



CICS

Supporting Individuals. Strengthening Communities.

CICS Children's Advisory Committee Meeting

1/13/20

Present: Karie Foster, Matt Benson, Shirley Faircloth, Emilea Lundberg, Allie Wulfekuhle, Andrea Dickerson, Krystina Engle, Dawn Rudolph

By phone: Kendra Alexander, Clarissa Thompson, Rob Burdess, Lori Price, Dejah Roman, Rita Baker, Kelly Olson

CICS Staff: Jody Eaton, Russell Wood, Wendy Schmitz

Welcome and Introductions: Jody Eaton called the meeting to order at 2:00, and participants both in person and by phone introduced themselves.

Implementation Progress and Next Steps: Jody Eaton reviewed the legislative process that has led to the implementation of the Children's Advisory Committee, the process to date undertaken by CICS Administrative Team to meet legislative requirements, and an overview of what is expected to take place in the coming months. The Regional Children's Advisory Committee was created by having people apply to be on it to make sure all of the counties and all of the roles are represented. There are still some more roles to be filled. At next month's meeting, representatives will be elected from 3 categories that will sit on the CICS Governing Board. In order to comply with the Code of Iowa, CICS had to make some changes in the Regional Governance Board, and that has been completed. The next main step is to look at the Regional staff, and appointing or hiring 1 or more coordinators of Children's Behavioral Health Services. Some changes are in the works to the Regional Policies and Procedures manual. Also, the Annual Service and Budget Plan is in process and should be presented to the Governing Board this month. It will include the additional items required by legislation.

Identified Providers of Children's Services: Russell Wood distributed a draft version of the Review of Assessment and evaluation relating to eligibility for services. He explained that most likely the Coordinator for Children's Behavioral Health will be a specialist charged with providing training and support to the Region's Service Coordinators. This document would create a resource not only for Service Coordinators, but also for anyone looking for assistance within our Region. It does not include government entities such as AEA, DHS, nor does it include general practitioners or clinics not specific to mental health services. Russell would like members of the Committee to look through the list in the Draft, and provide feedback such as if there are providers on the list that are not currently in business, or if there are providers that are not on the list, and to also tell him if the providers serve more counties than the one(s) listed. Would then use this list as a tool for connecting families/clients with resources available. Please email Russell at russell.wood@cicsmhds.org with suggestions and feedback.

Discussed the income cap and sliding fee scale for funding children's services. These items are set as part of the legislature for the Children's services, and are different than CICS Adult fee scale and schedule.

Jody Eaton made an announcement that she will be retiring as of June 30, 2020.

CICS Legislative Priorities reviewed. (handout) - Russell provided a summary:

- We need to have enough money to pay for the services the legislature requires us to do
- Reimbursement rates – they need to be adequate to all providers from all funders so that the providers can maintain adequate staffing
- Crisis line – asking for the legislature to fully fund the crisis line and mobile dispatch
- Expand Children’s system. A significant portion of the population is being left out. There is a lack of formal coordination of Children’s services.

Discussion held on the benefit of funding services before there is a crisis. Also discussed barriers to getting children to therapy to receive services, as well as getting the parents/ rest of the family involved.

Election of Chair and Vice Chair

Jody discussed roles of Chair and Vice Chair, and asked if anyone would like to volunteer for these rolls. Kelly Olson volunteered. Shirley Faircloth nominated and Matt Benson seconded the motion for Kelly Olson to be Chair. Motion passed unanimously. Shirley volunteered for the roll of Vice Chair. Kari Foster nominated, and Andrea Dickerson seconded Shirley Faircloth to be Vice Chair. Motion passed unanimously.

Jody identified the individuals of the committee who would be eligible to be chosen to represent this committee on the CICS Governing Board. Those people will be chosen at the next meeting. One of the requirements is to attend the CICS Governing Board meetings, which are held on the 4th Thursday of each month in Nevada.

Discussion on utilizing Zoom meetings for this committee rather than conference calling in the future.

Prevention and Education Discussion: Jody reviewed the information she had distributed along with the agenda on services available in Jasper County. The floor was opened for discussion, and members were encouraged to share resources they have available in their county. Jody asked for suggestions of other events they would like to see CICS promote. Suggestions made included Suicide prevention, and QPR training. Information about MHFA was also shared. If any events come up, please share with Jody and she will send it out to the group, and possibly put them on CICS Social Media (Facebook).

Planning for Next meeting: Continued expansion of the Providers and Services list. Shirley discussed Families First, which encompasses DHS, Juvenile Court, and the providers. The focus is on promoting community-based providers rather than institutional-based services. There is interest in having a speaker at a future meeting to provide a more in-depth explanation on the Families First program.

Discussion on also having a speaker present on defining the services referenced in the Services and Providers list, how they are funded, and who is eligible.

Rita shared that the Children's MH roundtable will be March 4 in Newton if anyone is interested in attending to see what their model looks like.

Next meeting will be February 10th at 2pm

Meeting adjourned at 3:30 pm

