



CICS

Supporting Individuals. Strengthening Communities.

CICS Adult Regional Advisory Committee Meeting Tuesday April 13, 2021 @ 1:30 pm Minutes

SPECIAL NOTE TO THE PUBLIC: Due to recommendations to social distance in order to help slow the spread of the COVID-19 virus, access to the meeting was provided via Zoom.

1. Welcome and Introductions: Roll Call of Committee Members
Chair Ellis called the meeting to order, those present: Diana Dawley, Kathy Hanzek, Nikki Fischer, JD Deambra, Julie Smith, Mary Nelson, Jennifer Ellis, Jody Eaton, Jeff Vance, Kelly Kratz. Brittany Palmer joined the meeting after it was in session.
Others present: Karla Webb, Russell Wood, Patti Treibel Leeds
2. Adoption of the Agenda – Action
Motion by Vance to approve the agenda with items 8 and 9 to be discussed after item 4.
Second by Fischer, motion approved.
3. Approval of 1/12/21 Meeting Minutes – Action
Motion by Deambra to approve the meeting minutes, second by Fischer, motion approved.
4. Discussion and Consideration of Revised Bylaws Central Iowa Community Services Regional Advisory Committee – Karla Webb – Action
The bylaw changes were reviewed by Webb, no action was taken regarding the bylaw changes as revisions shall be approved by a vote of 2/3 of the Regional Advisory Committee. Multiple committee members provided feedback to Webb identifying the desire for the advisory committee meetings to continue to be held quarterly. Webb will send out a doodle poll to committee members to see if a meeting time in May will work for the committee to meet to review the bylaw changes.
5. Highlights of Regional Governing Board – Julie Smith and JD Deambra, Informational
Smith reported updates provided by Russell Wood and Patti Treibel-Leeds highlighted the recent Governing Board meetings. Deambra concurred.
6. Election of Provider Representative for Two Year Term for CICS Governing Board Effective 7/1/21 - Action
Smith indicated she would consider appointment to renew the provider representative appointment to the CICS Governing Board however would like clarification regarding if she is able to converse with Supervisors Talsma and Dawley who are also on the Governing Board and Board members in the counties that Capstone Behavioral Healthcare serves. If this is not allowable this is problematic as they are her county liaisons, and she does not want to violate open meeting laws. Webb agreed to seek clarification regarding this and will follow up with Smith. Vance motioned to appoint Smith as the provider representative contingent on there not being a conflict of interest. Fischer seconded; motion approved.

7. Discussion and Consideration of Revised CICS Management Plan Policies and Procedures – Karla Webb – Action

Webb reviewed changes to the CICS Management Plan Policies and Procedures and explained the approval process for amendments. Eaton inquired about quality assurance measures, Webb noted Patti Treibel Leeds is working on collecting data and information for specific services, this will be implemented soon. Russell Wood and Patti Treibel Leeds also participate in a Data Analytics statewide committee. Webb explained revisions to the management plan require review by the advisory committees prior to going to the Governing Board, the revisions no longer require approval by advisory committees as has been required in the past so a vote to recommend approval of the amendments is not needed. No other comments or questions were noted by committee members.

8. CEO Update – Russell Wood, Informational

Wood provided an update regarding SF587 that would remove county property tax funding for mental health services and identifies funding to come from the State only, there would be a transition for FY22 and then funding only from the State would occur in FY23. The legislation moves all funds to a regional fiscal account and removes the ability to have a local county fund to pay staff and pay operating expenses. The legislation also limits regions to a 5% ending fund balance. SF587 has passed out of the Senate and is in the Ways and Means in the House. Other components of this legislation removes the backfill for commercial property taxes which will impact cities, schools and counties and cause these entities to find other revenue sources.

Wood discussed four counties will be joining CICS 7/1/21, these counties are Cerro Gordo, Hancock, Webster, and Wright. Wood reviewed are intending to hire seven staff to work within these counties, six are existing CICS employees so this should help with staff consistency for clients as well as client transitions to CICS funding.

Wood explained he has met with staff from the Department of Human Services, and it is identified that CICS is meeting complex needs and children's behavioral service requirements with the exception of intensive residential services. A provider is looking to implement intensive residential services in Waterloo, residents of CICS may be able to be served by this provider and if this occurs then DHS would consider this as functionally met. CICS has explored partnering with agencies in Fort Dodge for intensive mental health services however the agencies at this time do not have capacity to expand.

9. CARES Act COVID-19 Funding – Patti Treibel-Leeds, Informational

Treibel Leeds shared a report summarizing dollars accessed for CARES Act funding and how the dollars were spent by providers, schools and CICS offices. The first round of CARES Act funding had a deadline of 12/30/20; the State did extend the funding period until 6/30/21. CICS retained some funds to finish up current projects and sent remainder of \$1.75 million to Polk Co. Smith expressed she would have liked another opportunity to apply for funds for Capstone Behavioral Healthcare. Dawley noted if funds are received again, she hopes the Governing Board will have an opportunity to discuss further spending of the funds. Treibel Leeds discussed the quick turn around time needed to spend the funds in the first phase and one round of funding did not have a dollar limit to the amount agencies/schools could apply for. Eaton inquired if more funds will be received and at this time it is unknown.



10. Agency Update/Information Sharing:

Kelly Kratz with 43 North Iowa shared they have implemented Individual Placement and Supports in Cerro Gordo County and are working to open a crisis stabilization residential center in Mason City. Julie Smith with Capstone Behavioral Healthcare shared they have hired a therapist and are hoping to be able to do intakes more quickly. They are having challenges more so recently with individuals who are incarcerated, they have a jail diversion program that is very busy. Jody Eaton noted she participated in a meeting where the Chief of Police has indicated they are seeing an uptick in crime and challenges with COVID-19. Are seeing an increased wait time for people to receive an evaluation through ITP in the ER. Are seeing the need for complex services and looking forward to intensive residential services becoming available. Brittany Palmer shared they are hiring for a clinical manager and BHIS manager. Have a lunch and learn coming up on 4/28/21 for Narcan training with Zion. Nikki Fischer with BooST shared there is a lot going on getting ready for FY22 and contracts. Usually in Boone they partner with the library to hand out bike helmets, this will be occurring on June 5th. Jennifer Ellis shared Friendship Ark is full in all their homes and are looking at a new way to do community inclusion activities, are trying this with their core members in April and are hoping to be able to open this up to other individuals they serve. A lot of providers are short staffed are looking at providing both technology and in-person supports, technology would be at night and in-person support during the day, this could be an option for people who would not need 24 hour support. Ellis noted she had a meeting yesterday with City of Ames, if have adults or children interested in Miracle League this is starting in May. Mary Nelson with Friendship Club shared a lot of people are starting to get their vaccination, not sure how this will change and affect safety measures for drop-in center. Patti Treibel Leeds shared there is a virtual May Mental Health Awareness event on May 20th, 12pm-4:30pm, keynote speaker is Lyndsey Fennelly, speaker from ISU Extension discussing suicide and agriculture, Be Approachable by Tiffany Larson and coming through the pandemic and what to do with our mental health. There is availability to be a sponsor, can have a vendor page, no cost for this or to attend, reach out to Patti if you are interested in a vendor page. The event will be able to accommodate 500 people via zoom, social work CEUs will be available.

11. Next Meeting Date: Webb will work to schedule a meeting in May to review bylaws, future meeting also scheduled for 7/13/21 @ 1:30pm.

12. Adjournment – meeting adjourned at approximately 2:55pm.

