

Central Iowa Community Regional Advisory Board Meeting

Tuesday July 12th @ 1:30 pm

Story County Human Services Center

Multipurpose Room, 126 S. Kellogg Ave., Ames, Iowa 50010

Attending: Jim Paprocki, Karla Webb, Grace Sivadge, Linda Romero, Kim Brobst-Hinkle, Pam Herrema, Terry Johnson, John Grush, Patti Treibel Leeds, Tom Foster, Tim Rogers, Chad Huddleston, Al Fagerlund, Anne Vance, Doug Bailey, Betsy Stursma, Wendie Cooper, Sherry Becker, Kathy Dinges. Others in Attendance: Pete Williams, Russ Sivadge, Emma Badgly, Leslie Cardoza, Jess Van De Voort, Liza Howard

- I. Welcome and Introductions:** Meeting called to order at 1:30 PM by Chad Huddleston, he welcomed everyone and introductions were made.
- II. Approval of 4/12/2016 meeting minutes:** Anne Vance moved to accept the minutes, minutes passed with no corrections.
- III. Highlights of Regional Governance Board:** Al Fagerlund reported on Governing Board meetings. There is an employment committee formed, working to develop a system for regional pay scale and regional policies while still working within the county structures. Employees are county employees and performing regional duties. Governing Board has requested to learn about agencies that are being funded and Sherry Becker with NIVC Services presented at the May Governing Board meeting. RFP for Transitional Living Centers (TLC's), hoping to establish TLC's in Indianola, Iowa Falls, Newton. Administrative Team realizes that need to do a better job of getting information out to consumers, providers, public, and looking at a company to assist with coordinating this. Grinnell Regional Medical Center will no longer be providing outpatient services in Poweshiek County. A building in Poweshiek County is going to be renovated for Capstone Behavioral Health Services to provide outpatient services. Case management updates have been provided at Governing Board. 5 Star Quality Training will be provided in the future. Supported Employment grant will have an alternate fee schedule. Interaction between the Administrative team and Governing Board has been very positive.
- IV. Election of Representative for Governance Board of Individual or Family Member of an Individual who utilizes mental health and disability services**
Wendie Cooper and Al Fagerlund discussed their desires to be the representative for Governance Board. Voting occurred with Al Fagerlund receiving 8 votes and Wendie Cooper receiving 6 votes. Al Fagerlund will remain as the family member representative on the Governing Board.
- V. FY 17 Contracting:** Karla Webb discussed the contracting process for FY17 which included mirroring the highest Medicaid reimbursement rate as of 5/1/16 for a

service or providing a 1.5% rate increase on FY16 rates when unable to mirror Medicaid rates. Some drop in centers moved to a monthly block granted rate based on the provider's annual budget, reimbursement rate is 1/12th per month of providers annual budget.

- VI. Service Coordination Specialist positions:** Betsy Stursma shared Liza Howard, covering the south part of the Region and Mary Rosendahl, covering the north part of the Region were hired. The service coordination specialist will be working with individuals living in RCF's and working with five long term individuals at MHIs. Looking at barriers preventing individuals from being able to move from the RCF and MHI. Trying to identify if there are community supports that need to be developed to assist individuals. Will be implementing standardized assessment services. Admin team has approved to use the InterRAI for assessments.
- VII. Five Star Quality Measures & Outcomes Defined training with Derrick Dufresne:** Patti Treibel Leeds shared information on this training with Derrick Dufresne as the presenter. Derrick focuses on offering training in assisting individuals moving into the community and helping people to be fully integrated into the community. September 15th and September 16th are training dates, it will be the same training on both days. Really would like providers to have their direct care staff attend the training. CICS region will co-sponsor the event with Heart of Iowa Region. There will be no charge to attend. The training will be held at Quality Inn and Suites in Ames. Registration material will be coming.
- VIII. Case Management Update:** Patti Treibel Leeds shared Hardin and Story County have closed their case management programs effective 6/30/16. Boone County is continuing to provide case management services and are currently serving 147 clients serving Boone, Hamilton, and Madison County.
- IX. Supported Employment Project (added to the agenda):** John Grush discussed the supported employment project and the development of the grant to work to ensure availability of supported employment services. There are 4 providers participating in the grant. Are looking at using the HCBS/Habilitation fee structure implemented in May 2016 for Supported Employment Services. Are assessing with provider agencies if their referral numbers drop down the possibility of vacant slot funding to assist the provider in continuing to provide the supported employment service. Terry Johnson shared capacity building is difficult as need to have staff available to serve individuals and need to have individuals in order to support the staff position.
- X. Empowerment Conference (added to the agenda):** Tim Rogers and Pete Williams shared information on the 18th Annual Iowa Empowerment Conference. Tim and Pete thanked the region for assisting them in attending the conference. Tim and Pete attended the entire conference. Theme this year was Change Good News. The empowerment conference is a consumer lead conference for individuals, family members and youth. There were several key note speakers. Tim and Pete attended 5 workshops, they attended the same workshops so they could present

information together. One workshop attended was U of I Peer Support Training where they both learned information and learned more about peer support training. There is a peer and family support training occurring in September in Ames, to assist with the costs of the training people can apply for a stipend. 2nd workshop attended was Budgeting 101, identifying budget priorities is important. Another session Tim and Pete participated in was Seasonal Affective Disorder, Who Moved the Sun? This was a good session and both learned more about this disorder. Building Healthy Relationships workshop emphasis was on forgiveness, learned what a proper apology entails. Healthy Coping Skills workshop identified 99 coping skills.

- XI. Agency Update/Information Sharing:** Wendie Cooper shared NAMI CI has just hired Lisa Heddens, State Representative for District 46, she will be starting 8/8/16. In June took 2 different teams out to meet with Franklin Co and Marshall Co regarding drop in centers. Family to Family training will be beginning this fall in Story County and Hardin County. Are recommending family and peer support groups. The drop in center in Ames is on a whole health challenge and are picking up New Step offering exercise. Patti Treibel Leeds shared she attended Trauma Informed Care 101 and has been trained to be a trainer. She will be reaching out to providers to offer trauma informed care, this can be a 1 hour or 3 hour training. She also has information she can provide to agencies/businesses regarding assessing their environments.
- XII. Next Meeting date:** October 11, 2016 @ 1:30 PM at Story County Human Services Center Multipurpose room.
- XIII. Adjournment:** Wendy Cooper motioned to close the meeting at 2:45 PM, Al Fagerlund seconded, motion carried.