

Central Iowa Community Regional Advisory Board Meeting
Tuesday January 24, 2017 @ 1:30 pm
Story County Human Services Center
Multipurpose Room, 126 S. Kellogg Ave., Ames, Iowa 50010

Attending: Chad Huddleston, Anne Vance, Al Fagerlund, Kim Brobst-Hinkle, Tim Bedford, Linda Romero, Wendie Cooper, Mary Nelson, William Vaughn, Jody Eaton, Karla Webb, Patti Treibel Leeds, Betsy Stursma
Others attending: Wayne Clinton

- I. Welcome and Introductions:** Chad Huddleston called the meeting to order at 1:37pm and welcomed everyone.
- II. Election of Chair and Vice-Chair:** Tim Bedford and Chad Huddleston expressed interest in the Chair position and Wendie Cooper expressed interest in the Vice-Chair position. Bill Vaughn called for nominations to cease and Anne Vance seconded. A paper ballot was cast. Chad Huddleston was elected to Chair and Wendie Cooper was elected Vice-Chair.
- III. Approval of 10/11/16 meeting minutes:** Anne Vance motioned to approve the meeting minutes. Bill Vauhgn seconded, minutes passed with no changes.
- IV. Review of Bylaws CICS Regional Advisory Board:** Jody Eaton discussed the bylaws and the importance of the Regional Advisory Board. Bill Vaughn moved to approve the restated bylaws. Anne Vance seconded. Bylaws approved with no changes
- V. Highlights of Regional Governing Board:** Al Fagerlund reported Jody Eaton provides an overall administrative report. Meetings are started off with a report from a regional provider. Tim Bedford with CIR gave the October report. A new finance committee has been started for review and overview, called CICS Finance Committee, made up of Treasurer's and Auditors. This committee provides professional financial oversight. Service Coordination quarterly report is provided. Have had updates for supported employment, information on difficulties supported employment providers were experiencing and working on a plan to address reimbursement. In November 2016, the Annual Report was reviewed. Al encouraged people to review the CICS Annual Report and the Advisory Board report. Continual progress on Transitional Living Centers is discussed at the Governing Board meetings. Patti reports monthly on the crisis phone line and telehealth services. In December 2016, there was an update from the Employment Committee. Budget preparations were occurring and further budget work will occur in January. Reports made from various departments on programs such as TLC. On January 5th there was a meeting with DHS staff Julie Jetter to describe the annual report on regionalization. Al shared the CICS region was in good shape on a lot of areas discussed in the report. The report identified an important issue to ensure core and core plus services are available in regions. The report also discussed the

management structure in regions. Al shared that he thinks there are things he thinks the Advisory Board could address before those items go to the Governing Board and he will talk about them later in the agenda.

- VI. 2016 Advisory Board report:** Karla Webb discussed the 2016 Advisory Board report which includes Advisory Board membership, each meeting agenda and meeting minutes. No changes were requested to the report.
- VII. CICS MHDS 2016 Annual Report:** Jody Eaton reviewed areas of the annual report which are requirements for the report. The report was submitted to DHS prior to December 1st.
- VIII. Iowa DHS MHDS Redesign Progress Report:** Jody reviewed the meeting with DHS MHDS Staff, Julie Jetter. Julie reviewed the report and the recommendations. Jody touched on projects CICS region has implemented to help build core and core plus services and expansion of our provider network. Jody identified at this time CICS region is meeting all the core access standards. Julie acknowledged CICS region has worked on development of core plus services and encourages that we continue to do so. Crisis services need to meet Chapter 24 guidelines. Work on evidence based practices continues to need to be addressed/developed. Report suggests we focus on other services that are non-clinical such as housing and transportation. Report mentions including additional populations if you have met core services and are including core plus services. CICS Governing Board has approved serving the Brain Injury population. Another recommendation is to address serving difficult to serve clients. DHS plans to include regions and MCO's to address this. Focus groups are being developed at this time by DHS. Report references concern about size of regions and that regions should have a minimum population size. CICS is 4th largest region. Report recommends pooling of funds for service funds. CICS does pool service funds. Statewide recommendation for regions to have one voice. Jody is vice-chair on CEO collaborative. Report recommends regions maintain a permanent CEO position. CICS regions structure is currently a rotating CEO structure, this will need to be addressed by Governing Board. Jody suggested if anyone has any questions on the report to please contact her. Al Fagerlund discussed he would like to look at setting a resolution by Advisory Board to provide to the Governing Board in support of continuing to support funding for Core and all Core Plus services to individuals with a mental illness and intellectual disability as was a recommendation of the FY17 DHS progress report. Al provided a resolution for Board members to consider. Discussion occurred and additional suggestions were offered. Al discussed the DHS report identified the recommendation for CEO position to be a permanent position. Al identified the Governing Board has the potential for change due to elections and Governing Board appointments and he expressed importance for CEO position to remain constant and the ability for CEO position to build relationships throughout the state. He likened it to school boards where the Superintendent remains constant and Board members may change. Al indicated he thinks the system is strengthened by having a permanent CEO. Al provided a resolution regarding support of a permanent CEO

