



CICS

Supporting Individuals. Strengthening Communities.

Regional Governing Board Meeting Minutes September 24, 2020 Electronic Meeting via Zoom

Board Members Present: Board Members present: Franklin, Hamilton, Hardin, Jasper, Madison, Marshall, Poweshiek, Story, Warren, JD Deambra. Board members absent: Amy Wulfkuhle, Robin Maas.
Counties/Members Absent: Boone, Greene, Robin Maas, Allie Wulfkuhle. **Administrative Team Present:** Linn Adams, Patti Leeds, Betsy Stursma, Karla Webb, Russell Wood. **Others Present who participated in agenda items:** Mark Campbell – Webster County Supervisor, Karl Helgevold – Wright County, Chris Watts-Cerro Gordo, Karen Dowell-Interim CEO County Social Service Region.

Agenda & Minutes

Motion to approve the September 24, 2020 agenda. Motion by Dawley, second by Hoffman. All ayes, motion carried.

Chair asks for motion to approve the August 27, 2020 minutes. Motion by Clifton, second by Talsma. All ayes, motion carried.

Administration (Russell)

Russell walked through the attachment to the Agenda and financials of the counties who are wanting to join the CICS region. The administrative team did vote today. It was unanimous to add Wright and Cerro Gordo. It was a 4-1 vote to add Webster County. It is now being brought to the Governing Board.

Comments/questions:

BJ Hoffman: Hardin would feel comfortable getting info from CEO and Linn to the Hardin Board. More comfortable tabling until next meeting.

Lisa Heddens: Story County would like more information. Story board would want to discuss in open session.

Bill Patten: Providers that are in the three counties that we don't have can add to the services we can do. Are we at a place that we have an idea that providers can cover the areas we need? It was identified that it would not be expected that all providers would be able to provide all their services in every county.

Chris Watts, Cerro Gordo: Services we bring and the leadership in place with CICS is great. 100% on board with going with CICS by the Cerro Gordo board.

Mark Cambell, Webster County: Webster County board is 100% on board with joining CICS region.

Karl Hegelvold, Wright County: Wright County has been members with CSS region for several years. They are concerned about where it puts them, if Cerro Gordo leaves. They are happy in CSS region, but would rather choose who they join then be appointed.

Diana Dawley: What is the reason you want to leave the region you are in now? Webster County likes our format we fund services. They want to make sure their providers are paid. Cerro Gordo echoes what Webster county said. Looking at CICS for simplicity and leadership skills.

Brandon Talsma: noted make sure we talk with counter parts so we can take action in October.

Doug Bailey: Hamilton has had conversations with other board members. Concern that he does have, given the combative nature of CSS over the past years, he is not interested in bringing in the chaos of CSS. What he has an issue with is the Webster and Cerro Gordo board reps, would they be willing to step down on the Governance board. Cerro Gordo will step down and so will Webster County.

Motion by Hoffman, Second by Heddens to table the decision until the October Governing Board meeting. Motion carried. Roll call vote: Ayes - Franklin, Hamilton, Hardin, Madison, Marshall, Poweshiek, Story, JD Deambra. Nays – Jasper, Warren. Not in Attendance: Boone, Greene, Robin Maas, Allie Wulfekuhle.

Finance:

Stursma shared the claims report for September 8 and 22, 2020. Motion by Talsma, second by Heddens to approve claims. Motion carried. Roll call vote: Ayes - Franklin, Hamilton, Hardin, Jasper, Madison, Marshall, Poweshiek, Story, Warren, JD Deambra. Not in Attendance: Boone, Greene, Robin Maas, Allie Wulfekuhle.

Stursma share the expenditure report for August, 2020.

Next month there will be a budget amendment with the CARES dollars. Allocating cares dollars to outpatient, medication management, SCL and drop-in centers along with school's education expense.

Planning & Development: We have used TRILIX in the past and Betsy has reached out to them to do a marketing campaign for us. Betsy met with them to do a mental health awareness campaign. Possible videos to create a different medium to promote mental health. Video topics will be pandemic fatigue, anxiety/depression, children's mental health and impact of COVID 19, suicide prevention, stress management. Marketing our mobile crisis. Info about CICS services and supports, Farming/agriculture, elderly population. Reaching out to front line staff. radio spots, digital ads and posters, along with a COVID 19 resource page. We have a short time frame to get things done, but we have worked with them and are confident they will help us move this along.

Patti gave update on grants; Currently we have issued grants up to \$10,000 to:

- Newton Community Schools
- Colo Nesco Community Schools
- Montezuma Community Schools
- Alden Elementary School
- Winterset Community Schools
- Norwalk Community School District
- Optimae Life Services



Iowa Falls Community Schools
Eyerly Ball (just under \$15,000)

Currently working on:

REM
Central Iowa Recovery
Imagine the Possibilities
FIA Friendship Club

An update of CARES Dollars that are being used by the Counties in CICS was given. Local offices are in need of COVID related items to ensure safety as they are reopening. All county offices were notified to give a list of their needs to Planning and Development and to go ahead and order what they need.

Crisis stabilization: Russell commented about the work that we have been doing on this project with Eyerly Ball. CICS is working with EB on making this happen. Adding potential on call therapy for Mobile Crisis. The budget is a little over 200,000. We will be talking to admin team. Target date December 1, 2020. Could possibly use CARES ACT dollars for part of this project.

Access Center designation: Looking at where they are located. We are looking more at a network approach. We want to get people somewhere as quick as possible. Access Centers that are established are pretty far away. We are terminating current contract with SIMHC and going to have board designate them for Poweshiek and Jasper.

Operations: Board Chair asks for motion to approve Kadel Medical Services contract. Motion by Clifton, second by Bailey. Motion carried.

Board Chair asks for motion to approve the Southern Iowa Mental Health Center Contract termination. Motion by Heddens, second by Dawley. Motion carried.

Board Chair asks for motion to approve the Access Center MOU for Southern Iowa Mental Health Center for Poweshiek and Jasper. Motion by Talsma, second by Deambra. Motion carried.

Karla shared information on the current contract with SIMHC.

Public Comments: None

Next Meeting is October 22, 2020.

Motion to adjourn. Motion by Heddens, second by Clifton.

Patti Leeds, Recording Secretary

Bill Patten, Board Chair

