



# CICS

Supporting Individuals. Strengthening Communities.

## Regional Governing Board Meeting Minutes

August 27, 2020

Electronic Meeting via Zoom

**Board Members Present:** Boone, Franklin, Hamilton, Hardin, Jasper, Madison, Marshall, Story, JD Deambra, Julie Smith, Allie Wulfekuhle. **Counties/Members Absent:** Warren, Greene, Poweshiek, Robin Maas, Krystina Engle. **Administrative Team Present:** Linn Adams, Patti Leeds, Betsy Stursma, Karla Webb, Russell Wood. **Others Present:** Dejah Roman, Kendra Alexander, Cindy Duhrkoph, Mark Campbell, Jen Sheehan, Karl Helgevold, Rob Burdess, Niki Conrad, Karen Dowell, Todd Lange, Chris Watts, A Leu, Sandy Loony.

Chair Patten called the meeting to order. Chair called for public comments. No Public comments were made

### Agenda & Minutes:

Request to add an amendment to the agenda for the upcoming meetings in November and December. November 19 and December 17, 2020 for GB meeting. Due to the holidays.

Board Chair asks for motion to approve the August 27, 2020 agenda as presented. Motion by Hoffman, Second by Talsma. Motion carried.

Board Chair called for a motion to approve the July 30, 2020 Board minutes. Motion by Bailey, Second by Behn. Motion Carried.

### Administration (Russell)

Conflict of Interest items. Russell stated if you serve on a board of an agency, have a financial interest or family member you should abstain from voting.

CEO report: Admin team has continued to meet on CARES Act money. Continuing to transition as we have moved to a new 5-member admin team. Doing more smaller group meetings. Russell includes admin team members at various levels in meetings with the State and other entities.

28E Changes Greene County will be added back in. Majority of quorum are voting members. October 24<sup>th</sup> voted to add voting members which took effect in November.

Board Chair asks for motion to approve changes in the 28 E Agreement changes. Motion made by Bailey, second by Talsma. Ayes carried, one Nay. Roll call vote. Ayes: Boone, Franklin, Hamilton, Madison, Marshall, Story, JD Deambra, Allie Wulfekuhle. Nays: Jasper.

Board Chair asks for motion to approve the changes in the by-laws. Motion made by Talsma, Second Bailey. Ayes carried. Roll call vote. Ayes: Boone, Franklin, Hamilton, Jasper, Madison, Marshall, Story, JD Deambra, Allie Wulfekuhle.

Cares Act Dollars 3.2 million was given to the CICS region. The money has been sent to Story county on August 17<sup>th</sup>. Admin team has agreed to look at doing mini grants to providers and schools. They can apply for up to 10, 000 to address COVID and mental health. Some of the idea's admin team have been looking at are:

- telehealth
- training for staff
- protective equipment
- hazard pay for staff
- paying for staff to work in residential with COVID 19 individuals
- first responders
- police departments
- nursing homes
- assisted living facilities
- elder services Having the ability to do telepresence in our drop-in centers by providing equipment for them to check out and participate in activities remotely.
- Option of getting providers equipment to give individuals virtual tours of RCF's, Hab homes etc.

Patti will be doing personal outreach to all the entities regarding the grant issues. Assess what may be needed and do larger projects region wide. Hardin county did approve upgrade for CDC compliance in their county. We were able to use dollars for COVID related issues for county service buildings. Patti will be reaching out to county liaisons to see what local offices need.

**Cerro Gordo County and Webster County inquiry into potential membership:** Betsy and Russell met with the counties to tell them about our structure. How they want to structure/or possibly bringing them into our region. This was for information only. Russell felt the meeting went very well. Russell and Betsy had conversation with Marissa Eyanson from DHS. If things are not resolved DHS can assign counties to other regions. Administrative cost would go down if we did take on other counties. Provider contracts would need to be looked at. Betsy stated bylaws, personnel polices were given to them to understand how we operate.

**Questions raised during the discussion time were:**

Lauris Olson (Story) asked will each supervisor on the governing board take it back to their boards to get input from them. BJ Hoffman (Hardin) agreed it needed to go back to local boards for information.

Chad Behn (Boone) asked about the CARES act giving us any fiscal advantage. Russell stated we need to spend CARE Dollars by the end of this year.

Mark Campbell (Webster) stated he felt the conversation was beneficial to them. They do not want to harm any other counties but prefer to benefit another region. The two counties combined would bring in over 78,000 individuals. They also bring along many providers. Chris Watts (Cerro Gordo) felt the meeting was good, looking at CICS because of their leadership. Bill Patten (Chair) stated the discussion was a



good thing to do. Some positive things to be gained by adding the counties and is willing to look at those things.

