



# CICS

Supporting Individuals. Strengthening Communities.

## **CICS Children's Advisory Committee Meeting**

**3/9/20**

**Present:** Allie Wulfekuhle, Lori Price, Andrea Dickerson, Dr. Jack Swanson, Krystina Engle, Emilea Lundberg, Lisa Heddens, Robin Mass, Rita Baker, Clarissa Thompson, Kelly Olson, Shirley Faircloth, Matthew Benson, Kelli Kaspers.  
CICS Staff: John Grush, Robin McKee, Russell Wood.

**Welcome and Introductions:** The meeting was called to order at 2:00.

**Approval of the 3/9/20 agenda:** Motion to approve the agenda made by Robin Mass, seconded by Emilea Lundberg. Motion carried unanimously.

**Approval of the 2/10/20 minutes:** Motion made to approve the minutes with corrections of changing Robin McKee to Robin Maas. Motion to approve by Lisa Heddens, seconded by Matt Benson. Motion carried unanimously.

### **Diagnosis:**

- **Kelly Olson** – was DMD – Disruptive Mood – AXISI. ADHD has moved to neurological impairment.
- **Russell Wood** – explained 225C – Iowa Code for SED. He did look at MCO & Children's Mental Health Waiver.
- **Jack Swanson** – said ADHD – agreed about some met the level

Russell offered that Robin McKee could research the SED diagnosis that we would fund. Kelly Olson felt it would be appropriate to explain further.

Russell talked about developing services and resources that we will develop within our Region. Russell explained how the state set up Children's Behavioral Health Services/program. Allie W. would like to see definitions. Lisa Heddens wondered if all Regions will do services the same. Dr. Jack wondered about eating disorders/PICA. Russell talked about checklist for SED from Oklahoma. Allie wanted to know about diagnosis. Do you have to have a functional impairment? Kelly explained the impairment is important. Russell handed out Children's Behavioral Health, we will send out to all.

### **Presentation**

Megan Thompson and Mindi Watters with First Five provided handouts and information. No income requirements – 0-5; refer by medical provider; they can access a registered dietician; connected with Child Health Specialty Clinic on website that doctors have signed up.

Lisa Heddens asked how do doctors track? Doctors like the report by then First Five workers try to meet with parents to access those services – parents don't always follow them. Dr. Jack talked about refer taking time, doctor and parents. Robin Maas did agree with time consuming to complete paperwork. Lori Price stated they do the paperwork through WIC and if on Title IX she can refer to AEA.

Referral – try to contact/call within first 48 hours, can help with transportation, can work with families and AEA also.

At 3:00 p.m. other items were discussed. Would people be interested in Zoom meeting instead of this conference call? Materials ahead of time to be scanned out. Goals of committee. AEA to speak – what gets an IEP for behavioral health? SED – what does that mean? Andrea Dickerson said she also checked on the SED list and agreed that it is quite broad. Let's talk about what prevention means. Russell said we can email out definitions. Russell talked about what training/prevention will look like in our 11 counties.

Next meeting is scheduled for April 13 at 2pm.

Meeting adjourned at 3:15 pm

