



# CICS

Supporting Individuals. Strengthening Communities.

## Regional Governing Board Meeting Notes November 19, 2020 Electronic Meeting via Zoom

**Board Members Present:** Boone (Chad Behn), Greene (Dawn Rudolph), Hamilton (Doug Baily), Hardin (BJ Hoffman), Jasper (Brandon Talsma), Madison (Phil Clifton), Marshall (Bill Patten), Poweshiek (Diana Dawley), Story (Lisa Heddens), JD Deambra, Andrea Dickerson, Kendra Alexander. **Absent:** Franklin (Mike Nolte), Warren (Aaron DeKook), Allie Wulfekuhle. **Admin Members present:** Betsy Stursma, Linn Adams, Patti Leeds, Russell Wood, Karla Webb.

### Agenda

Request to add an amendment to the agenda for the addition of the YSS CARES Act Grant. Board Chair calls for a motion to approve the November 19, 2020 agenda as amended. Motion by Hoffman, second by Clifton. Motion carried.

### Minutes

Board Chair calls for motion to approve October 22, 2020 minutes. Motion by Heddens, second by Dawley. Motion carried.

### Administration (Russell - CEO)

Children's Behavioral Advisory Committee member appointments. Russell presented the two names for approval to serve on the Children's Advisory Committee. Andrea Dickerson as the provider rep and Kendra Alexander as the education rep and she would have a vote. Board Chair asks for motion to approve Andrea Dickerson and Kendra Alexander to the Children's Advisory committee. Motion by Talsma, second by Heddens. Motion carried.

Russell Wood talked about staff members and working in the office during covid. If counties let staff work from home, boards need to contact Linn to make sure services will still be available for meeting with the people. Russell Wood stated we did have staff inquiring about working from home.

Russell Wood gave information regarding counties joining CICS and staffing patterns. Currently the structure of new member counties will be as follows:

Cerro Gordo – office manager and two service coordinators

Webster County – one service coordinator and one office manager – will reevaluate as needed

Wright County – one service coordinator and part time office manager

Russell Wood stated we will follow county protocol for hire. Doug asked question about our liability for services in the three counties that have not been paid for. Russell Wood stated we would not be liable.

Russell Wood gave an update on the 28E. We will need signature pages from the three counties that will become members of CICS. Once we have the signature page it will be added to the Secretary of State's office

website. Board Chair asks for motion to approve the amended 28E agreement. Motion by: Rudolph, second by Talsma. Motion carried. Roll call vote: Boone, Greene, Hamilton, Hardin, Jasper, Madison, Marshall, Poweshiek, Story, JD Deambra, Kendra Alexander.

### **Finance (Betsy)**

Claims November 3, 2020 and November 17, 2020: Board Chair calls for motion to approve claims for November 3 and November 17, 2020. Motion by Dawley, second by Heddens. Motion carried. Roll call vote: Boone, Greene, Hamilton, Hardin, Jasper, Madison, Marshall, Poweshiek, Story, JD Deambra, Kendra Alexander.

Betsy Stursma also gave an update on the October Expenditure Report.

### **Planning (Patti) CARES Dollar Updates**

Cares Act Dollars Update: CICS recieved several grants, 11/18/20 at 12 pm was the cut off for grant applications. All funds need to be expended by 12/30/20. We have to return any remaining funds to the state of Iowa by 1/3/21.

### **Operations (Karla)**

FY20 Annual Report: Karla walked the board through the report. The report provides information on services provided and what was spent. Report is due December 1, 2020. The annual report was sent to the children and adult advisory board last week. Pages 3-5 is the introduction to the report. Pages 6-8 identify the services provided and number of individuals served. Page 9 indicates where we are at in access services. Services we are currently working on are sub acute IRSH, ACCESS network and ACT services. Pages 9-12 indicate the dollars that were expended. Pages 13-14 indicate revenue and county levy information. We are still working on gathering the revenue. Betsy is working on gathering information from the Department of Management. It will then be put in the report. The report will then be sent to the board. Pages 14 and 15 indicate service development that has occurred. Pages 16-18 indicate accomplishments. Mobile response has increased from last year. Partnership with NIVC services for employment. 43 North Iowa can bill medicaid for IPS. There have been 17 out of 26 who have gained employment. Pages 28-32 indicate ongoing collaboration with all the partners we work with. Once report is approved it will be put on CICS website and DHS website. Board Chair asks for motion to approve the FY 20 Annual Report. Motion by: Talsma, second by Bailey. Ayes Carried.

### **Cares Act Large Grant MOU's (Patti)**

Patti addressed the grants that have been processed. Eleven grants were denied.

Imagine the Possibilities, asking for \$137,319.21, seeking reimbursement for incurred costs, we indicated early on that we would fund items going forward so were denied for that reason.

Central Iowa Psychological Services requesting \$201,750. Denied as we had awarded a grant to Eyerly Ball CMHS and determined it would be a duplication of services.

YSS in Marshalltown for remodel costs \$350,147/\$497,737. Denied as due to time frame in completing the projects in a timely manner before 12/30/20.



