



CICS

Supporting Individuals. Strengthening Communities.

**CICS Adult Regional Advisory Committee Meeting
Tuesday April 12th, 2022 @ 1:30 pm
Minutes**

1. Welcome and Introductions: Roll Call of Committee Members
Chair Ellis called the meeting to order, those present: Jennifer Ellis, Diana Dawley, Sharon Swope, Kathy Hanzek, Julie Smith, Breon Gardner, Kelly Kratz, Heidi Metz, Beth Colby Plautz, Rachel Fletcher. Also present Karla Webb, Betsy Stursma, Patti Treibel Leeds, and Russell Wood joined at mid-point of the meeting.
2. Adoption of the Agenda – Action
Hanzek motioned to approve the agenda, Swope second, motion approved.
3. Approval of 1/11/22 Meeting Minutes - Action
Gardner motioned to approve the meeting minutes, Hanzek second, motion approved.
4. Election of an Individual Who Utilizes Mental Health and Disability Services or is an Actively Involved Relative of Such an Individual to CICS Governing Board for 2 Year Term Effective 7/1/22 – Action
No nominations were received, Webb or Ellis will reach out to members that were not present to see if they would be interested in fulfilling this position and will have this item on the next meeting agenda.
5. Highlights of Regional Governing Board – Julie Smith and JD Deambra, Informational
Smith reported recent meetings have been discussing the transition of staff to Franklin County as the Employer of Record for CICS staff. There were increases in annual salaries, region is doing very well financially. Smith indicated there was a provider fair in Grinnell that went very well, Capstone Behavioral Healthcare and CICS were represented.
6. CICS Adult Advisory Sub-Committee Recommendations – Kelly Kratz, Kathy Hanzek, Karla Webb, Betsy Stursma – Action
Stursma shared the committee met twice and discussed the current structure, historically the committee structure has included a provider representative from each county and an individual who utilizes mental health and disability services or is an actively involved relative of such an individual from each county and two Governing Board representatives. Discussed have some providers that serve multiple counties in the region. We have had difficulty in obtaining enough members for the 32 member board, think it may be more manageable if had a smaller committee. Recommend a committee makeup of 10 individuals who utilize mental health and disability services or are an actively involved relative of such an individual, 10 provider representatives, and two ex-officio non-voting Governing Board members. This will align fairly

well with our current committee appointments. Reviewed staggering dates for committee members and extending terms for newly appointed committee members in order to stagger the appointments. Looked at changing months of the quarterly meetings and trying to align with when our reports are due to the State. Recommend moving to March, June, September, December meetings and identifying what some of the main agenda topics would be, could look at having meetings on the 2nd Tuesday of the month as are currently. Discussion was held.

Webb will send out committee vacancies and geographic representation needed and the committee application.

Smith motioned to accept the sub-committee recommendations, Hanzek second, motioned approved.

7. Review and Consideration of Amendments to Bylaws Central Iowa Community Services Adult Regional Advisory Committee – Kelly Kratz, Kathy Hanzek, Karla Webb, Betsy Stursma – Action Stursma reviewed the bylaw changes to reflect 10 individuals who utilize mental health and disability services or are an actively involved relative of such an individual, 10 provider representatives, and two ex-officio non-voting Governing Board members. An effort will be made to have representation from each of the counties within CICS. Applications for appointment will be reviewed by the Governing Board and appointments will be made by the Governing Board. Committee appointments shall be staggered with half appointments ending 12/31/22 and 12/31/23. Meetings will be held in the first quarter of each calendar year and then quarterly thereafter. Discussion was held. Colby Plautz motioned to approve the amendments to the bylaws of the Adult Advisory Committee, Metz second, motion approved.
8. Review and Discussion of CICS Management Plan Policies & Procedure Amendments – Karla Webb, Informational
Stursma reviewed amendments to the CICS Management Plan Policies & Procedures. Changes include office location and phone updates, adult advisory appointment and committee structure, renaming offices to CICS and county, revision to conflict of interest section, adding MercyOne North Iowa as designated hospital, language cleanup regarding regional fiscal agent and fund balance, enrollment language modification identifying local CICS offices as designated access points, adjusting sliding fee scale for adult outpatient services to align with children's behavioral health sliding fee scale so removing 250% from language on gross income above 150% and identifying copayment for income between 150%-500%, language clean up in diagnostic section, changed access points to entry points in eligibility process section, service matrix added behavioral health intervention services to outpatient services for all children who meet criteria, added language to mental health inpatient treatment funding, added DD for subacute funding, corrected code section, removed required implementation from children's behavioral health services matrix, Attachment D for Adult Mental Health Disability Services identifies to see below for outpatient services for Therapy, Medication Prescribing & Management, and Assessment and Evaluation Cost Share and identifying in the Children's Behavioral Health Services the Adult Mental Health Outpatient Services includes Therapy, Medication Prescribing & Management, and Assessment and Evaluation.
9. Service Planning and Development Update – Patti Treibel Leeds, Informational