Chad Behn (Boone), asked if it is a package deal, and what are the reasons they were wanting to leave? CICS could vote separately and take only one county. Service development was one of the reasons for leaving the region. Mark Campbell (Webster) stated they appreciate where our region is, and they feel they want to mirror our region. Looking for services our counties do not have.

Doug Bailey (Hamilton) voiced concerns about this being done in the next couple of months. He felt it does not provide a lot of time to explore. It is concerning that the counties have had trouble in their own region and our region has not had problems. What happens to Wright and Humboldt if we take on Webster and Cerro Gordo. He feels we need to let DHS do their job. Carl Helgvold (Wright) stated that DHS is currently involved and would like to see where that goes. Lauris Olson (Story) asked if there was consensus with other board members on leaving the region. Both counties agreed that other board members are ok with looking at joining CICS. Mike Nolte (Franklin) did reach out to CSS region in the beginning when Franklin was looking at regions and decided it was not the region, they felt fit well.

Brandon Talsma (Jasper) will we as a board revisit this? It was decided we will revisit every month until we decide. Hoffman (Hardin) concurred with Brandon that we do not put this on the back burner. He would like to have something to take to his board to inform them. Phil Clifton (Madison) stated we talked about adding Greene and it was a small county who did not change things much for us. Feels it is a bigger thing adding the two additional counties, something to think about. Mike Nolte (Franklin) asked if we will have a committee to look at all the issues that we need to consider before bringing them on. Russell stated he is not trying to convince we need to grow or add counties to our region. He stated the staff you have hired have the capability of managing growth. Chad Behn (Boone) asked If there is an official request how big can we grow, in numbers and financially. Chris Watts (Cerro Gordo) Would the board have any problem with the two counties having additional conversations with admin staff. Lauris Olson (Story) said that you can never have too much information. Bill Patten (Marshall) agreed that it would be okay. Doug Bailey (Hamilton) it would be nice to know what DHS process is, or what the protocol is and what they are doing.

## **Finance**

Betsy presented the July Expenditure Report. This format is closer to what you see in your individual counties. Looking at how much was spent and how much was left.

Betsy presented the claims for July 28-August 25. Board Chair asks for motion to approve July 28, 2020-August 25, 2020 claims. Motion made by Bailey, second by Talsma. Motion carried. Roll call vote. Ayes: Boone, Franklin, Hamilton, Hardin, Jasper, Madison, Marshall, Story, JD Deambra, Amy Wulfekuhle.

Betsy reported on the fiscal policy update it has been presented to finance committee Changes made

1. Deposits into the regional pool fund account, taking tax asking and sending to fiscal agent. Send notice twice a year due to the fund balance.
2. When a county withdraws from region and cash flow, they would take with them, updated policy on the legislative population, percentage on county population.



## **Fiscal Policy Update**

Board Chair asks for motion to approve Fiscal Policy update. Motion made by Talsma, second by Hoffman. Motion carried. Roll call vote. Ayes: Boone, Franklin, Hamilton, Hardin, Jasper, Madison, Marshall, Story, JD Deambra, Allie Wulfekuhle.

Betsy gave an update on the fund transfer request from Franklin, went to the finance committee. Transfer of 200,000 to Franklin County. Reason for the need, Russell went to 100% when he became CEO and they employee two regional employees. They would be in the negative unless we move the money.

Funds Transfer Request from Franklin County: Board Chair asks for motion to approve fund transfer request form Franklin County. Motion made by Bailey, second by Behn. Abstained: Nolte. Motion carried. Roll call vote. Ayes: Boone, Hamilton, Jasper, Madison, Marshall, Story, JD Deambra, Allie Wulfekuhle. Abstentions: Franklin

## **Operations (Karla)**

Adult Advisory Appointment – Nikki Fischer (Provider Rep from Boone)

Board Chair asks for motion to approve Nikki Fischer as the provider representative from Boone county to serve on the Adult Advisory Group. Motion made by Deambra, second by Olson. Motion carried.

FY21 Provider Agreements and Amendments: Karla presented the agreement and amendments Achieve Mental Health, Inc. Board Chair asks for motion to approve Achieve Mental Health Inc., Optima Life Services, Prairie Ridge Integrated Behavioral Healthcare and Youth Emergency Service and Shelter agreements and amendments. Motion made by Talsma. Second by Bailey. Motion carried.

Community and Family Resources: Board Chair asks for motion to approve Community and Family Resources contract. Motion by Clifton, second by Talsma Motion carried. Abstentions: Bailey, Olson.

Chair adjourned the meeting.

Next Meeting – September 24, 2020

## **Future Meeting Dates**

- October 22, 2020
- November 19, 2020
- December 17, 2020

