



CICS

Supporting Individuals. Strengthening Communities.

CICS Children's Advisory Committee Meeting 03/29/23

Present: Allie Wulfekuhle, Karie Foster, Kendra Alexander, Andrea Dickerson, Shirley Faircloth, Lisa Heddens, Dawn Rudolph, Joy Meinders, Dr. Jack Swanson. **CICS Staff:** Robin McKee, Betsy Stursma, Jarica White and Russell Wood.

Welcome and Introductions: The meeting was called to order at 12:00 pm.

Approval of the 03/29/23 agenda: Motion to approve the agenda made by Dawn Rudolph, seconded by Karie Foster. All ayes, motion carried.

Approval of the 01/31/23 minutes: Motion to approve the minutes by Dawn Rudolph, seconded by Karie Foster. All ayes, motion carried.

Betsy Stursma presented the amendments for the FY23 Budget. She then went through the FY24 Budget and highlighted what services the Region will fund/expand for children and family services. Stursma also presented on system building and sustainability. She spoke about the possibility of moving into a co-responder program with mobile crisis where it would be a worker and law enforcement that would respond. She also updated the group on adult crisis services. Lisa Heddens asked about the ARCH program in Story county and Stursma did say that there is conversation about how that would all fit in with the services. Stursma said that there is startup money for an ACCESS center for our Region. Stursma stated that the Region is looking into a forensic care program, ACT for children and continuing to research services to expand for children.

Robin McKee spoke about the YSS Suicide prevention that will be started in 10 schools yet this year and then 10 more the following year with the hope that it will continue until all schools in the Region have this service. Robin also spoke about the regular contact that the local Service Coordinators have with all the schools in their counties. Stursma updated the group on the Destroy Illusion program that is coming in May to Webster City, Iowa Falls, and Colfax-Mingo schools. She also spoke about the possibility of setting up Brain Health Retreat Rooms in school districts in our Region.

Russell Wood then spoke about the Regions funding mental health vs DeCat funding from HHS. He did state that all funding requests are taken to the Governing Board and they determine if a program will be funded. He suggested that anyone can fill out an unsolicited funds form and Robin will send that out to the group. He also suggested that Robin can send it to the local DeCat coordinator who can then pass it on to other coordinators. Shirley Faircloth commented that she hopes that all agencies work together to provide services. Wood also spoke about working on shelter care costs for FY24.

We then talked about topics for the next meeting in May. We will talk about the Crisis Network Coordinators and shelter care outreach.

Motion to adjourn by Karie Foster, seconded by Andrea Dickerson. All ayes, motion passed.

Next meeting is scheduled for May 31, 2023 at noon in person in Ames with the option of Zoom available.