



# CICS

Supporting Individuals. Strengthening Communities.

**CICS Adult Regional Advisory Committee Meeting  
Tuesday September 13th, 2022 @ 1:30 pm  
Minutes**

1. Welcome and Introductions: Roll Call of Committee Members

Chair Ellis called the meeting to order at 1:30PM, Committee members present: Sharon Swope, Heidi Metz, Jennifer Ellis, Kathy Hanzek, Beth Colby Plautz, JD Deambra, Breon Gardner, Kelly Kratz, and Deb Williams. CICS staff present: Linn Adams, Patti Treibel Leeds, Betsy Stursma, and Karla Webb.

2. Adoption of the Agenda – Action

Metz motioned to approve the agenda, Gardner second, motion approved.

3. Approval of 6/14/22 Meeting Minutes - Action

Colby Plautz motioned to approve the 6/14/22 meeting minutes, Hanzek second, motion approved.

4. Highlights of Regional Governing Board – Julie Smith and JD Deambra, Informational

Deambra reported CICS recently held an ASIST Suicide Prevention Training with 15 people graduating from the training who will now be able to train others regionwide in suicide prevention. With every class taught save 10-15 people. Trainers must do three trainings in the first year and then one training per year thereafter. Governing Board meetings have included regular board activities.

5. Planning and Development Update – Patti Treibel Leeds, Informational

Treibel Leeds reported CICS sponsored a Crisis Intervention Training (CIT) in Newton in July. Seventeen officers attended from within CICS region and other regions. CICS will hold a second CIT training in November 2022 in Webster County. Treibel Leeds also discussed the ASIST Suicide Prevention Training. Regions have received administrative rule references from Health and Human Services (HHS) for evidence-based practices (EBP) and are working on this, will provide further information at a later date. 43 North Iowa is working with an architect on plans for the home where intensive residential services will be provided, anticipate this service opening in spring 2023. Regions report to the State quarterly on status of services, trainings, and EBPs. Treibel Leeds shared the new report format that will be used for the quarterly reporting to identify providers and services for adults and children, EBPs, trainings, and an area to provide additional information on projects, initiatives, and successes. The report is due in October to the State.

6. Service Coordination FY22 Summary – Linn Adams, Informational

Adams reviewed the draft FY22 Service Coordination report, highlights include creation of three Justice Involved Services positions, two Service Coordination Supervisor positions, and a

realignment of service coordination staff coverage areas. Four additional counties were added to CICS 7/1/21, saw a 46% increase in applications which is attributed to the addition of counties. Adams reviewed number of individuals served by service coordination monthly, numbers served in residential care facilities and mental health institutes, and individuals receiving CICS funding while waiting for Medicaid funded services. Adams summarized exception to policy (ETP) requests and appeals received.

7. FY22 Financial Information – Betsy Stursma, Informational  
Stursma explained are wrapping up FY22 claims, FY22 projected accrual is \$13.3 million; FY22 budget was \$13,500,000. CICS is ending with a \$16 million fund balance. CICS did receive approval from the State to encumber \$7.1 million for YSS youth recovery campus, with encumbering these funds this leaves CICS with a 65% ending fund balance which is over the legislated 40% ending fund balance. Given this, are expecting a revenue reduction of \$3.5 million from the State, believe will receive \$13 million from the State for revenue. Financial information will be included in the CICS FY22 Annual report due by December 1.
8. Local Community Needs  
No comments received.
9. Client Spotlight  
No client spotlight.
10. Agency Update/Information Sharing  
Gardner shared Friendship Club open house will be on 10/14/22 for their new space. Kratz shared 43 North Iowa received a good fidelity review for Individual Placement and Supports (IPS) service. Webb shared details for the Story Co. Mental Health Expo on 9/20/22.
11. Next Meeting Date: December 13, 2022 @ 1:30PM
12. Adjournment

