

Central Iowa Community Regional Advisory Board Meeting
Tuesday, July 8, 2019 @ 1:30 pm
Story County Human Services Center
Multipurpose Room, 126 S. Kellogg Ave., Ames, Iowa 50010

Members Attending: Diana Dawley, Linda Romero, Grace Sivadge, Jennifer Ellis, Tim Rogers, Brandon Greenfield, Wendie Cooper, Al Fagerlund

Staff and Others Attending: Pete Williams, Jody Eaton, Betsy Stursma, Karla Webb, Angela Tharp with NAMI CI, Kathy Hanzek

- I. **Welcome and Introductions:** Wendie Cooper called the meeting to order at 1:30pm. Introductions were made.
- II. **Approval of 7/9/19 meeting minutes:** Tabled due to no quorum.
- III. **Highlights of Regional Governing:** Wendie Cooper shared membership information for the CICS Governing Board. Wendie discussed updates to the 28E agreement have been done and approved. The Board was notified Genesis Development is closing their behavioral health services on October 4th, this would include outpatient crisis psychiatric services and crisis therapy services in Greene County and Hope Wellness Center. Zion Recovery Services is going to be assuming the Hope Wellness Center and outpatient services for Greene County are being sought. Jody Eaton discussed CICS Administration has received notification that Imagine the Possibilities will be assuming supported community living, supported employment services and other services that Genesis Development is providing, this transition will occur in late October. Genesis has discontinued services in Poweshiek County and CIRSI has assumed those services. Imagine the Possibilities is holding informational meetings to explain the changes. Operations will be looking at the host region contract for Imagine the Possibilities to determine what additional services CICS may need to contract for that are not included in the host region contract. Diana Dawley discussed Diamond Life in Poweshiek County has closed. Jody Eaton explained the work that took place with the closing of this facility, all residents were moved to other services. CICS received praised at the MHDS Commission for the work done by the Service Coordination Specialist in assisting the residents funded by CICS transition from Diamond Life.
- IV. **CICS 28E Agreement Changes:** Jody Eaton discussed revisions to the 28E Agreement occurred at the September Governing Board meeting. Added to the 28E is the distinction of the Adult Advisory Committee and the Children's Advisory Committee. Jody identified the Children's Advisory Committee roles which differ from the Adult Advisory Committee. The Adult Advisory committee appoints a provider representative and family member or individual served to the Governing

Board and the Children's Committee will appointment a parent/family member, provider and educational representative. The parent and educational representative from the Children's Advisory Committee will be voting members as well as the Adult Advisory appointment for family member or individual served. The provider representatives are non-voting members.

- V. Children's Advisory Committee Update:** Applications have been taken for the Children's Advisory Committee, the Governing Board will appoint Committee members at the October Governing Board Meeting with the first Children's Advisory Committee meeting to take place in November. It is anticipated the Children's Advisory Committee will meet monthly to start and eventually move to quarterly meetings.
- VI. Transitional Living Center (TLC) Update:** Karla Webb explained the current TLC service and providers currently receiving block grant funding for this service. CICS Administration has identified CICS is unable to sustain funding for the current TLC services in the future and have been meeting with block grant funded TLC providers to explore accessing Medicaid habilitation funding as well as structuring the service differently. The intent is still to ensure individual needs are being met and to continue to offer an array of services. Center Associates has indicated they are not interested in pursuing habilitation funding and at the recommendation of the CICS Administrative team the CICS Governing Board approved to provide notice to Center Associates of termination of TLC funding effective 11/30/19. Last week Center Associates provided noticed to CICS Administration that they will end TLC service on 10/31/19 due to loss of staff.
- VII. Service Coordination Data Report:** Betsy discussed service coordination data, once the report is finalized it will be sent out to Advisory Board members. A slight increase of funding applications processed occurred in FY19. Betsy recognized service coordination staff for the work they are doing. 647 individuals/month were served in FY19. CICS has 2 service coordination specialists that follow individuals in residential care facilities (RCFs), an area of focus is identifying how we can assist individuals to move from residential care facilities into community living. This year there was a 22% reduction of individuals living in RCFs. Service coordination specialists also look at a barriers report, a top barrier was safety due to behavior. Eighteen different individuals funded at a crisis stabilization service, 22 of 23 stays were at Hope Wellness Center. Hope Wellness Center began billing Medicaid in the last year. Thirty-two Exception to Policy requests were received in FY19. Of those 32, 19 were approved as requested, 12 approved with revision to the request and 1 was denied.

- VIII. Advisory Board Terms Expiring 12/31/19 for Greene, Hardin – Tim Rogers, Marshall, Madison, Poweshiek, Story, Warren:** Karla Webb reviewed the terms expiring and thanked members for their service to the Advisory Board and CICS.
- IX. ID Action and Empowerment Conference:** Tim Rogers and Pete Williams discussed the conference held in Des Moines. Empowerment Conference had four workshops. Tim shared the first keynote speaker, Mark Smith, presented on the history of mental illness. Tim shared factors of mental illness learned at the conference. The ID Action Make Your Mark Conference was held in Coralville. A demonstration was performed regarding the Iowa Caucus and how the caucus works. Tim and Pete took away a lot of information from this conference and Iowa politics. Tim and Pete thanked CICS for supporting them to attend the conferences.
- X. Agency Update/Information Sharing:** Angela Tharp with NAMI CI shared there are multiple trainings coming up for facilitator trainings. One training is for In Our Voice. Are looking for providers to participate in Provider Training, the Provider training is a training shared with medical providers held as a panel presentation, three individuals sit on the panel for this training: person with lived experience, family member, and provider. NAMI Basics class for parents of young adults is coming up in October, this class can be taken online also. Connections will have a spring training for facilitators and Peer to Peer training in the spring. Wendie Cooper discussed concept of standardizing drop in center services, offering like programs and someone overseeing this within CICS. Betsy Stursma discussed are anticipating the Warren County drop in center opening later in October. Grace Sivadge discussed a book written by Patrick Kennedy that she read, Patrick was in Des Moines to promote Iowa for Change. Patrick is encouraging people to talk with candidates and participate in the caucus. Linda Romero shared are bringing together a group of concerned individuals to discuss homelessness in the winter time and how they can address this for individuals in need. Al Fagerlund shared Arc of Marshall County is looking to put information together regarding the caucus process to share with individuals. Brandon Greenfield shared he is doing work with Peer Support. It was shared about 600 individuals attended the Story County Mental Health Expo with Jake Sullivan. Greene County Schools in Jefferson is hosting Royce White on October 15th 6pm-7:30pm. Wendie Cooper discussed the Ending the Silence Program NAMI CI is offering, NAMI CI is encouraging every high school in CICS region to have a mental health club, currently Ames High School is the only high school that has this and they are looking at doing the green bandana project. Wendie discussed packaging the mental health club with the Ending the Silence Program, have a parent that presents and a young person that presents. NAMI CI would like help in getting to high schools in CICS region. Ames High School is looking to do the green bandana program to promote mental health awareness and support, students interested would get a green bandana, mental health resource cards to share with others, resources on what to say, and what to look for when

someone may need help. When the green bandana is tied to a person's bag then others know they are a resource. If know of a school contact person can refer them to Wendie Cooper or call the NAMI CI office.

XI. Next Meeting Date: January 14, 2020.

XII. Adjournment: Meeting adjourned at 3:00pm