



CICS

Supporting Individuals. Strengthening Communities.

CICS Adult Regional Advisory Committee Meeting Tuesday, December 13th, 2022 @ 1:30 pm Minutes

1. Welcome and Introductions: Roll Call of Committee Members
Chair Ellis called the meeting to order at 1:30PM, those present: Heidi Metz, Deb Williams, Jennifer Ellis, Rachel Fletcher, Kathy Hanzek, Jody Eaton, Breon Gardner, Kelly Kratz, Beth Colby Plautz. Others Present: Karla Webb, Betsy Stursma, and Patti Triebel Leeds joined toward the end of the meeting.
2. Adoption of the Agenda – Action
Colby Plautz motioned to adopt the agenda, Gardner second, motion passed.
3. Approval of 9/13/22 Meeting Minutes – Action
Hanzek motioned to approve the minutes, Gardner second, motion passed.
4. Highlights of Regional Governing Board – Julie Smith and JD Deambra, Informational
No updates available.
5. Planning and Development Update – Patti Treibel Leeds/Karla Webb, Informational
Webb shared CICS held a Crisis Intervention Training in Fort Dodge in November with 7 participants. CICS will host one more training this fiscal year on May 15, 2023. A request for proposal for intensive residential service home (IRSH) was issued in September with a proposal deadline of 11/18/22, no proposals were received. A program manager position was added to work with justice involved services. Patti Treibel Leeds, Russell Wood and the two program managers are doing a lot of work in regard to planning and outcomes and look forward to sharing more information at the next meeting. After joining the meeting, Treibel Leeds encouraged committee members to reach out to her if see gaps in service. Ellis noted she receives inquiries for respite services.
6. FY24 Budget – Betsy Stursma, Informational
Stursma explained are working on developing the FY24 budget, the administrative team will be meeting tomorrow to do further work on the budget. Are looking at expansion and enhancement of services, this is all preliminary at this time and are ideas being looked at, some of these areas include: expansion for outpatient therapy for multi-systemic family therapy, possible co-responder model with law enforcement and social worker for mental health related calls, this wouldn't be in lieu of mobile crisis; are looking at reducing funding for crisis stabilization residential services as the project with YSS will conclude at the end of the fiscal year; looking at an access center or further access center network development; expanding supported community living (SCL) and what we are offering for children, possibly residential based SCL services. Looking at potentially adding dollars for intensive residential services, recognize this

is a required service and would like to develop more beds for this service; are looking at building up community based day habilitation program that would meet the needs of individuals that current day habilitation program may not currently meet; continuing to have funding for individual placement and supports services (IPS) employment services and peer support services; looking at adding additional funds for education and training services/provider competency for training that would be helpful for providers; looking at what can do for permanent supportive housing services; have discussed possibly looking at ACT services for children; budgeting additional funds for family psychoeducation and what could we be doing additionally there as well as; are considering development of forensic care and what would this look like; looking at development of a mental health court in Story County and how we can partner; adding funds to Intensive Psychiatric Rehabilitation (IPR) and possible expansion of this service; for children's services have had providers asking about funding for consultation services for school personnel; looking at transportation and how can we increase access to transportation and community integration; looking at expanding rental assistance program as consider social determinants of health. Did find in the Code of Iowa that regions shall budget 99% of eligible funds, we anticipate will have \$21,400,000 available for FY24, CICS will have a reduction in state funds while we continue to spend our fund balance down. \$21,260,250 is the current budget amount are considering for FY24. This budget still does include funding for YSS project. Stursma will plan to share the budget out when it is closer to being finalized and asked for feedback. Colby Plautz encouraged the development of day habilitation services. Williams suggested speaking with Mark Salzer, Ph.D. with Temple University Collaborative on Community Inclusion. Gardner shared transportation in Hardin County has been difficult for individuals to access and has affected their participation at Friendship Club.

