



# CICS

Supporting Individuals. Strengthening Communities.

## Regional Governing Board Meeting Minutes

March 25, 2021

Due to the COVID-19 virus, public access to the meeting was provided via conference call. Members of the Board and public were able to call in or attend via zoom.

**Board Members Present:** Boone, Franklin, Greene, Hamilton, Hardin, Jasper, Madison, Marshall, Poweshiek, Story, Allie Wulfekuhle, Kendra Alexander, Julie Smith, Andrea Dickerson. **Counties/Members Absent:** Warren, JD Deambra. **Administrative Team Present:** Russell Wood, Betsy Stursma, Karla Webb, Linn Adams.

### Agenda & Minutes

Motion to approve the March 25, 2021 agenda. Motion by Heddens, second by Talsma. All ayes, motion carried.

Chair asks for motion to approve the February 25, 2021 minutes. Motion by Kretzinger, second by Dawley. All ayes, motion carried.

Chair Bill Patten asks for motion for nominations. Motion by Hoffman, second by Dawley to nominate Talsma. Motion by Kloberdanz to formally nominate Heddens, second not necessary. There were no nominations from the floor. Roll call vote: Boone, abstain; Franklin, Talsma; Greene, Talsma; Hamilton, abstain; Hardin, Talsma; Jasper, abstain; Madison, Heddens; Marshall, Talsma; Poweshiek, Talsma; Story, abstain; Wulfekuhle, abstain; Alexander, Talsma. Not present: Warren and Deambra. Talsma will be Board Chair beginning July 1, 2021.

CEO Russell Wood updated the Board on legislation which will impact MHDS Region funding. Wood will forward the Board a fact sheet and keep the Board updated on the bill.

Wood stated CICS is working on the 28E agreement that will go to the Department of Human Services for approval before recording with the Secretary of State. This will be brought to Admin, then the Board next month.

Wood also visited the offices of the counties joining CICS. Wright office will remain at current location. Cerro Gordo office will be moving to the courthouse basement. Webster office was originally going to go in with public health, however they are going to remain where they are at this time. The Hancock County office will remain where it is. Franklin is doing a budget amendment for the new employee starting in June.

Finance Officer Betsy Stursma shared the expenditure report for February and the claims report for March 9 and March 23, 2021. Motion by Heddens, second by Clifton to approve claims. On a roll call vote all ayes, motion carried.

Wood updated the Board on Complex Needs planning. Admin is coordinating and collaborating with other Regions. Wood spoke with the MHDS commission and is working with Rolling Hills, Care Connections of North Iowa, Heart of Iowa and Sioux Rivers to develop an access center in Fort Dodge. Has had conversation with Trinity Regional for triage and CFR for subacute/other services. There are properties for sale in Fort Dodge that could be a good fit. Details will be shared in the future when they become available.

CICS is working on outreach with Prairie Ridge for an ACT team in the northern part of the Region.

Wood gave background on Elevate Housing. They are an out-of-state corporation and in Iowa dba Elevate as a CCBHC, which a lot of providers are changing to. Bob Lincoln runs Elevate and CICS is seeking to contract with them to provide the iStart program in all of CICS. It is currently in Webster, Wright and Cerro Gordo. It is available in Hancock, however, there are not any clients using it at this point in Hancock. Elevate will be able to do community and provider training for higher complex needs for individuals and can assist CICS in developing an IRSH as well.

Operations Officer Karla Webb presented the Annual Service and Budget Plan. This is due to DHS every year by April 1. Admin has reviewed and is recommending approval. The Adult and Children committee members have had the opportunity to review and no comments have been made for changes. Additions will be made on new counties when we know the address and phone numbers for them. Webb walked the Board through the plan. DHS may ask for revisions and/or changes once submitted. Motion by Kloberdanz, seconded by Talsma to approve the Annual Service and Budget Plan. All ayes, motion carried.

Webb presented a contract amendment for Crossroads Mental Health Center. Motion by Talsma, second by Clifton to approve. All ayes, motion carried.

Webb presented a contract renewal for FY22 for Achieve Mental Health, Inc. Motion by Rudolph, second by Kretzinger to approve. All ayes, motion carried.

Webb presented a contract renewal for FY22 for Brian Vold. Motion by Dawley, second by Talsma to approve. All ayes, motion carried.

Webb presented a contract renewal for FY22 for CIRSI, Inc. Motion by Talsma, second by Kloberdanz to approve. All ayes, motion carried.

Webb presented a contract renewal for FY22 for Heartland Senior Services. Motion by Kretzinger, second by Dawley to approve. All ayes, motion carried.

Webb presented a contract renewal for FY22 for MIW, Inc. Motion by Clifton, second by Rudolph to approve. All ayes, motion carried.

Webb presented a contract for FY21 and FY22 for Elevate Housing Foundation dba Elevate CCBHC. This contract is structured differently than others, as it is based on a per capita cost. After discussion Talsma motioned to deny the contract and have Admin negotiate a contract for fee-for-service for six months with the current clients that were identified by Service Coordination, then proceed after with a possible new contract.



Second by Kloberdanz. On roll call vote: Boone, aye; Franklin, aye; Greene, aye; Hamilton, aye; Hardin, aye; Jasper, aye; Madison, aye; Marshall, aye; Poweshiek, aye; Alexander, aye; Wulfekuhle, aye. Motion carried. Story, Warren and Deambra not present.

Chair asked for public comments at this time, none given.

Next Meeting is April 22, 2021.

Chair adjourned the meeting.

---

Patti Leeds, Recording Secretary

---

Bill Patten, Board Chair

