



CICS

Supporting Individuals. Strengthening Communities.

CICS Adult Regional Advisory Committee Meeting Minutes

March 12, 2024

Story County Human Services Center

1) Welcome and Introductions: Roll Call of Committee Members

Maxwell called the meeting to order at 1:36PM.

Committee Members Present:

- | | | | |
|---|--|---|---|
| <input type="checkbox"/> JD Deambra | <input type="checkbox"/> Jennifer Ellis | <input type="checkbox"/> Deb Williams | <input checked="" type="checkbox"/> Sharon Swope |
| <input checked="" type="checkbox"/> Kathy Hanzek | <input type="checkbox"/> Julie Smith | <input checked="" type="checkbox"/> Heidi Metz | <input checked="" type="checkbox"/> Beth Colby Plautz |
| <input checked="" type="checkbox"/> Rachel Fletcher | <input type="checkbox"/> Brittany Palmer | <input checked="" type="checkbox"/> Breon Gardner | <input type="checkbox"/> Ellen Rasmussen |

2) Adoption of the Agenda – Action

Motion by Metz to approve the agenda, second by Gardner, motion passed.

3) Approval of 12/12/23 meeting minutes – Action

Plautz motioned approval of the 12/12/23 meeting minutes, Hanzek second, motion passed.

4) Review and Consideration of Amendments to the Bylaws CICS Adult Regional Advisory Committee – Action

Motion by Swope to approve Bylaws, second by Gardner, motion passed.

5) Financial Update (Betsy Stursma)

Stursma reviewed the budget for FY25. Details will come out in the Annual Service and Budget Plan. Members will get a copy of that and can reach out to CICS staff if there are any questions.

6) Updates from Regional Governing Board Representatives

No Governing Board Representatives were present at this meeting. However, Maxwell shared that funding contributions were approved by the board for five IRSHs in the region. Optima LifeServices will open an IRSH in Ames. Elevate Housing Foundation will open IRSHs in Fort Dodge, Indianola, Marshalltown, and Newton.

7) Mental Health Court (Chloe Davis)

Davis shared that Mental Health Court is now started and she is accepting referrals. She gave an overview of what MHC is, why it was started, what values it brings to the participants and community, and what criteria a person must meet to be considered for the program. Anyone that is interested in making a referral or learning more about the program may contact her at chloe.davis@cicsmhds.org.

8) Justice Involved Services (Kasey Dierks)

Dierks provided an overview of the Justice Involved Services in the CICS Region. She gave examples of what her days may look like and explained the differences between jail-based and community-based services.

9) Topics for Next Meeting (Open Discussion)

At the next meeting, the committee will need to do elections for the chair and vice chair positions.

Maxwell will ask a Service Coordinator from the CICS staff to share about what general service coordination looks like and what they do from day to day.

10) Next Meeting Date: June 11, 2024 at 1:30 PM

11) Adjournment

