

Central Iowa Community Regional Advisory Board Meeting
Tuesday October 9, 2018 @ 1:30 pm
Story County Human Services Center
Multipurpose Room, 126 S. Kellogg Ave., Ames, Iowa 50010

Members Attending: Diane Dawley, Julie Gibson, Terry Johnson, Grace Sivadge, Wendie Cooper, Anne Vance, Mary Nelson, Tim Rogers, Jennifer Ellis, Doug Bailey, Al Fagerlund, Linda Romero, Shan Sasser, Tim Bedford.

Others attending: Pete Williams, Deveny Oberheu (United Health Care), Patti Treibel-Leeds, Linn Adams.

- I. Welcome and Introductions:** In the absence of the Chair, Vice-Chair Wendie Cooper called the meeting to order and introductions were made. Dawley moved, Johnson seconded to approve an amendment to the agenda to add a discussion of Respite Care. All voted aye.
- II. Approval of 7/10/18 meeting minutes:** Fagerlund moved, Ellis seconded to approve the 7/10/18 meeting minutes. All voted aye.
- III. Highlights of Regional Governing Board:** Cooper offered highlights of the recent Governing Board meeting, including approval of new SOUs, approval of revisions to the Administrative Team Procedures, information presented regarding the Cerro Gordo County request to join CICS, and annual reports that are on the agenda today.
- IV. Presentation on ID Action “Make your Mark” Conference:** Rogers and Pete Williams discussed the conference they attended on 9/27 and 9/28/18 at Honey Creek Resort. The theme of the conference was to live your “best independent life” and featured speakers such as WHO TV 13 personality Dave Price and Advocate Jason Freeman. Both felt it was a great conference and the best session was in regard to managing money and time. They thanked CICS for paying for them to attend.
- V. Quality Assurance FY18 Annual Service Summaries:** Treibel-Leeds presented the FY 18 reports for the crisis line, telehealth (ITP) in jails and hospitals, and the Transitional Living Centers. In FY 18 there were 1,032 crisis line calls with most being calls for information and mental health support. There were 3 TLCS open during FY 18 with a total of 62 admits to the TLCs. Most discharges were to their own home or relative’s home. Another TLC will open on 10/29/18 in Ames and will be run by MGMC. ITP provides telehealth in jails and ERs. They were used 301 times in FY 18 in jails and 1,413 times in hospitals. The Annual Training report was

also presented. Trainings provided by CICS include Mental Health First Aid (adults and children), Trauma Informed Care, C3 De-Escalation, Cultural Competency, and Compassion Fatigue.

VI. Cerro Gordo Request to Join CICS Region: Adams discussed the request CICS received from Cerro Gordo County to join the CICS region. Information was shared from a PowerPoint that was presented to the Governing Board of information collected by Administrative Team members regarding financial information, comparison of the management plans of CICS and CSS, and anticipated staffing needs, etc. Cooper shared that she attended the Administrative Team meeting and was impressed with the process and information collected. Johnson asked if the Administrative Team had voted on a recommendation. Adams reported that the Administrative Team voted 6-1 to deny the Cerro Gordo request to join CICS. This recommendation will be made to the Governing Board; however, they will make their own decision at the board meeting later this month.

VII. Advisory Board Terms Expiring 12/31/18 for Hardin, Hamilton, Franklin, Jasper, Boone Counties: Cooper and Adams reviewed the language of the bylaws which state that an Advisory Board member “will be eligible for appointment for a total of 6 years.” Since members are appointed from their respective counties, this information will need to be reviewed locally. Those who came on when the Board was formed in 2014 will only be able to serve one additional year of their two-year term due to the 6-year limit. Each County can decide if they wish to reappoint those only eligible to serve part of the term, or if they wish to seek out new appointments that could serve the full term. Each County with terms expiring should let Karla Webb know who the new appointments will be for the term that commences 1/1/19.

VIII. Agency Update/Information Sharing:

- a. Sivadge reported a referendum was approved in Warren County for a new jail.
- b. Respite. Dawley and Romero reported that a consortium in Poweshiek has been established. It has funds from a doctor whose partner committed suicide and wanted to help individuals with mental illnesses. They have discussed a “respite type” service or house. This consortium is going to meet with Russell Wood, Planning Officer, to discuss their ideas.
- c. Gibson reported on projects of the Jasper group. Working on anti-stigma, sponsored an event last week, and other projects. Working to help Skiff Hospital look at MH inpatient beds.
- d. Bedford reported that CIR will be sponsoring their annual IPR graduation in November.
- e. Johnson reported Genesis has opened a Supported Employment office in Story and they are working with the Poweshiek group on possible service scenarios.

- f. Ellis reported Friendship Ark is hosting their annual Fall Benefit Fundraiser on Friday October 19th.
- g. Nelson reported on extended patio and new shelter at the Hardin County Friendship Club through generous donations of funds and labor.
- h. Bailey discussed the building that Hamilton County just got possession today. They intend to use the building for various agencies and possibly respite care.
- i. Cooper reported that Cristy Krause from MGMC will be speaking at NAMI in Ames on 10/16/18 at 7pm. The Story County MH Expo was a big success with Joan Becker as the speaker.

IX. Next Meeting Date: January 8, 2019 @ 1:30PM

X. Adjournment: Sivadge moved, Bedford seconded to adjourn. Cooper adjourned the meeting.