7. CICS Marketing - Betsy Stursma, Informational

Stursma reported CICS sent out a survey to gather information on marketing from advisory committees, governing board, and CICS staff. It is hard to know if our current ways of getting information out is effective. Have a small committee of staff working on marketing, CICS continues to use social media and will be bringing this in-house for staff to manage. Stursma asked for the committee to share marketing ideas with her and to complete the survey if haven't already.

8. Legislative Information – Karla Webb, Informational

Webb reported in the committee packet is the 2023 legislative session timetable and Iowa State Association of County (ISAC) Top Legislative Priorities handout. Webb summarized the ISAC handout on Competency and Treatment for Persons in the Justice System and Civil Commitments. An additional legislative objective is to change the 5% carry forward balance after FY2023 to 10% for regions. With a 10% carry forward balance regions would be in a better position to be able to maintain timely payment to providers if there was an issue in receiving the state's quarterly payment to regions.

9. Recognition of Committee Advisory Terms Ending 12/31/22 – Karla Webb, Informational

Webb reported several committee members have terms expiring at the end of this month. Webb has reached out to active members to see if they would like to renew their appointment and have heard back from most. Webb is requesting individuals interested in renewing their appointment to complete a new committee application as the applications will go before the Governing Board for appointment. Webb thanked everyone for their involvement with the adult advisory committee. Currently the individuals whose terms are expiring at the end of this month are Kathy Hanzek, Breon Gardner, Brandon Greenfield, Leatha Slauson, Kelly Kratz, Jody Eaton, Julie



Smith, Kara Anderson, and Rachel Fletcher. Webb plans to request for the Governing Board to extend terms for one year for Heidi Metz and Beth Colby Plautz as they were the most recently appointed to the committee and this will help to balance out term appointments. For vacancies, based on current information at this time if interested individuals are reappointed, it appears there will be eight vacancies for an individual who utilizes mental health and disability services or is an actively involved relative of such an individual and possibly one vacancy for a provider representative. Committee members were encouraged to reach out to individuals who may be interested in serving and share the committee application, Webb offered to visit with anyone who may be interested in serving on the committee as well.

10. Local Community Needs

Garnder shared in Hardin County, Region 6 Peoples Rides is struggling with staffing shortage, they have one driver and if the driver is ill then members are unable to make it to Friendship Club and be involved in activities. If a bus breaks down, then that also affects people's transportation.

11. Agency Update/Information Sharing

Gardner shared have expanded services at Friendship Club, are needing to look at limiting participation to events/activities to members only, some members sign up for an activity and then do not attend. Metz, Senior Life Solutions shared their service area and services offered for individuals 65 and older. Williams shared hope to provide an update in March on what is changing in Marshalltown. Fletcher with Iowa Specialty Hospitals & Clinics shared have two more therapists starting, one in Clarion and one in Belmond/Garner location, also added other additional therapists and medication providers. Colby Plautz, Child Health Specialty Clinics, had a legislative forum with 11 legislators, discussed workforce concerns and mental health concerns, discussed starting a waiver for autism services. Kratz, 43 North Iowa is striving with individual placement and support services, just added another part-time staff due to increased referrals, are working on IRSH development to open in the spring, will be relocating residential care facility to another building, SCL program is continuing to grow, have expanded SCL to Franklin and Hardin County, numbers of individuals served with supported employment are lower in Hardin and Franklin County, heightened scrutiny will come into effect in March 2023 that will hopefully help to push services into more community based. Ellis shared Friendship Ark is trying to restart day habilitation in January and their program is community based, Ellis will be meeting with one of the MCOs to explain their community-based day habilitation program. Eaton shared Capstone Behavioral Healthcare recently purchased another house to provide SCL services and CICS assisted with startup costs. Ellis shared are planning to break ground on their eighth five bed HCBS home once the ground thaws.

12. Next Meeting Date: March 14, 2023 @ 1:30PM

13. Adjournment

