

**Central Iowa Community Services Regional Board Meeting Minutes**  
**October 25, 2018**  
**Story County Administration Bldg., Nevada, IA**

**Board Members Present:** Hamilton-Doug Bailey, Story-Marty Chitty, Poweshiek-Diana Dawley, Hardin-BJ Hoffman, Marshall-Bill Patten, Warren-Dean Yordi, Jasper- Joe Brock, Advisory Board Representatives Wendie Cooper and Terry Johnson.

**Counties/Members Absent:** Boone, Franklin, Greene, Madison.

**Others Present:** Deb Schildroth, Karen Walters-Crammond.

**Administrative Team Present:** Jody Eaton, Jill Eaton, Linn Adams, Betsy Stursma, Karla Webb, Patti Treibel-Leeds, Russell Wood, and John Grush.

**Agenda and Minutes.** Board Chair Bailey called the meeting to order and introductions were made. He asked that an update on the consultation report and proposed letter to governor-elect (discussion/informational) be added to the agenda. Hoffman moved, Brock seconded to approve the agenda as amended with the addition. All voted aye. Chitty moved, Patten seconded to approve the September 27, 2018 meeting minutes. All voted aye.

**Administration**

**Conflict of Interest.** Board members were encouraged to use their discretion regarding any conflicts related to contract items or other business on the agenda.

**Cerro Gordo Request To Join CICS.** Jody Eaton reviewed the letter that was received from the Cerro Gordo County Board of Supervisors withdrawing their request to join CICS. Hoffman and Chitty asked that the minutes reflect the due diligence and the information gathered by the Administrative Team in reviewing their request. Dawley moved, Brock seconded to approve the withdrawal of the request from Cerro Gordo County. All voted aye.

**Supplementing Medicaid.** Jody Eaton briefly reviewed the State Workgroups and preliminary reports for the Childrens Behavior Health, Tertiary Care, and Commitment Workgroup. Eaton and Wood reported that DHS had recently told providers that they could go to MHDS regions for supplementing Medicaid, yet the regions' mission is to fund those not eligible for Medicaid. Federal rules also limit "balance billing" for Medicaid funded services and supplementing. There are big issues and financial exposure if we open up to supplementing Medicaid. Eaton is getting an expert opinion and will share with the Board.

**Consultation Update-Phase 2 Progress Report.** Grush reviewed the written progress report that was provided to Board. He reported that one other region has signed an MOU to participate in this project and at least 2 others are considering it.

**Letter to Governor-Elect.** In June the Board discussed sending a letter. Grush presented a draft letter to be sent immediately after the election and list of topics to be discussed at a meeting with the Governor-Elect. Comments on the letter should be to Grush or Jody Eaton by next Tuesday. The Administrative Team will review at meeting next week.

**Making A Difference—FY 18 Service Coordination Annual Report.** Stursma and Adams reviewed with the Board the sections of the written report. The number of individuals served increased to an average of 647/month in FY 18, a 12% increase. The number of applications processed increased 16%. The Barriers Report Summary showed the primary barriers to individuals moving to a community based level of service.

The number of Assessments completed by the Specialists increased in FY 18. 128 individuals were funded that were on an HCBS and/or Hab Services waiting list at a cost of \$597,152. Other details are found in the report.

### **Finance**

**Claims.** Patten moved, Chitty seconded to approve the reports of CICS claims paid on October 9, 2018, totaling \$223,161.77 and October 23, 2018 totaling \$510,435.23. On a roll call vote all voted aye.

**Financial Reports.** Jill Eaton presented the report for FY 19 ending September 30th. Total expenditures year-to-date were \$2,881,960.

### **Operations**

**FY 19 Contract Amendments.** Webb presented FY 19 contract amendments for Crossroads Mental Health Center and Optima Life Services. The Optima amendment will change the jail diversion program to a block grant service similar to all other such programs in the region. Patten moved, Chitty seconded to approve both amendments. All voted aye.

**Psychiatric and LISW Incentive.** Webb presented a written proposal that was approved by the Administrative Team to offer financial incentives for increasing access to outpatient services in areas of need. The program is for the current fiscal year. The incentives would be for psychiatric prescribers, and ARNP, PA, and LISW credentialed providers. If utilized, the incentive will require a contract amendment with the employing agency. Hoffman moved, Yordi seconded to approve the Incentive Plan. On a roll call vote all voted aye.

### **Planning**

**Warren County Drop In.** Following review of proposals received from the RFP, the Administrative Team has recommended moving forward with Central Iowa Recovery (CIR) for the project, however, a different location is needed for the drop-in from that proposed in the proposal. Chitty moved, Dawley seconded to award the contract to CIR contingent on securing a location that meets the needs for Warren County Drop-in. All voted aye. The actual contract will be brought back to the Board for approval.

### **Quality Assurance**

**Crisis Mobile Response Report and Training.** Treibel-Leeds reported on data for the first quarter of FY 19 for the new program. Calls were 45 in July, 50 in August, and 60 in September. Response time was from 42 to 60 minutes. She also reported on upcoming trainings. Contact Treibel-Leeds to schedule a training for next year.

**Public Comment, Next Meeting and Adjournment.** There were no public comments. The next meeting will be November 29, 2018 at 1:00 at the Story County Administrative Building in Nevada. Patten moved, Yordi seconded to adjourn. All voted aye.

Minutes respectfully submitted by Linn Adams.

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Linn Adams, Recording Secretary

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Doug Bailey, Board Chair