



CICS

Supporting Individuals. Strengthening Communities.

CICS Children's Advisory Committee Meeting 12/9/19

Present: Morgan Bell, Robin Maas, Krystina Engle, Matthew Benson, Emilea Lundberg, Kendra Alexander, Andrea Dickerson, Dawn Rudolph, Lisa Heddens, Allie Wulfekuhle, Karie Foster,
On the Phone: Lori Price, Dejah Roman, Rita Baker, Kelly Olson, Clarissa Thompson

CICS Staff: Linn Adams, John Grush, Jill Eaton, Russell Wood, Jody Eaton, Karla Webb, Patti Treibel-Leeds, Betsy Stursma

Welcome and Introductions were made of Committee Members and CICS Administrative Team.

Discussion of meeting time was held, may be best to do a doodle poll to find a day/time that works well for committee members.

Discussion was held regarding what is desired outcome of the Advisory committee. Discussed learning what services supports are currently available for children, what are gaps/needs, trying to get services and supports with in the school system and where to get this support and what to do to help with situations. Often times things become a special education issue when it is a mental health need. When does a child enter "the system" and what does that look like for Medicaid and private insurance. Kids enter juvenile court services when there are not other services/supports available.

Heather Forbes, on-line training, the bases of aces. Teachers are not getting aces training in their educational training. Teachers are faced with many issues in the classroom with limited resources/supports. Winterset schools have school based therapy services available and are trying to take a team approach to working with kids. Trauma informed approach with the school was discussed.

It was noted behavior and impact of trauma is showing much earlier in children.

Emotional Intelligence is not being taught for children to learn how to manage their emotions. Discussed time lost from the classroom is challenging for teachers with the pressure of academic learning.

Discussed psychiatric evaluation with children that is being completed in Greene County schools and medication can be prescribed, referrals for therapy can be completed and consultation with the teacher and principle is available.

Legislation and Rules Overview: Implementation Progress and Next Steps: Jody Eaton discussed the legislation passed is the first step and is for children with serious emotional disturbance (SED), it does not address for children with substance use disorder, brain injury or developmental disabilities.

Current Children's Services and Service Implementation Plan Overview: Russell Wood discussed mental health disability services regions were given responsibility to develop a core set of services on or before July 1, 2020 and meet applicable access standards on or before July 1, 2021.

Additional services are to be developed by July 1, 2021 to include: behavioral health inpatient treatment, crisis stabilization community-based services, crisis stabilization residential services, early identification, early intervention and mobile response. CICS has mobile response available in all 11 counties, this service is provided by Eyerly Ball Community Mental Health Services and is available to all children and adults in the CICS region.

Russell reviewed access standards for behavioral health services, described education services and access standard for medication prescribing and management and definition of prevention. Russell reviewed behavioral health inpatient treatment, crisis stabilization community-based services and crisis stabilization residential services do not require a serious emotional disturbance diagnosis to access these services. Russell discussed definition of early identification and early intervention.

Iowa Administrative Code Chapter 24 and 25 provides additional information. Chapter 25 rules have been posted and are in the public comment period.

Andrea Dickerson noted YSS is doing a crisis stabilization residential pilot project in the shelter in Mason City.

Notification has been received that MCOs are limiting therapy to 24 outpatient sessions/year effective 1/1/20. Jody noted are discussing this issue at Mental Health Disability Services Commission. It was noted that there is not an appeal process to obtain additional sessions.

Service Tracts and Coordination Project: John Grush shared a Children & Family Behavioral Health Model that CICS is looking to use, this model shows six primary service tracts that a child may be involved in. This will be used by CICS Service Coordinators to help determine appropriate referral options for children.

Planning for Next Meeting: Jody will do a doodle poll to determine what day/time works best for future meetings. For committee membership still need a parent from Boone or Greene County and a pediatrician. A chair will need to be appointed at a future meeting and appointment of 3 advisory committee members to serve on the CICS Governing Board, these positions will include a parent, provider and educational representative.

