



CICS

Supporting Individuals. Strengthening Communities.

CICS Adult Regional Advisory Committee Meeting Minutes

Tuesday July 13, 2021 @ 1:30 pm

SPECIAL NOTE TO THE PUBLIC: Due to the COVID-19 virus, access to the meeting was provided via conference call.

1. Welcome and Introductions: Roll Call of Committee Members

Chair Ellis called the meeting to order, those present: BJ Hoffman, JD Deambra, Jennifer Ellis, Sharon Swope, Julie Smith, Nikki Fischer, Mary Nelson, Jeff Vance, Kelly Kratz, Kathy Hanzek. Others in Attendance: Karla Webb, Betsy Stursma, Patti Treibel Leeds

2. Adoption of the Agenda – Action

Deambra motioned to approve the agenda, Fischer seconded, motion passed.

3. Approval of 4/13/21 and 6/3/21 Meeting Minutes – Action

Fischer motioned to approve 4/13/21 and 6/3/21 meeting minutes, Hoffman seconded, motion passed.

4. Highlights of Regional Governing Board – Julie Smith and JD Deambra, Informational

Deambra shared work has been taking place with bringing the four new counties into the region. Smith noted contract renewals have been taking place and Russell has spent a lot of time discussing the levy and finances.

5. Discussion and Review of Senate File 619 – Betsy Stursma, Informational

Stursma explained SF619 moves funding from county property tax dollars to state funding over the next two years. The State will be funding \$15.86/capita for FY22 and any county levying over \$21.19 had to come down to \$21.19 for July 1, 2021. Since CICS had already approved levying less than \$21.19, no adjustment was required for FY22. CICS will be receiving \$6.9 million in additional revenue from the State in FY22. In FY23 no property taxes will be levied for mental health and disability services and the state will provide \$38/capita, or \$16.6 million total paid on a quarterly basis to CICS. FY24 CICS will receive \$17.5 million (\$40/capita), FY25 will be \$18.4 million (\$42/capita) and FY26 and ongoing will be on the \$40 per capita plus a growth factor.

Fund balance carryover for regions has changed also, FY22 40%, FY23 20%, FY24 5% which equals out about to 2 weeks of expenditure. July 1 should have been our first quarterly payment from the state, we did not receive it, it should come the end of July or beginning of August is what has been indicated.

The state will be requiring performance based contracts with DHS and each region, these will be effective 1/1/22. We have not seen the contract yet, are hoping to see it within the next couple of months. Six items will be in the contract for sure:

Authority for DHS to approve/deny each region's ASBP and revise it. Require regions to fund all core services, intensive residential service homes is the only service CICS does not have available yet – no region in Iowa has this service available yet. Specify utilization of other funds prior to state funds, regions are to be the funder of last resort, CICS has always required this. A review of the region's administrative costs, clarification has not been provided on this yet. Authority for DHS to establish outcome improvement goals for populations served by regions, this could be improving supported employment outcomes, increased utilization of mobile crisis response services. We will need to partner with providers to gather outcome information in order to report information to the State. If we need to track outcomes for individuals who receive Medicaid funded services, we will need access to this information. Authority for DHS to address violations of the contract.

If we do not spend up to our funding cap, then dollars not spent will be put into an incentive fund for other regions to access. DHS is required to publish quarterly reports regarding the performance of regions. DHS is to study the current regional structure and state of mental health services with a report due to the Legislature in December 2022.

Regions are taking a proactive approach to identifying outcomes that would like to see and are hoping the state will come along side of regions on the outcomes regions have identified. We will need to work with providers to help us in collecting the outcome data.

6. Agency Update/Information Sharing

Mary Nelson shared have started back to full attendance at the Friendship Club, have had 20-22 people a day, people are excited to be back, staff is adjusting to being busier, have a few activities coming up, are trying to get back to normal and realize with the Covid variant things could change. Jeff Vance with CIRSI, shared things are going great, except for staff shortages, they are doing sign on bonuses, referral bonuses, is concerned and not optimistic things will turn around soon. Current staff have been good about covering open hours, but they cannot do this long term, they have normally 150 FT employees and have 20 openings right now. Julie Smith with Capstone Behavioral Healthcare indicated they are struggling with workforce also; they just hired their last open position. They did not have any luck with Indeed, their best luck has been with posting on Facebook. Are struggling with the MCOs paying in a timely fashion, one MCO requires prior auth for psychological evaluations and the process is cumbersome and difficult to get approved, have almost one FTE addressing the authorizations. Capstone BHC is very busy, are trying to get more people to come into the office, patients are leery of coming into the office and they do not understand their insurance may not pay if they are not seen in the office. Sharon Swope with Mid-Iowa Triumph Center shared they did try to start back up with regular hours, they started to have issues with behaviors, they are still requiring face coverings and people do not like wearing the face covering, have had people get Covid after being vaccinated. They are open 3 hours/day M-F instead of 5 hours/day, have 20 plus people per day coming to the drop-in center. Peer supports were getting burned out quickly, things seem to be calmer for the staff now that have the open hours, members are realizing they need to do their part, will take time to get back to where they were with the drop-in center. JD Deambra with NAMI CI shared they are



experiencing some staff shortage, are in the process of opening a satellite office in Hampton for the northern counties, JD will take this over, and is looking forward to getting this started, due to staff shortages he has been needed in the office in Ames. Kelly Kratz with 43 North Iowa shared they have staff shortages; she is seeing that a person can put in an application anywhere and the person can identify the schedule they want to work. They have enough applicants that want to apply for jobs but do not have job coaches to support them. Are working to open a crisis stabilization residential site in Mason City, are targeting opening in August. Have added Wright Co. for IPS services for employment as they have not had as many referrals in Hardin Co. Nikki Fischer with BooSt Together for Children is finishing up year end and new contracts starting. Jennifer Ellis with Friendship Ark Homes and Community Services noted they are facing workforce shortages also, they are piloting Nite Owl technology for nighttime hours and staff during the day for SCL services, they are waiting for DHS approval, hoping to open in August.

7. Next Meeting Date and Location In-person or Conference Call/Zoom - Action

Motion by Vance to continue Adult Advisory Committee meetings via zoom, Smith seconded, motion passed. Next meeting is October 12, 2021 @ 1:30 p.m.

8. Adjournment

