

**Central Iowa Community Regional Advisory Board Meeting**  
**Tuesday October 11<sup>th</sup>, 2016 @ 1:30 pm**  
**Story County Human Services Center**  
**Multipurpose Room, 126 S. Kellogg Ave., Ames, Iowa 50010**

Attending: Chad Huddleston, Tim Bedford, Al Fagerlund, Terry Johnson, Pam Herrema, Kim Brobst-Hinkle, Mary Nelson, Tim Rogers, Patti Treibel Leeds, Tom Foster, Karla Webb, Linn Adams, Jill Eaton, Grace Sivadge, Jody Eaton, Russell Wood, Doug Bailey

Others attending: Marsha Eighmey, Wayne Clinton, Lisa Heddens, Russ Sivadge, Leslie Cardoza, Emma Badgly

- I. Welcome and Introductions:** Meeting called to order at 1:30 PM by Chad Huddleston, he welcomed everyone and introductions were made.
- II. Approval of 7/12/16 meeting minutes:** Tom Foster moved to accept the minutes, Terry Johnson seconded, minutes passed with no corrections.
- III. Highlights of Regional Governance Board:** Al Fagerlund reviewed highlights from each Governing Board meeting starting with July 28th Governing Board meeting. Al noted annual results for the region and financial information was discussed. Al inquired if everyone is receiving the Governing Board meeting minutes. Mary Swartz presented on Mental Health Advocate services and discussion occurred on what was occurring in this service for other counties. Employment Committee has been meeting, employees are county employees and performing duties for the region. Looking at pay scale with employees remaining county employees and trying to standardize pay. Supported employment was discussed and changes to how the grant will be managed. August 25<sup>th</sup> meeting, the Employment Committee provided recommendations setting a maximum amount to be determined for what the regional contribution will be for CICS funded positions. Supported employment grant contracts were approved and how the grant will work for the upcoming year was discussed. Transitional Living Center services were discussed. During September 22<sup>nd</sup> meeting, amendments occurred to the CICS Governing Board bylaws, TLC contracts were approved. Crisis stabilization project received approval from the Governing Board to proceed with development of RFP.
- IV. Transitional Living Centers update –** Russell Wood discussed the RFP was completed for TLC services, 3 agencies were granted the RFP, Access, Inc. – Hardin County, Capstone Behavioral Health Care – Jasper County, Eyerly Ball Community Mental Health Services – Warren County. Authorizations for this service will be 30 days at a time, service coordination will work with provider and client to develop a transition plan to move into the community or other living arrangements. Referrals will be made to connect the individual to community resources as needed. Providers will not need to bill Medicaid at this time, the funding will be provided by the Region, this allows for us to ensure access to individuals within our region. It is

planned for the TLC's to be 4 bedroom. Providers can bill Medicaid for any ancillary services such as nursing services and medications.

**V. Crisis Stabilization Center/Transitional Living Center RFP** – Russell Wood discussed are looking at potentially transitioning RCF with Optima Life Services in Ames to a CSC/TLC. We are looking at Mary Greeley Medical Center partnering with an agency for an agency to provide the CSC/TLC services. The RFP needs to be developed, looking at a 7/1/17 implementation date.

**VI. Jail Diversion** – Patti Treibel Leeds reviewed description of Jail Diversion services. Friends Forever have started providing jail diversion services for Boone, Hardin, Hamilton, Franklin County, have hired a FT staff member to provide Intensive Case Management Jail Diversion services. Their goal is to not only begin work with people post booking but also pre booking to avoid incarceration. Individuals do need to have a mental health diagnosis to qualify for this service. Integrated Telehealth Partners can do a telepsych evaluation to determine if there is a mental health diagnosis. Eyerly Ball Community Mental Health Services will be providing jail diversion services in Madison County, staff need to be hired yet for this position. Patti shared they have had really good buy in from Sheriff's Office, County Attorney and Courts. Wayne Clinton shared at the NACO session he attended this year, the Jail Diversion service was the highest attended session. It was stressed the need to work closely with Sheriff's Office with this service.

**VII. Drop In Centers** – Russell Wood shared handouts for drop in center in Franklin County. Franklin County population is 10,000; the Drop in Center averages 3 people/day. Attendance can depend on what the activity is occurring at the Drop in Center. Lisa Heddens with NAMI CI has been offering suggestions and activity ideas for the Drop in Center. The Center helps give people an option of a place to go, helps to reduce isolation and also provides opportunity to connect people with other services/resources. Russell provided some handouts for the drop in center which has been operating since June 2016. Patti Treibel Leeds shared they have expanded their drop in center hours in Hamilton County. Friends Forever has hired 3 peers to facilitate the drop in center and opening it. Discussed from Friday – Monday can be a long time for someone to go without contact with another person and so they are planning to have open hours on the weekend. In Boone County, the drop in center will be called the Rose Center. Central Iowa Recovery will be the employing entity for the peer support specialist, the center will have set curriculum that will be peer led. Peers will be making decisions about programming for the drop in center. Are hoping to have the center open in November 2016. Lisa Heddens has assisted them with planning for the new center.