position. William Vaughn shared he does think continuity does come with having a permanent CEO. He supports the continued holistic view of all the counties. Jody shared the Administrative team has discussed the CEO position and there was not a majority vote either way for a rotating CEO or permanent CEO. Jody indicated there wasn't a term limit to the current CEO position. Further discussion occurred with the Board members. Bill Vaughn motioned to approve Resolution 1 and 2 and Tim Bedford seconded. Both resolutions were approved by board members.

- IX. Expanding funding for services to individuals with brain injury** – Jody shared the Governing Board has approved adding funding for brain injury services. We are working with Brain Injury Alliance on developing the structure for funding of brain injury services throughout the region. Brain Injury Alliance would be available to provide assessments for individuals to assist in determining eligibility and level of funding needed for an individual.
- X. Review and approval of amendments to CICS Management Plan Policies and Procedures** - Karla Webb reviewed the Management Plan Policies and Procedure amendments. William Vaughn motioned to approve the amendments and Wendie Cooper seconded. Motion passed.
- XI. The Rose Center** – Tim Bedford with Central Iowa Recovery shared The Rose Center will provide drop in center services and is located in downtown Boone, IA. CIR has a contract with CICS for this service. There is a very structured curriculum, some topics are self-help methods, having service providers come in to identify services available for individuals. Peers who run the center are working hard to ensure they make an impact. People can come to spend time as well as be involved in structured curriculum. Are looking at holding an open house likely in March. Center hours will vary, will be open Monday – Saturday. Are anticipating 20 participants per day.
- XII. Trauma Informed Care** – Patti Treibel Leeds provided information on Trauma Informed Care, information on changing office culture to be trauma informed approachable. If people are interested in Trauma Informed Care training to reach out to her. She encourages for providers to have a staff person trained as a trainer to be able to then train new staff. She has an environmental checklist people can use to assess their office environment. Patti mentioned benefits training with Mike Waling on April 20th at Ames City Hall sponsored by CICS region. Patti discussed upcoming meeting with Sheriff Departments in the region to discuss CIT training, and share information, guest speakers from Johnson County will present at the meeting.
- XIII. Service Coordination Quarterly Report** – Betsy Stursma provided and reviewed CICS Service Coordination Quarterly Statistics Report, the report is not an unduplicated count report. Betsy also provided a report from October 2016 identifying barriers to Community Living for individuals residing in congregate care settings (Residential Care Facility and Long-Term MHI). Coordination Officers will

be doing this report annually. This report helps to identify our work in moving individuals to community living and addressing Olmstead requirements.

XIV. Agency Update and Information Sharing – Mary Nelson shared in Hardin County they are starting a Family Supporting Families support group for families and caretakers for adults with mental illness. Capstone Mental Health Services has an open house in Poweshiek County tomorrow. Healthy Families in Poweshiek Co is starting a support group for families with children with mental health needs. Wendie Cooper shared will be having a Family to Family class in Boone for parents, siblings, and significant others of individuals with mental illness.

XV. Next Meeting – April 11, 2017 at 1:30 PM.

XVI. Adjournment - Tim Bedford motioned to dismiss meeting at 3:45 PM and Linda Romero seconded. Meeting dismissed.