

Central Iowa Community Regional Advisory Board Meeting
Tuesday January 9, 2018 @ 1:30 pm
Story County Human Services Center
Multipurpose Room, 126 S. Kellogg Ave., Ames, Iowa 50010

Members Present: Chad Huddleston, Doug Bailey, Terry Johnson, Jennifer Ellis, Mary Nelson, Grace Sivadge, Anne Vance, Linda Romero, Jody Eaton, Betsy Stursma, Tim Bedford, Karla Webb, Wendie Cooper.

- I. Welcome and Introductions:** Chad welcomed Board members.
- II. Election of Chair and Vice Chair:** Terry Johnson nominated Chad Huddleston for Chair and Wendie Cooper for Vice Chair. Grace Sivadge seconded. All voted to approve Chad as Chair and Wendi as Vice Chair.
- III. Approval of 10/10/17 meeting minutes:** Anne Vance motioned to approve the minutes and Grace Sivadge seconded. Minutes approved.
- IV. Review of the Bylaws CICS Regional Advisory Board:** Karla Webb discussed request from Al Fagerlund to consider appointment of alternate Advisory Board members. Discussion ensued. The process for revising bylaws was discussed. Revision of the bylaws requires approval by a vote of 2/3 of the Regional Advisory Board members at a regularly scheduled meeting and then the bylaws must be presented to the Regional Governing Board for approval. Terry Johnson made a motion for staff to draft changes to bylaws to include electronic voting and alternate appointments for advisory board members for each county. Anne Vance seconded. In discussion Tim Bedford raised question of how the alternates would be appointed as the process of appointment to the Advisory Board is different in each county. It was discussed the appointment would be left up to each county to determine how to appoint alternates. Staff will draft a revision to the bylaws and send draft to Advisory Board members prior to April's meeting.
- V. Highlights of Regional Governing Board:** Terry Johnson noted there are several items on the Advisory Board agenda that have been discussed at the Governing Board. With the upcoming legislative session it is hoped SF 504 financial issues will be addressed. There is an application from Greene County to join the CICS Region, the Governing Board will make a decision this month regarding this request.
- VI. 2017 CICS Advisory Board Report:** Karla Webb reviewed this report noting it identifies 2017 Advisory Board members, bylaws, agenda and minutes. No suggested changes were made for the report.
- VII. CICS MHDS FY2017 Annual Report:** Karla Webb reviewed this report noting it was approved by the CICS Governing Board in November 2017 and submitted to DHS by December 1st. Karla reviewed the required elements of the report and report content.
- VIII. CICS Community Services Plan:** Jody Eaton reviewed the committee of SF504 Stakeholder Workgroup and the three Stakeholder meetings held. First meeting reviewed the current services available in CICS Region, second meeting involved assessing our system and review of Stakeholder Survey results and third meeting

identified solutions. From there, regional strategies were developed that Jody further reviewed with the Advisory Board.

IX. CICS Strategic Plan 2017-2020: Jody Eaton further explained The Strategic Plan dovetails with the Community Services Plan and identifies Goals CICS will be working on for Year 1, 2 and 3 in the areas of Focusing the System, Advancing Regional Innovation, and Enhancing Supports & Services.

X. Service Coordination Report: Betsy Stursma reviewed the Service Coordination Mid-year Report which identifies numbers served, funding applications processed, data for individuals served in congregate settings – RCFs and MHIs, and number of assessments completed by Service Coordination Specialists.

XI. Agency Update/Information Sharing:

- a. Tim Bedford shared CIR has been hiring Peers, they have added Peer Support in Warren, Hardin, Boone, Hamilton counties thus far.
- b. Wendie Cooper shared NAMI CI is hosting Facilitator training for Family Support Group February 3rd and 4th in Ames, space is still available. NAMI CI is also offering Basics for parents of children who are experiencing mental health symptoms, March 21st – April 25th 6:30pm-9:00pm.
- c. Linda Romero shared there is a consortium in Poweshiek County looking at how to fill gaps in mental health services. Hospital is looking at how to address guardianship needs.
- d. Anne Vance shared are hoping to open a new 24 hour SCL site in Marshalltown. Continuing to work through MCO changes and connecting with case managers.
- e. Grace Sivadge shared are trying to get a new jail in Warren County. Warren County is part of NAMI Greater Des Moines, they are doing 11 new Evidence Based Classes for Family and Peers.
- f. Mary Nelson shared the Friendship Club had an amazing fund raiser in October, she asked for suggestions if anyone has ideas for activities or games other than board games to let her know. Mary shared CIR spoke at Friendship Club about peer support services and Mary is pleased with the interest expressed by individuals at the club.
- g. Jennifer Ellis shared in October Friendship Ark opened their 5th SCL home, they are continuing to see growth in day hab and SCL programs and continue to work through MCO funding changes.
- h. Terry Johnson shared this is Genesis Development's 45th anniversary. In Indianola, Genesis assisted 9 individuals with moving into their own apartments. Are successfully assisting individuals in obtaining employment.
- i. Chad Huddleston shared Friends Forever had a Christmas Party.

XII. Next Meeting – April 10, 2018 @ 1:30PM, Story County Human Services Center.

XIII. Adjournment – Anne Vance motioned to adjourn and Mary seconded. Meeting adjourned at 2:55 PM.