Southeast Warren CSD requested \$10,000 for funding of concrete and labor costs, denied as did not think this was reasonable cost.

Webster City Fire Dept. requested \$7989.79. Denied as we felt they needed to access local funds.

Bailey Park Elementary \$18,000 request for yoga training. We thought it was unrealistic they could complete the training by the timeframe required. Also denied pet therapy, because did not know who the pet owner would be. BJ contacted Bailey Park Elementary and they indicated they would be willing to do the work on this on the weekend and could get it done in time by 12/30/20. With the therapy dog, the dog is already in service but is unable to go to the school because of COVID, the dog trainer would like the dog to have remedial training to stay competent. BJ commented that may have missed opportunities with not looking into this further. Russell explained many grants were run by other regions and pet therapy was not something other regions would be willing to fund. BJ would like to have a reconsideration of some of the denials rather than money being sent back to the state. Russell explained the process taken to reach out to school districts throughout the region. One of the things heard from providers and schools was that they can only spend so much money.

BJ anticipated denial of United States Sea Cadet Corp, BJ thinks there is some discrepancy there as well as they are 501c(3), he has looked at the application. Russell explained this entity explained they are an official part of the United States Navy, Russell has concerns as these dollars are for mental health dollars from the Federal Government and did not think could provide the funds to a Federal entity. The request was for flight training.

Marshalltown School District, was asking for \$9,960.00 funding for MHC to come in and provide their school with consultation, support. Denied as we have Eyerly Ball already available to work with schools to provide these services and determined this would be a duplication. They also wanted funding for videos they previously made.

Newton CSD was asking for \$66,958.00 to fund for consultation services. Denied as we did not think they could expend the funds by 12/30/20.

Naval Sea Cadets discussed earlier.

Please Pass the Love, contract for mental health professionals, we were already funding a lot of the services in the schools by a grant directly with the schools and did not approve their application. Russell shared other regions also are funding this service with either Please Pass the Love or school districts and have learned Please Pass the Love may have limited staff, if they are unable to provide the service then the school districts/provider will need to return the funds to CICS.

Baxter Community School District – \$11,195.16.

Request for curriculum training for Capturing Kids Hearts, nurse, PPE. We did not approve the funding for the school nurse, recommend funding for the curriculum and PPE. Board Chair asks for motion to approve Baxter



CSD grant. Motion by Talsma, second Hoffman. Vote on motion: Boone, Greene, Hamilton, Hardin, Jasper, Madison, Marshall, Poweshiek, Story, Kendra Alexander. Motion carried.

#### Capstone Behavioral Healthcare - \$20,093

Looking at purchasing a vehicle for peer drop in center, supplies and meals for clients who are not getting out of the house, prepaid phones for clients to check out for connecting with family, case managers, zoom connect and conference room chair upgrades. Board Chair asks for motion to approve Capstone Behavioral Healthcare grant. Motion by Bailey, second by Rudolph. Vote on motion: Boone, Greene, Hamilton, Hardin, Jasper, Madison, Marshall, Poweshiek, Kendra Alexander. Motion carried.

#### Central Iowa Recovery - \$19,479.89

Their proposal included isolation units and protective clothing. We did not fund the isolation units, requested \$156,414.55. Recommend funding for air purifiers, IPADS for clients to be able to connect with family members, practitioners, case managers. Russell explained we have approved a lot of technical equipment and per FAQs technology equipment is allowable for CARES funds. Brandon expressed concern for purchasing Apple IPADS due to the cost. Board Chair asks for motion to approve Central Iowa Recovery grant. Motion by Dawley, second by Hoffman. Vote on motion: Boone, Greene, Hamilton, Hardin, Jasper, Madison, Marshall, Poweshiek, Story, Kendra Alexander. Abstaining: Jasper. Motion carried.

#### Challenge to Change - \$20,000

Six schools have signed on to receive Challenge to Change services which includes yoga training for brain health. Three schools in Marshall and three schools in Boone. Board Chair asks for motion to approve Challenge to Change grant. Motion by Hoffman, second Talsma. Vote on motion: Boone, Greene, Hamilton, Hardin, Jasper, Madison, Marshall, Poweshiek, Story, Kendra Alexander. Motion carried.

#### Community and Family Resources - \$19,136.20

CFR has seen an increase in individuals needing mental health/co-occurring services and requested funding for disinfectant air foggers, laminent flooring to help with easier cleaning/disinfecting. Approved their full request. Board Chair asks for motion to approve CFR grant. Motion by Talsma, second Dawley. Vote on motion: Boone, Greene, Hardin, Jasper, Madison, Marshall, Poweshiek, Story, Kendra Alexander. Abstaining: Doug Bailey. Motion carried.

#### Greene County School District - \$15,000

Requesting \$20,000 for funding youth mental health first aid training, district wide water bottles, picnic tables for outdoor space so that kids can get out of the building and socially distance, and technology upgrade for telehealth, and snacks, we denied funding for the snacks. Board Chair asks for motion to approve Greene County grant. Motion by Cifton, second Dawley. Vote on motion: Boone, Greene, Hamilton, Hardin, Jasper, Madison, Marshall, Poweshiek, Story, Kendra Alexander. Motion carried.

