

**Central Iowa Community Regional Advisory Board Meeting**  
**Tuesday July 10, 2018 @ 1:30 pm**  
**Story County Human Services Center**  
**Multipurpose Room, 126 S. Kellogg Ave., Ames, Iowa 50010**

Attending: Chad Huddleston, Wendie Cooper, Shan Sesser, Grace Sivadge, Anne Vance, Doug Bailey, Kirsten Klepfer, Jennifer Ellis, Mary Nelson, Tim Rogers, Linda Romero, Al Fagerlund, Jim Paprocki, Jr., Terry Johnson, Sherry Becker, Diana Dawley, Jody Eaton, Linn Adams, Karla Webb  
Others attending: Marty Chitty, Lisa Heddens

- I. Welcome and Introductions:** Wendie Cooper called the meeting to order at 1:30pm, introductions were made.
- II. Approval of 4/10/18 meeting minutes:** Motion by Terry Johnson to approve minutes and second by Anne Vance, motion carried.
- III. Election of an individual who utilizes mental health and disability services or is an actively involved relative of such an individual to the CICS Governing Board:** Al Fagerlund shared role of appointment to the Governing Board and discussed the ability for the ex-officio to make motions at the Governing Board meeting however not vote. Grace Sivadge nominated Wendie Cooper to the Governing Board. Kirsten Klepfer seconded. Motioned passed electing Wendie Cooper.
- IV. Highlights of Regional Governing Board:** Al discussed updates including contracting for FY19 and work to have transitional living centers throughout the region. County dollars are pooled at the regional level and each county will have discretionary funds of \$50,000 per county for local efforts. Bylaws were approved by the CICS Governing Board. Al discussed is important for local individuals to know education and training opportunities available through CICS. CICS has an employee committee looking at standardizing practices and looking at regional employment. Jody Eaton discussed CICS is contracting with Karen Walters Crammond for 3 months with key focus of looking at value based contracting and how we would move toward this and the concept of braided funding and how this would work. A full report from Karen will be received at the end of the contract.
- V. Crisis Intervention Training (CIT):** Ames PD, ISU PD, NAMI CI, County Attorney's Office, and CICS partnered to host a Crisis Intervention Training in March. 24 officers participated in the training. At the end of the training the evaluations reflected positive remarks. The next training will be in Nevada in November 2018, are working to bring in a presenter from out of state, "Taking Care of Our Own" to assist the training in meeting the needs of the officers. There is no charge for officers to attend the training, CICS will reimburse for lodging expenses.
- VI. ACT Services:** Karla Webb and Jody Eaton shared information on Assertive Community Treatment (ACT) Services. Currently Eyerly Ball Community Mental

Health Services is providing this service in Boone and Story County. RHD is looking to provide ACT services as pilot project including Warren and Poweshiek Counties.

- VII. Service Coordination Report:** CICS has 15 service coordinators, 2 Coordination Officers, and 2 Service Coordination Specialists. Linn provided CICS FY18 Service Coordination Data Summary. Linn shared numbers on Individuals Served, Applications processed, Congregate Settings – Region Funded Residential Care Settings, Mental Health Institute (longer term care), and Assessments (Locus/ICAP) completed for level of care for longer term regional funding. Linn discussed each year the Service Coordination Specialists complete a barriers report in regard to what is preventing individuals in moving from Congregate Care Settings. A barrier often seen is an individual or their guardian does not want them to move.
- VIII. Agency Update/Information Sharing:** Linda Romero indicated they are continuing to work with the Opioid Guardianship Project, physicians seem to be responsive to looking at what they are prescribing and for how long. Sherry Becker indicated they will be having a meeting for Individual Placement Supports (IPS) and received a grant for technology support in providing services in three of their rural offices. Mary Nelson shared they are receiving local support to build a pavilion, so they will have overflow area when their center is full. Jennifer Ellis shared their homes are full and they just completed Five on the 4<sup>th</sup> 5k. Jody Eaton shared there will be a mental health event in Jasper County for individuals to come together and support one another. Lisa Heddens provided an update on classes being held and support groups available in CICS region. Anne Vance noted they are targeting community integration for day programming. They have a need for a handicap accessible van and are hoping to have it available this fall. Chad Huddleston shared there was an Opioid discussion held in Webster City and he attended a presentation by Joan Becker and recommended others to see Joan speak. Grace Sivadge shared are hosting CIT training through NAMI Greater Des Moines. Grace shared her support of ACT service. Lisa Heddens indicated Joan Becker will be speaking at the MH Expo taking place at ISU Memorial Union on 9/25 @ 6PM. Marty Chitty noted remodel work is underway for the Crisis Stabilization Center/Transitional Living Center in Ames.
- IX. Next Meeting Date:** Tuesday, October 9, 2018 @ 1:30pm
- X. Adjournment:** Grace motioned to adjourn, Diane Dawley seconded, meeting adjourned.