

Central Iowa Community Regional Advisory Board Meeting
Tuesday January 8, 2019 @ 1:30 pm
Story County Human Services Center
Multipurpose Room, 126 S. Kellogg Ave., Ames, Iowa 50010

Members Attending: Wendie Cooper, Terry Johnson, Shan Sasser, Diana Dawley, Linda Romero, Jim Paprocki, Jr., Anne Vance, Grace Sivadge, Jennifer Ellis, Julie Gibson, Kirsten Klepfer, Doug Bailey, Tim Bedford, Brandon Greenfield, Tim Rogers, Sherry Becker.

Staff Attending: Betsy Stursma, Karla Webb, Jody Eaton

Others Attending: Lisa Heddens

- I. **Welcome and Introductions:** Wendie Cooper called the meeting to order at 1:30pm, introductions were made.
- II. **Election of Chair and Vice-Chair:** Terry Johnson motioned for Wendie Cooper for Chair, Diana Dawley seconded, all ayes. Diana Dawley motioned Linda Romero as Vice-Chair, Terry Johnson seconded, all ayes.
- III. **Approval of 10/9/18 meeting minutes:** Anne Vance motioned to approve the minutes, Tim Bedford seconded, minutes approved.
- IV. **Review of Bylaws CICS Regional Advisory Board:** Karla Webb explained error in bylaws with start date of 7/1/19 for Greene County Advisory Board terms and correction is needed for the Greene County terms to start 7/1/18. Diana Dawley motioned, and Tim Bedford seconded to approve correction to the Advisory Board bylaws. Motion approved.
- V. **Highlights of Regional Governing Board:** Wendie Cooper reported Cerro Gordo Co withdrew their request to join CICS. Staff have discussed question on regions supplementing Medicaid; CICS has contracted with Zia Partners for consultation services to assist CICS in this topic area, costs for this consultation will be shared with East Central Region. Noted work on development of drop in Center in Warren Co and CICS working with CIR on the development of this. Hamilton County has requested funding for remodel of a building they have obtained where permanent supportive housing could be provided. Poweshiek Co is working with a Consortium on development of Crisis Stabilization Residential Services. Admin team will be having a retreat at end of January for their annual strategic plan review. Wendie discussed stats for 24-hour crisis line, mobile crisis response team services, transitional living center services and tele-psychiatry utilization in the jails. Terry Johnson explained three county supervisors have gone off the Governing Board, those leaving were from Warren, Jasper, and Story Counties.

- VI. 2018 CICS Advisory Board Report:** Karla Webb discussed the CICS Advisory Board report. No changes or additional information was identified as needed for the report. Terry Johnson asked if the report is sent to the State and Karla explained the Advisory Board report is not, the Annual Report sent to DHS includes information for Advisory Board members and meeting content information.
- VII. CICS MHDS FY2018 Annual Report:** Karla Webb reported on the FY2018 CICS Annual Report that was submitted to DHS prior to 12/1/18.
- VIII. Service Coordination Report:** Betsy Stursma reported on information in the Service Coordination Annual Report.
- IX. Regional Legislative Priorities:** Jody Eaton discussed Regional CEOs are working to get marketing material out to identify regional legislative objectives for long term funding for MHDS service. SF 504 requires the spend down of CICS fund balance to 20% by the end of FY2020. CICS has been able to have our levy at a lower rate as we work toward spending down our fund balance. Anything over 20% in FY2020 will offset taxes in FY2022. This will create shortfalls in funding and concern for ability to maintain services that are built. Would like to ask legislation to repeal the fund balance language and remove the levy caps. CEOs support improvement of the children's system, advanced psychiatric directives, additional substance abuse treatment options, and would like to see streamlining of involuntary commitment process. Legislative session begins January 14th. Iowa State Association of Counties have a tracking mechanism on their website, as well as there are other websites to track legislative information.

Terry Johnson inquired if there were any legislative objectives in regard to Managed Care Organizations (MCOs). Jody indicated there is not consensus among CEOs regarding MCOs. Terry offered comment on management oversight of MCOs and pulling out LTSS.

X. Agency Update/Information Sharing:

Lisa Heddens with NAMI CI discussed November CIT training had 24 officers trained. Lisa also shared data on numbers of individuals served through NAMI CI programs. Family to Family class starting in Ames January 21st and will have another class starting in Boone on February 5th. NAMI CI has hired a part-time Administrative Assistant.

Wendie Cooper noted Ames Schools had a Mental Health Fair and learned the school has a Mental Health Club that is on its second year. This is an active group and they have presenters coming in on a regular basis to share information.

Terry Johnson with Genesis Development noted they provide services in 5 counties in this region. Genesis has developed a site Terry thinks could be an Intensive Residential Service Home (IRSH) however Terry noted cannot call it IRSH as it does not meet the no eject no reject criteria. Terry inquired if there is a psychiatric prescriber in Greene Co and Jody indicated CICS is anticipating a proposal to provide services.

Linda Romero inquired about Plugged In Iowa, Sherry Becker provided information regarding this agency. It was suggested that Linda contact staff in County Social Services region. Linda's understanding is Plugged In Iowa is not Chapter 24 accredited. Tim Bedford noted that CIR offers Peer Support, and this is funded by CICS for those that are not Medicaid funded. CIR is Chapter 24 accredited, Tim shared specifics regarding Peer Support services and requirements including clinical supervision for the Peer Support Specialist. Mobile Crisis is active in Poweshiek, Linda noted they are still interested in crisis stabilization and transitional living services in Poweshiek County.

Sherry Becker with NIVC shared North Iowa Transition Center and North Iowa Vocational Center have agreed to merge. The new agency name will be North Iowa Transition and Employment Services. They are waiting for the State to approve their Articles of Incorporation.

Anne Vance with CIRSI explained there was a building fire in Grinnell and CIRSI provided services in the building next door. CIRSI has been displaced for 2-4 months while the building is cleaned up. Have a temporary site that will be providing services at in Grinnell.

Grace Sivadge noted she is excited about Mobile Crisis in Warren County.

Jennifer Ellis with Friendship Ark noted are full in all 5 residences and have a waiting list, have small waiting list for day hab and hourly SCL as they work to hire staff.

Julie Gibson with House of Mercy noted she has 6 months left in a grant she is working on to improve access to mental health services in Jasper Co. Julie discussed Youth MHFA, C3 De-escalation and Trauma 101 met the continuing ed mental health credit approved to meet mental health training schools need. These trainings were recently held in the Newton school district and were very well received by the teachers. Have another set of trainings that will be offered in the Newton school district in June. Tina Ross who wrote the curriculum with this course is willing to share the information with other school districts and AEA.

Tim Bedford with CIR noted their IPR program graduated 43 people in this past year.

XI. Next Meeting Date: April 9, 2019 @ 1:30PM

XII. Adjournment: Meeting adjourned @ 2:55PM