#### Indianola Community School District - \$19,950

Requested funding for their student advocate teacher, the funding will take them through the end of the year. Board Chair asks for motion to approve Indianola CSD grant. Motion by Bailey, second Rudolph. Vote on motion: Boone, Greene, Hamilton, Hardin, Jasper, Madison, Marshall, Poweshiek, Story, Kendra Alexander. Motion carried.



Progress Industries - \$170,343

Requested funding for technology upgrades, we did not approve for overage charges, PPE training, CPR training. We do recommend funding for an accessible van and vehicle, automatic/touchless dispensers/faucets. Did not fund the purchase of land. Board Chair asks for motion to approve Progress Industries grant. Motion by Hoffman, second Bailey. Vote on motion: Boone, Greene, Hamilton, Poweshiek, Story, Kendra Alexander. Nay: Hardin, Jasper, Marshall. Motion carried.

St. Francis of Assisi Catholic School - \$14,194.98

Awarded funding for PPE and social emotional behavioral health support for mental health counselor. Board Chair asks for motion to approve St. Francis Assisi grant. Motion by Behn, second Bailey. Vote on motion: Boone, Greene, Hamilton, Madison, Marshall, Poweshiek, Story, Kendra Alexander. Nays: Jasper, Hardin. Motion carried.

Winterset Community School District - \$20,300

They are planning to have their staff trained in Youth Mental Health First Aid and look at Teen Mental Health First Aid. Teachers will teach the teens to intervene if a classmate is experiencing symptoms. Board Chair asks for motion to approve Winterset CSD grant. Motion by Clifton, second Rudolph. Vote on motion: Boone, Greene, Hamilton, Hardin, Jasper, Madison, Marshall, Poweshiek, Story. Abstaining: Kendra Alexander. Motion carried.

Russell explained that we have provided 90% upfront once the MOU is approved, the provider/school district needs to invoice us by 12/15/20 for the remaining 10%. Providers and schools are all required to keep their receipts for 5 years. Russell noted that he did reach out to other regions and DHS on larger grants. We are completing final approvals. Russell explained an audit could be completed, if an entity spends the money in a way the region did not approve then the entity would be responsible for reimbursing the funds. If CICS awarded the funds wrongly then CICS is responsible for reimbursing the funds.

YSS grant had asked for a remodel grant for Marshall county. We denied, felt they could not get it complete before the end of december. Andrew Allen did submit a new application for a building in Ames that they want to purchase for activities for their youth. They are currently the crisis stabilization for our region for kids. Russell had feedback from other CEO's and the department of human services. It was recommended that YSS be able to tell us when they could be in the building and how it would mitigate COVID-19. Andrew submitted a short narrative to explain this.

Andrew Allen spoke to the reason he feels this is a good project. They serve 20,000 kids and families. Kids are feeling cooped up. Gyms are no longer accessible to YSS due to covid. Kids stress getting out and doing something physical. Was not a budgeted expense. The building is move in ready. They can justify it is covid related and mental health related. Kids are in three residential homes in Ames, they do recreation everyday. This gives a dedicated space to go every single day. It could also be a regional use for others in the community/region. Sustainability of the building. It could be sold if there was a liability in the future. Russell talked to three different people at DHS. The person who supervises DHS staff felt it had merit. If we had to pay it back it would not be a penalty but a payback. Chair asked for a motion to approve the purchased for a building in Ames for YSS for \$875,000. Bailey commended that there needs to be and understanding that there



would need to be a positive audit. Motion was made by Bailey, second Heddens. Vote on motion: Boone nay, Hamilton aye, Hardin nay, Jasper nay, Madison nay, Marshall aye, Poweshiek nay, Story aye, Kendra Alexander aye. 4 ayes 5 nays – motion did not carry.

Chair called for a motion to accept the Challenge to Change in Baily Park Elementary in Grinnel grant. Motion made by Talsma, second Hoffman. Vote on motion: Boone, Greene, Hamilton, Hardin, Jasper, Madison, Marshall, Poweshiek, Story. Motion carried.

Chair called for a motion to approve the therapy dog for Grinnel Baily Park Elementary in Grinnell grant. Motion made by Dawley, second Bailey. Vote on motion: Boone, Greene, Hamilton, Hardin, Jasper, Madison, Marshall, Poweshiek, Story. Motion carried.

Andrew Allens asked if we would consider the gym equipment for YSS. Chair made the motion to approve YSS request for equipment in the amount of \$50,000. Motion made by Hoffman, second Talsma. Vote on motion: Boone, Hamilton, Hardin, Jasper, Madison, Marshall, Story, Franklin. Motion carried.

### **Public Comments**

Andrew Allen thanked the region for their support. Melissa Loehr introduced herself as the new CEO from the Northwest region.

Next meeting will be December 17, 2020.

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Patti Leeds, Recording Secretary

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Bill Patten, Board Chair

