



CICS

Supporting Individuals. Strengthening Communities.

CICS Adult Regional Advisory Committee Meeting Minutes

Tuesday October 12, 2021 @ 1:30 pm

In-person meeting location was Story County Human Services Center, 126 S. Kellogg Ave., Conference Room West 2nd Floor, Ames, IA 50010, access also provided via Zoom.

1. Welcome and Introductions: Roll Call of Committee Members

Chair Ellis called the meeting to order, those present: Jennifer Ellis, Kathy Hanzek, Mary Nelson, JD Deambra, Deb Williams, Julie Smith, Jody Eaton, Kelly Kratz, Brittany Palmer. Guest: Aimee Lenth. Staff: Karla Webb, Russell Wood.

2. Adoption of the Agenda – Action

Hanzek motioned to approve the agenda, Deambra seconded, motion passed.

3. Approval of 7/13/21 Meeting Minutes – Action

Eaton motioned to approve the 7/13/21 meeting minutes, Kratz seconded, motion passed.

4. Highlights of Regional Governing Board – Julie Smith and JD Deambra, Informational

Smith noted CICS will be assisting with funding for the YSS Youth Recovery Campus. Governing Board has been discussing Single Employer of Record to move county employees to one employing entity and are looking at the employing entity to be a current county within the CICS region. Smith noted finances are looking really good. Wood provided additional information in regard to Employer of Record, currently employees are employed by individual counties and CICS does not supervise most of the employees. CICS will be entering into performance based contracts and if all employees were under a Single Employer of Record this would allow CICS to have oversight of staff. This will also standardize pay and benefits for staff. Intent would be to have this in place by 1/1/22 and no later than 7/1/22 should the Governing Board decide to go forward. CICS has a current request for proposal out to member counties to see if any counties are interested in being the Employer of Record. The CICS 28E Agreement will need amended and this is on the Governing Board agenda for October.

5. Recognition of Advisory Committee Terms Ending 12/31/21: JD Deambra, Jennifer Ellis, Deb Williams, Sharon Swope, Brittany Palmer, Jeff Vance, Mary Nelson

Webb thanked members for their service and asked if anyone is interested in renewing their term to reach out to her or their local CICS staff member.

6. Performance Based Contracting – Russell Wood, Informational

Wood reported legislation passed this last legislative session removes county property tax funding and will move funding to 100% State funding. Performance based contracting with regions will be effective 1/1/22. Regional CEOs have been working with DHS on the performance based contract, the contract has been shared with the CICS Regional Attorney and the CICS Governing Board, the final version will be available soon and will need to be in place before 1/1/22. CEOs have been working on data analytics so we can move into data driven decisions. Wood noted CICS does not have Intensive Residential Services Homes (IRSH) available, this is not available in any region at this time, this would be the only service CICS does not have available. Kratz noted 43 North Iowa is looking at developing IRSH and have identified they would need 14 staff to operate this program. Kratz discussed the staffing shortages they are experiencing within their agencies, and this makes it difficult to start new services. Smith noted they are having staffing issues also, as did Palmer. Kratz noted they have individuals interested in seeking employment, however they do not have sufficient supported employment staff to serve them, another challenge is the individuals obtaining employment sometimes are paid higher than the supported employment staff assisting them.

7. Evidenced Based Practices (EBPs) – Russell Wood, Informational

Wood reported there are nine evidence based practices included in the performance based contracts that regions are required to ensure are implemented. These include Assertive Community Treatment, Strength-Based Case Management, Integrated Treatment of Co-occurring Substance Abuse & Mental Health Disorders, Supportive Employment, Family Psychoeducation, Illness Recovery & Management, Permanent Supported Housing, Positive Behavioral Supports, and Peer Self-Help Drop-In Centers.

8. FY2021 Service Coordination Report – Linn Adams, Informational

Webb reviewed highlights of the FY2021 Service Coordination Report. Reviewed applications received for FY21, individuals served in institutional settings, funding for individuals who are waiting for Medicaid Insurance, and exception to policy information.

9. Agency Update/Information Sharing

Kratz shared 43 North Iowa is looking to expand to offer crisis stabilization residential services, they are waiting for final approval of the service and hiring of staff. They are interested in intensive residential services, would need 14 staff for this service. Their Individual Placement and Supports (IPS) service is going strong, supported community living services (SCL) are going well and they now have three clients in Franklin Co. They are needing employees and are not offering insurance on the first day of employment, this has helped some with hiring.

Nelson shared people are continuing to come to the Friendship Club drop in center and they have resumed doing community outings.

Williams shared Mid-Iowa Triumph Recovery Center is still giving calls to people who haven't come to the drop in center lately, they are open 3 hours/day and want to expand hours if they can secure additional funding for a peer support position.

Smith shared Capstone Behavioral Healthcare is struggling to hire SCL staff, they just hired an ARNP that will start 11/1/21, they have hired a temporary licensed therapist that needs



supervision, they have three students that can see patients and are thinking may need more office space.

Deambra shared NAMI CI is having trouble hiring staff also, the drop in center is going on community outings and using the van they have.

Palmer shared Crossroads Behavioral Health Services is experiencing staffing shortages as well, they hired a PMHNP last May, Palmer is the interim director, they have hired a new clinical director and human resource staff.

Eaton shared she is glad the work is continuing, and she is glad to be apart of the advisory committee.

Ellis shared Friendship Ark opened a home in August using Night Owl Support Systems at night and staff are available during the daytime. This is considered a 24 hour site and they are able to bill a daily rate based on the member's tier level.

10. Next Meeting Date: January 11, 2022 @ 1:30 p.m. In-person and Zoom Option

11. Adjournment

