

**Central Iowa Community Regional Advisory Committee Meeting**  
**Tuesday, January 14, 2020 @ 1:30 pm**  
**Story County Human Services Center**  
**Multipurpose Room, 126 S. Kellogg Ave., Ames, Iowa 50010**

**Members Attending:** Justin Terry, Julie Smith, Anthony Wubben, Jennifer Ellis, Cassie Fowler, JD Deambra, Grace Sivadge, Tamara Morris, Sharon Swope, Mary Nelson, Diana Dawley, Kathy Hanzek.

Staff and Others Attending: Karla Webb, Jody Eaton, Betsy Stursma

- I. Welcome and Introductions:** Karla Webb called the meeting to order at 1:30pm. Introductions were made.
- II. Election of Chair and Vice-Chair:** Motion by Julie Smith and second by Kathy Hanzek for Jennifer Ellis as Chair and Justin Terry as Vice-Chair, motioned passed unanimously.
- III. Election of an individual who utilizes mental health and disability services or is an actively involved relative of such an individual to CICS Governing Board:** Motion by Grace Sivadge and second by Diana Dawley to elect JD Deambra, motioned passed unanimously.
- IV. Approval of 7/9/19 meeting minutes:** Motion by Diana Dawley, second by Kathy Hanzek to approve minutes, motion passed.
- V. Approval of 10/8/19 meeting minutes:** Motion by Kathy Hanzek, second by Justin Terry to approve minutes, motion passed.
- VI. Discussion and Consideration of Revised Bylaws CICS Regional Advisory Committee:** Karla Webb reviewed proposed changes to the bylaws, no other changes were suggested by committee members. Motion by Anthony Wubben and second by Kathy Hanzek to approve the recommended changes to the CICS Governing Board, motion passed.
- VII. Highlights of Regional Governing:** Julie Smith noted the Governing Board has been carrying out regular business functions, having discussions regarding the children's behavioral health system, finances and contract amendments.
- VIII. 2019 CICS MHDS Advisory Committee Report:** Karla Webb discussed the Advisory Committee report, no changes were noted or requested by committee members.

- IX. CICS MHDS FY2019 Annual Report:** Karla Webb reviewed the FY19 Annual Report.
- X. CICS Crisis Line update:** Jody Eaton discussed legislation requiring the State of Iowa to be responsible for a statewide crisis line. State of Iowa is using Your Life Iowa which is a partnership between Iowa Department of Public Health, Department of Human Services, and Foundation 2. CICS is partnering to utilize the Your Life Iowa line as of 1/1/20, mobile response services will be dispatched by calling the Your Life Iowa line. The CICS crisis line will roll over to the Your Life Iowa line and no calls should be lost.
- XI. CICS Legislative Priorities:** Jody Eaton discussed this is the first year CICS is presenting their own legislative priorities. The priorities do go align with priorities set by Iowa State Association of Counties (ISAC) and Mental Health and Disability Services Commission. Jody discussed priority for sustainable funding for the MHDS service system and Medicaid reimbursement rates at a level that is adequate to preserve service stability. Priorities also identified include expanding the children's system to include the development and management of a system of care for all children and fully fund the Your Life Iowa crisis line.
- XII. Children's Behavioral Health System Update:** Jody Eaton explained when legislation is implemented then administrative rules need to be developed which can lead to changes to the CICS structure to align with legislative and developed rules. Jody discussed developing the CICS Children's Advisory Committee and the various committee representation, developing a children's behavioral health service implementation plan, and updating Policies and Procedures manual. Jody discussed the first year of services that will need to be funded and services in the second year. The income and resource guidelines are different for adults and children. Education and training needs to occur within CICS staff for implementation of funding for children services.
- XIII. Agency Update/Information Sharing:** Cassie Fowler discussed for Greene County there will be a Trauma Informed Care training in February, a C3 De-escalation training has been provided, are struggling with law enforcement utilizing the crisis line and mobile crisis response services. JD Deambra indicated the NAMI CI Wellness Center is open every Saturday now and closed Wednesday and Friday hours of operation are 12pm-4pm. Grace Sivadge discussed the mobile crisis response data reflected 0% for individuals taken to jail. Grace shared open house drop in center info for Phoenix Place in Indianola. Sharon Swope discussed they have relocated to a permanent location for the drop in center in Marshall County, they were previously displaced from the tornado. Since the tornado a lot of people

have visited the drop in center, had over 90 people with over 400 visits to the drop in center in October. Sharon noted she has programed the mobile crisis phone number into personal cell phones for individuals, and this is working very well. Mary Nelson indicated things are going well at Friendship Club drop in center. Justin Terry shared a large number of disability services were transferred to Imagine the Possibilities (ITP) from Genesis Development, ITP will begin accepting applications for SCL in Warren County. Justin advocated for continued hourly services and representative payee services for individuals. Jody Eaton discussed Jasper County Cares Coalition is doing a Strengthening Families class and collaborating with schools. Julie Smith discussed the opening of Connections drop in center in November, hours are Monday-Friday 9am-3pm, have 10-18 people attending per day, serve a meal daily, an individual donated labor to install a kitchen. In Poweshiek County are looking to do rebranding and implement new programs at the drop in center. Capstone Behavioral Health has hired a 4<sup>th</sup> psychologist, have a 6-10 week wait for an appointment for evaluations. Billing codes for psychological testing changed 1/1/19 and the MCO's still are not reimbursing at the correct rate. In 2012 Capstone had 23 employees and now have 79 employees. Anthony Wubben discussed he has been working with Patti on training staff in C3 De-escalation. Beginning November 1<sup>st</sup> worked with CICS and CIJDC for voluntary mental health transports and are meeting with NAMI CI this Thursday regarding mental health awareness.

**XIV. Next Meeting Date:** April 14, 2020 @ 1:30PM at Story County Human Services Building, 126 S. Kellogg, Ames.

**XV. Adjournment:** Diana Dawley motioned to adjourn at 2:35pm, second by Anthony Wubben, meeting adjourned.