Alexander. Not present: Allie Wulfekuhle.

Operations Officer Karla Webb presented an Operations Report which covered the changes made to the Management Plan for CICS. Both Advisory Committees have reviewed the changes. If the Board approves the Plan it will go to DHS and if approved will go into effect July 1, 2021. Motion by Hoffman, seconded by Kloberdanz to approve the CICS Management Plan Policies and Procedures amendments as presented. All ayes, motion carried.

Webb presented the FY22 contract template regarding provider's liability insurance. Motion by Kloberdanz to approve Section 6.2 as amended and printed for the Board with changes in professional liability insurance and decreasing to \$2 million for liability for all providers, second by Rudolph. All ayes, motion carried.

Webb requested the Board authorize the Chair to sign FY223 contract amendments due to the template change. Webb will do a contract amendment for already approved provider contracts. Webb will develop a form for each provider which Patten will sign, she will then send to providers and have them sign and return. Wood clarified that this is rather than bringing every contract to the Board again. Motion by Talsma to approve request, second by Kloberdanz. All ayes, motion carried.

Webb requested a change for the FY22 Mental Health Advocate contract template. No amendments will need to be made. Motion by Heddens to approve changes to Section 5.1 and Section 5.2, second by Deambra. All ayes, motion carried.

Webb presented an update to the Psychiatric Prescriber incentive to increase the amount from \$12,000 to \$15,000 and to clarify it will go for 24 months. Motion to approve by Hofmann, second by Talsma. All ayes, motion carried.

Webb presented an update to the Licensed Independent Social Worker incentive to increase the amount from \$7,500 to \$10,000 and to clarify it will go for 24 months. Motion to approve by Kloberdanz, second by Roudabush (Poweshiek alternative). All ayes, motion carried. Administrative Team will look into and discuss Julie Smith's question regarding MSW becoming an LISW and whether the incentive would increase in that scenario.

Webb presented the Access, Inc. FY22 contract renewal. Motion to approve by Deambra, second by Talsma. All ayes, motion carried. Nolte abstained.

Webb presented the Community & Family Resources FY22 contract renewal. Motion to approve by Clifton, second by Talsma. All ayes, motion carried. Kloberdanz abstained.

Webb presented the Arc of Story County and Friendship Ark, Inc. FY22 contract renewals. Motion to approve by Kloberdanz, second by Hofmann. All ayes, motion carried. Heddens abstained.

Webb presented the remaining 16 contract renewals for FY22: Abbe Center for Community Mental Health, Inc.; Central Iowa Recovery, Inc.; ChildServe Community Options; Christian Opportunity Center; Duncan Heights, Inc.; Foundation 2, Inc.; Full Circle Therapy Center, LLC; Goshorn Psych-Services, PLLC; Grace C. Mae Advocate Center, Inc.; Mainstream Living; New Beginnings Counseling Service; Orchard Place; Progress Industries; Liberty Square dba Spring Harbor Residential Services; Hamilton County Public Hospital dba Van Diest Medical Center; Youth Emergency Services & Shelter. Motion by Deambra to approve all contract renewals, second by Heddens. All ayes, motion carried.

Wood presented a request from the Administrative Team to approve a Judicial Hospitalization Referee agreement. CICS has not done this in the past, however Cerro Gordo has been utilizing this service for many years. It will reduce being billed for transport by law enforcement and CIJDC and the hearing will be done more



timely as the Referee goes to the hospital and conducts the inpatient hospitalization hearing. This is less traumatizing to the individual and also is a safer option by not removing the patient from the hospital. The cost will be \$40,000, the Referee is an employee of the Judicial Branch, and the Administrative Team recommends this for FY22 and to revisit for FY23 with data tracked throughout the year. Motion by Talsma, second by Hofmann to approve a Judicial Hospitalization Referee for FY22. All ayes, motion carried.

Chair asked for public comments at this time. Planning Officer Patti Leeds shared the Mental Health Conference flyer that is taking place Thursday, May 20 from noon to 4:30 p.m. This will be virtual this year with six speakers giving five presentations. A virtual tour will also be shared. This is free to attend and up to 500 people can register. Flyer will be attached to the Board minutes.

Wood discussed the Heart of Iowa Region training that will be providing a law enforcement training. There will be five people from Story County going to that training. There may be a three day Crisis Intervention Team training in June for law enforcement and he encourages everyone to reach out to their law enforcement, jails, Sheriff's office, police officers, dispatchers and first responders to attend. CICS has paid for this training in the past, but will not be required to pay these two trainings. Wood will share the information when he receives it.

Next Meeting is May 27, 2021.

Chair adjourned the meeting.

Patti Leeds, Recording Secretary

Bill Patten, Board Chair



Please join us for the 3rd Annual

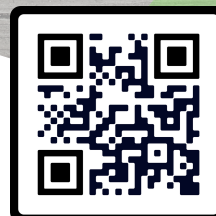
Mental Health Awareness Conference

Thursday, May 20th, 2021

12:00 PM - 4:30 PM

Virtual Conference

Register online at https://whova.com/web/medic_202105/



SCAN ME

FEATURED SESSIONS AND PRESENTERS:



Keynote:

**Hope & Healing:
My Walk with Mental Health**
Lyndsey Fennelly



**Let's Talk:
The ABC's to "Bee
Approachable"**
Tiffany Larson



**Stress on the Farm:
Strategies to Help Each Other**
Malisa Rader



**How to Remain Strong &
Resilient in Uncertain Times:
Working Through Daily
Difficulties**
Kurt Volkert



**Supportive Services:
Mobile Crisis Response Team
& Other Community-Based
Services**
Bre Degelau



**Supportive Services:
Mobile Crisis Response
Team & Other Community-
Based Services**
Monica Van Horn

Questions? Contact Anthony Wubben at 515.832.7717 or Carrie Hisler at 515.832.9550.

**Free CEUs/CEHs available for Social Work, CADIC, Nursing and EMT/Paramedic (4.25 hours)*



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