



CICS

Supporting Individuals. Strengthening Communities.

CICS Adult Regional Advisory Committee Meeting Tuesday March 14, 2023 @ 1:30 pm Minutes

1. Welcome and Introductions: Roll Call of Committee Members
Webb called the meeting to order at 1:33PM, those present: Diana Dawley, Kathy Hanzek, Deb Williams, Breon Gardner, Kelly Kratz, Sharon Swope, Heidi Metz, Rachel Fletcher. Others present: Karla Webb, Patti Treibel Leeds, Russell Wood, Meghan Freie, Liza Howard
2. Adoption of the Agenda – Action
Hanzek motioned to approve the agenda, Kratz second, motion passed.
3. Election of Chair - Action
Dawley motioned for Hanzek as Chair, Kratz second, motion passed.
4. Election of Vice-Chair – Action
Metz motioned for Gardner as Vice-Chair, Fletcher second, motion passed.
5. Approval of 12/13/22 meeting minutes – Action
Williams motioned approval of the 12/13/22 meeting minutes, Gardner second, motion passed.
6. Highlights of Regional Governing Board – Julie Smith and JD Deambra, Informational
No report.
7. 2022 CICS Adult Advisory Committee Report – Karla Webb, Informational
Webb explained the report identifies committee members for 2022 and includes all agendas and meeting minutes, no suggested changes were identified by committee members.
8. Review and Consideration of Bylaws Central Iowa Community Services Adult Regional Advisory Committee – Karla Webb – Action
Webb explained the bylaws were updated last calendar year, Webb nor committee members had any suggested changes. Hanzek motioned to approve the bylaws as they are, Dawley second, motion passed.
9. Possible CICS FY2023 Budget Amendment – Russell Wood, Informational
Wood discussed have received a proposal from YSS, Inc. for an additional \$5 million dollars, currently CICS has a contract with YSS to fund up to \$10 million dollars for the Ember Recovery Campus. CICS will need to amend the FY23 Annual Service and Budget Plan (ASBP) to increase the budget to allow for expending additional funds, two line items in the ASBP would be amended. Gardner inquired if YSS has been using the funds, to date YSS has billed CICS \$5 million. Dawley expressed support of the project.

10. CICS FY2024 Annual Service and Budget Plan Draft – Karla Webb, Informational
Webb reviewed the FY24 ASBP and highlighted service expansion and development projects. Gardner inquired if funds are available for more staffing, Webb explained recent action taken by the CICS Governing Board to move four staff to Officer positions as they will be taking on responsibilities with Treibel Leeds and Adams retiring this year.
11. Legislative Updates – Russell Wood, Informational
Wood discussed have a statewide legislative review committee that meets every two weeks to discuss legislation. Wood identified there is legislation proposing an interstate compact for professional counseling services and legislation on loan repayment. HF471 and SF471 are companion bills, HF471 passed out of the House unanimously and have been told by people there is no reason to believe the bill won't be approved by the Senate. This legislation addresses the Governing Board makeup, the bill changes the number of Governing Board members; currently have 15 county board of supervisor members, a children's provider representative, educational representative, parent of a child who utilizes services, adult provider representative, and adult individual served or family member of individual served. Bill adds one member from the judicial system and one member law enforcement. All members would be voting members. The bill limits the number of county board of supervisors to no more than 49% of the board makeup, this would limit county board of supervisor members to six. The bill also addresses establishing outpatient competency restoration and funding of these services by MHDS regions.
12. Service Planning and Development Updates – Patti Treibel Leeds, Informational
Treibel Leeds is retiring August 1, Meghan Freie will be taking over most of Treibel Leeds responsibilities upon her retirement. Are working with Center Associates in Marshalltown to add on to their facility in order to provide outpatient urgent care mental health services, funding for this project will be considered by the CICS Governing Board at their meeting next week. Are working with 43 North Iowa for Intensive Residential Services, the provider has land that they are planning to put a home on to provide the services as they were unable to locate a home where the services could be provided in. Are working with three schools, Colfax-Mingo School District, Webster City School District, and Iowa Falls/Alden School District to have the Destroy Illusions Tour with three assemblies at each school district and a community assembly in each community. Crisis Intervention training will be held in May for 40 hours in Mason City for law enforcement, jail staff, paramedics. Freie discussed have a provider apply through the State to offer Individual Placement and Supports (IPS), CICS provided a letter of support and will find out 3/24/23 if the provider is selected. CICS did an RFP for a planning grant for permanent supportive housing services, one provider applied for the planning grant, if the Governing Board approves, will extend a contract to the provider for the planning grant.
13. Agency Update/Information Sharing
Swope indicated they have been getting a lot of presentations for free, some presentations have been on recovery, are seeing new people monthly, a lot due to the cold weather, have been meeting with SATUCI on outpatient treatment service options and they are going to get involved with the center. Williams shared she found a new counseling service in Marshalltown called Wild Spirit Counseling. Together We Can has started support groups as of March 1, have met with SATUCI also about providing peer support services. Gardner shared they have a program where they visit a country each month, have a meal, cultural events, crafts; peers and members have really been enjoying the program, are feeding on average 30 people on Wednesdays, are looking at ways they can partner with other entities for use of a van, People



Rides has been able to be more consistent in getting people to Friendship Club, are seeing some new members.

14. Next Meeting Date: June 13, 2023 @ 1:30pm

15. Adjournment