Treibel Leeds reported CICS is currently working with two providers for Intensive Residential Services, one is looking at being located in Cerro Gordo County and one in Webster County. CICS has entered into an agreement with YSS for Youth Recovery services in Cambridge. YSS is working with an architecture on design. CICS staff is working with SolutionPoint + to provide a CIT training in our region 7/18-7/22 for law enforcement, the first training will be held in Jasper County, there will be 20 slots available for trainees. Smith with Capstone Behavioral Healthcare is assisting with lining up speakers for the training. There will be additional trainings in November 2022 and May 2023 in our region. Other regions also will be hosting trainings. SolutionPoint + CIT training will also be provided at the Law Enforcement Academy. DHS requires regions to submit a quarterly report to the State regarding status of services, if would like to see this report please reach out Treibel Leeds. May is Mental Health Awareness month and the Administrative Team has discussed utilizing Trilix Marketing to raise awareness.

10. Legislative Update – Karla Webb, Informational

Wood provided a legislative update, there is a current bill that would allow regions to have a 10% ending fund balance, current legislation requires regions to have a 5% ending fund balance in a couple of years. Do not know if this will be passed as its own bill or be in Senate Appropriations or House Standings bill. Are looking at adding \$71 million to the Standings bill that would be for MHDS regional funding as the State will be fully funding Regions as of 7/1/22. There is legislation looking at paying a tiered rate for individuals in the hospital, Medicaid would pay a higher rate for individuals with higher acuity. There was legislation looking at opening more beds at MHIs, this legislation did not move forward.

Discussed the State has two Resource Centers (RC), one is Glenwood Resource Center in Glenwood, and one is Woodward Resource Center in Woodward. There is currently about 250 clients and 1600 staff at Glenwood RC. There has been an investigation into Glenwood and a settings review. The State of Iowa and Federal Government is working on a Consent Decree, the State of Iowa has chosen to move everyone out of Glenwood RC in 2 years, some individuals will be moved to Woodward RC and others moved to waiver homes in communities. CICS is the largest geographic region and anticipate some individuals will want to live within CICS. Work force issues will be a barrier in moving people into the community. Ellis noted she has heard another barrier is guardian concern for an individual to be moved into the community, she encouraged it is important for guardians to be involved in the Townhall Meetings that are held. Smith discussed there are some high need individuals currently at Glenwood RC and Woodward RC that will require a higher staffing level. Ellis noted the rate staff at the Resource Centers are being paid is higher then what community based providers are able to pay. Additional discussion was held.

11. Agency Update/Information Sharing

Gardner shared Friendship Club is doing a Mental Health Awareness Event, May 25th at Bethany Lutheran Church, they will have the local NAMI CI Director speaking and acknowledge volunteers. Smith inquired if there are trainings available such as Mental Health First Aid Training, Treibel Leeds will work with Smith on locating a training.

12. Next Meeting Date: 6/14/22 @ 1:30pm

13. Adjournment

