



# CICS

Supporting Individuals. Strengthening Communities.

## CICS Adult Regional Advisory Committee Meeting Minutes

September 12, 2023

Story County Human Services Center

### 1) Welcome and Introductions: Roll Call of Committee Members

Hanzek called the meeting to order at 1:30PM. **Committee Members Present:** JD Deambra, Jennifer Ellis, Kathy Hanzek, Julie Smith, Heidi Metz, Beth Colby Plautz, Rachel Fletcher, Breon Gardner, Ellen Rasmussen. **Others Present:** Betsy Stursma, Karla Webb

### 2) Adoption of the Agenda – Action

Motion by Ellis to approve the agenda, second by Metz, motion passed.

### 3) Approval of 6/13/23 meeting minutes – Action

Colby Plautz motioned approval of the 6/13/23 meeting minutes, Fletcher second, motion passed.

### 4) Highlights of Regional Governing Board – Julie Smith and JD Deambra - Informational

Smith reported there was no meeting in August, the new Governing Board members did start in July, the Board is now not primarily made up of board of supervisor members. Brandon Talsma is now the Chair of the Governing Board. Management Plan amendments were approved in July. The Regional Governing Board typically meets monthly, however they are looking to meet every other month or quarterly depending on business items needing addressed.

### 5) Review and Consideration of Amendments to the Bylaws Central Iowa Community Services Adult Regional Advisory Committee – Karla Webb – Action

Webb explained the bylaws have been standardized for the four advisory committee meetings, through the approval process of the bylaws the Governing Board recommended removing two sections in the adult advisory bylaws, these changes were identified in Section V Meetings pertaining to special meetings and Section VII Revisions pertaining to the approval process for revisions to the bylaws. Hanzek motioned to approve the changes, Deambra second, motion passed.

### 6) Financial Update – Betsy Stursma – Informational

CICS has submitted the last claim set to our fiscal agent for payment that can be accrued to FY23. The unreconciled total accrual expenditures for services for FY23 are \$25,240,772.92. This leaves a fund balance of just over \$4 million, or 18.8% of expenditures. Therefore, CICS will meet the fund balance requirements for the State and will not have a revenue reduction for FY24. At the end of August, our year-to-date cash expenditures for FY24 were \$2,149,095.75, which is about 10% of our budget, 17% of the way through the calendar year. For FY24 we continue to receive our state revenue as expected and will not have any reduction in our 3<sup>rd</sup> and 4<sup>th</sup> quarter payments. FY24 budget is \$21,354,815, this is 99% of expected available funds for FY24.

### 7) Planning and Development Information – Meghan Freie – Informational - Tabled

**8) Agency Update/Information Sharing** – Ellis identified moved main Friendship Ark offices at the end of June and getting ready to open 8<sup>th</sup> HCBS waiver home, will be using Nite Owl technology in this home. Metz shared are doing awareness campaign for mental health and suicide awareness. Colby Plautz shared agency is doing a lot of autism training available via zoom, length is 1 hour, reach out if interested in the training. Smith reported have had some LISW staff leave Capstone BHC to go into private practice, State raised Medicaid rates 58% for private practitioners, CMHCs did not receive Medicaid rates. LISWs can see Medicare population, at the end of October will not have anyone who can see Medicare patients, do have prescribers that can prescribe for Medicare patients. Will be able to seek funding from CICS for patients, will have a few individuals over CICS income guidelines. LMHCs can start seeing Medicare patients in January. Medicare takes a long time to get credentialed, foresee it will be a challenge to get LMHCs credentialed in January as there will be a lot credentialing. Gardner shared peers voted to continue the “around the world” program for another year.

**9) Next Meeting Date: December 12, 2023 @ 1:30pm**

**10) Adjournment**