Jill Eaton discussed Mid-Iowa Triumph Recovery Center was started a few years ago raising funds on their own. Last year the region began funding the center. The center was closed this year for a few months and they are now re-opened renting their own space. They have a new director and have hired a peer. Are open

Monday-Friday, have open structure and activities. Lisa Heddens has met with Mid-Iowa Triumph Recovery Center Board.

Lisa Heddens shared they had 127 individuals attend the NAMI CI drop in center last month, average 7-9 people daily. Have a peer coordinator and assistant, they are looking at offering evening hours for the center. Jody Eaton shared Station Clubhouse in Poweshiek County is celebrating 26 years. Linn Adams shared Friendship Club has been open for 16 years, he noted the center is serving their community well.

- VIII. Program Reports –** Patti Treibel Leeds discussed Central Iowa Crisis Line operated by Foundation 2 has been in place since last fall. Integrated Telehealth Partners is providing telepsych services in jails and ER's that are interested in this service. ITP will assist with finding a bed for an individual if the person needs to be hospitalized.
- Five Star Quality Measurements & Outcomes training, CICS sponsored this training with Heart of Iowa Region. Had over 420 individuals attend this training, many of the staff were direct care staff. The training conveyed a message of how to help integrate individuals into the community. Patti shared positive comments from the evaluation of the training and the importance of direct care staff. We will be evaluating the training with Derrick and how to keep his message alive and in the fore front for people. The evaluation form did collect information on what other trainings people identified they would like to have.
- IX. Service Coordination update –** Linn Adams provided quarterly Statistics Report for CICS Service Coordination for July-September 2016. CICS began tracking in July 2016 the number of individuals served through Service Coordination. Historically the State considered the number of individuals served would be the number of individuals funding was provided to. With service coordination we do not tie a service fee to this service. Service Coordination is seeing an increase of about 20 applications/month for regional funding. Data provided the number of individuals residing in RCF's in long term placements and are looking at options for individuals to reside in the community and what are barriers preventing individuals from living in the community. Data also showed the number of individuals residing in MHI long term. Have been able to move 2 individuals from long term care at MHI. Linn noted it is taking longer for individuals to get Habilitation funding in place. Pam Herrema asked how long it can take the region to process funding requests, Linn noted funding can be arranged within a day if needed.
- X. CICS Governing Board bylaw changes –** Jody Eaton discussed CICS Governing Board bylaws were amended to allow for more efficient operating. Copy of the bylaws were made available for everyone.
- XI. Advisory Board Member terms expiring –** Karla Webb discussed the counties whose Provider and Family/Consumer representative terms are expiring January 2017. Karla suggested if you are interested in continuing to be a representative on Advisory Board to talk with your local county director about reappointing you to the Board. The Advisory Board terms are 2 year terms and a person can be a

representative on the Board for a total of 6 years. An individual can be reappointed again after at least one year off the board.

- XII. Agency Update/Information Sharing** – Wayne Clinton asked for everyone to stay tuned to what is happening with the Children’s Mental Health Redesign system. The Redesign is looking at having core services available. Wayne is on the redesign committee representing our region and the BOS affiliate. Bob Lincoln with CSS is representing regions also. There will be 2-3 agencies piloting programs for Children’s Mental Health redesign. Jody Eaton shared the CEO’s have a meeting with Chuck Palmer arranged to discuss where he sees regions fitting in and being a part of the planning. Lisa Heddens noted children fall under EPSDT which allows them to access other services and she wants to ensure EPSDT services remain available, EPSDT is Federal funding. Pam Herrema discussed CSN Outcomes and will someone report on the outcomes obtained. Jody Eaton shared are in the process of trying to identify a contracting entity that will review the data and report back out to providers. Jody discussed QSDA planning group. Discussion occurred regarding if reporting will need to be done for all 3 different MCO’s. It is hoped MCOS will collaborate with the region on outcome data.
- XIII. Next Meeting** - 1/10/17 @ 1:30 PM at Story County Human Services Center, Multipurpose Room, Ames, IA.
- XIV. Adjournment** - Tim Bedford motion to adjourn the meeting, Tim Rogers seconded, meeting adjourned at 3:03PM.