

**Central Iowa Community Regional Advisory Board Meeting**  
**Tuesday April 11, 2017 @ 1:30 pm**  
**Story County Human Services Center**  
**Multipurpose Room, 126 S. Kellogg Ave., Ames, Iowa 50010**

Attending: Chad Huddleston, Al Fagerlund, Jim Paprocki, Jr., Tim Rogers, Mary Nelson, Linda Romero, Kim Brobst-Hinkle, Anne Vance, Larry Wilson, Grace Sivadge, Terry Johnson, Sherry Becker, Doug Bailey, Kathy Dinges, Jody Eaton, Patti Treibel Leeds, Russell Wood, Karla Webb, Linn Adams

Others attending: Russ Sivadge

- I. **Welcome and Introductions:** Chad Huddleston called the meeting to order at 1:33PM.
- II. **Approval of 1/24/17 meeting minutes:** Karla noted correction of minutes to reflect Hardin County on Item XIV. Anne motioned and Al seconded with change noted. Minutes passed.
- III. **Highlights of Regional Governing Board:** Al Fagerlund reported on January 26<sup>th</sup> Governing Board meeting regarding structure of the Administrative team and review of the DHS MHDS Regional Report. Al provided the resolution the Advisory Board passed regarding support for permanent CEO position. The Governing Board tabled the discussion and requested Employment Committee review the CEO position. The rest of the meeting was usual business for the region, updates on HIPAA, provider agreements approved, report for crisis line, telepsych services in jails and hospital ED. During the Advisory Board report Al provided the second resolution from Advisory Board supporting the continued development of core plus services. During the February Governing Board meeting the Employment Committee provided a recommendation to Governing Board for the CEO term to be a 4 year term. Jody Eaton's term as CEO started 7/16. Al was unable to attend the March Governing Board meeting, he noted Jody discussed Administrative staff duties. Larry Wilson, Governing Board member from Poweshiek County was appointed to the Advisory Board.
- IV. **CICS FY18 Annual Service and Budget Plan:** Karla reviewed the FY18 ASBP submitted to DHS.
- V. **CICS Planning Updates and Information:** Russell shared the new CICS website and newsletter are available. Russell reviewed levy information for the region. The recommendation for the levy is discussed through the Administrative team, Finance Team and Governing Board. Our region has worked to have the levy amount the same for each county throughout the region. The levy recommendation for FY18 is \$22.29. Russell shared there is legislation being discussed in Des Moines regarding MHDS funding. Senate File 504 legislation will deal with funding for individuals with mental health developmental disability needs, requires regions to have 25% or less ending fund balance. If the legislation passes the Governing Board will need to bring the levy down to work toward reducing our ending fund balance. As our ending

fund balance reduces our levy will need to increase. If we are left with an ending fund balance of 25% this will affect our ability to develop new services. Planning has been working on a plan for Permanent Supportive Housing (PSH), SAMSHA website has information regarding Permanent Supportive Housing. PSH allows opportunity for people to have housing that are not tied to services. Lease for a property is between landlord and tenant. This month Russell, Jody and Karla will be meeting with two neighboring regions Rolling Hills Community Services and Heart of Iowa Region to discuss supported employment, permanent supportive housing, subacute services, mobile crisis, and 23 hour crisis observation. CICS is able to utilize crisis stabilization with Hope Wellness Center. Discussions were occurring on developing crisis stabilization services and utilizing a current facility in Ames to house this service. We are now looking at subacute services and partnering with neighboring regions as our region has enough beds allocated for our region to support developing subacute services where other regions have a smaller bed allocation and would be very costly for other regions to develop subacute services. Subacute is looked at as a hospital diversion and hospital step down, there are a lot more rules with subacute services; residential subacute must go through DIA. Russell offered for people to contact him if they have ideas for service that they would like to share. It is helpful to have recommendations from Advisory Board on what the Board would like to see available and developed within the region.

**VI. Discussion regarding MCO and provider reimbursement:** Al shared we see where MCOs are able to go to the State and get more money and we see the impact on providers. What options do providers have if they find they are handed down decisions limiting reimbursement. Terry with Genesis Development shared they were down \$1.5 million. A few weeks ago they received \$1 million in reimbursement for services. Sherry with NIVC noted they have current authorizations. One MCO requires 4 decimal places on a billing rate. Anne with CIRSI shared that they had reimbursement off pennies. Pennies add up to thousands of dollars. Terry noted the 2 MCO's they negotiated rates with are now going to the floor rates. Anne noted they will have a decrease of about \$25,000/month with the MCO going to the floor rate, they have appealed this. Discussed our region pays for gap funding for individuals while they are waiting to get Hab funding in place. Our region also is funding individuals on the ID waiver wait list. Sherry noted IHH have indicated they will need a week to do new authorizations. Terry noted do appreciate the support of the region. Anne shared she thinks IACP is trying to address the MCO funding issue. MCO's are looking at a tiered reimbursement rate, unknown when these rates would go into effect. Doug asked if the region could work with an organization to highlight the situations that exist, not only in mental health. Russell shared the State has a contract with the MCO's based on an Executive decision. Linda shared Grinnell Regional Medical Center is not contracting with United Healthcare. Mary Nelson and Tim Rogers shared they attended Mental Health event at the Capitol last week. They left messages with both the House and the Senate.

**VII. Approval of CICS Management Plan:** Karla shared the CICS Management Plan was presented to the MHDS Commission in February and the Commission

recommended approval of the amendments. The plan was then submitted to Director Palmer with DHS and the Plan was approved. The Plan has been distributed to all of our contracted providers and is available on CICS website.

- VIII. Service Coordination Quarterly Report:** Linn Adams provided Service Coordination quarterly report. YTD Service Coordination has served 5,001 individuals, this for the most part is an unduplicated count; 440 funding applications were processed in the 3<sup>rd</sup> quarter. Have had 17 people admitted to a RCF and 27 discharged from a RCF this year. Of the 27 individuals leaving the RCF this year, 18 individuals moved into the community with 24 hour support services.
- IX. Agency Update/Information Sharing:** Linn shared Patti Treibel Leeds will be providing MHFA training on 6/8/17 at the Methodist Church in Iowa Falls. Let Linn know if you are interested in attending. On May 24<sup>th</sup> there will be Mental Health Fair in Hardin County, let Linn know also if you are interested in attending. Patti is available for Trauma Informed Care Training, please contact Patti if you are interested. Patti shared The Rose Center had 75 individuals attend the open house for the Rose Center, they have close to 40 members. Sherry with NIVC indicated they lost their job developer in Hamilton Co. They have been working with Friends Forever to replace the job developer. Linda with Grinnell Regional Medical Center shared they are working well with Capstone Behavioral Healthcare for access to outpatient appointments.
- X. Next Meeting** – July 11th, 2017 at 1:30 PM.
- XI. Adjournment** – Anne Vance motioned to adjourn at 3:10pm, Chad dismissed the meeting.