



CICS

Supporting Individuals. Strengthening Communities.

Regional Governing Board Meeting Minutes

April 28, 2022

Hertz Farm Management, Nevada, IA

Board Members Present: Boone, Cerro Gordo, Hamilton, Hancock, Hardin, Madison, Poweshiek, Story, Wright, JD Deambra, Allie Wulfekuhle, Julie Smith. **Counties/Members Absent:** Franklin, Greene, Jasper, Marshall, Warren, Kendra Alexander, Andrea Dickerson. **Administrative Team Present:** Russell Wood, Patti Leeds, Betsy Stursma, Karla Webb.

Agenda & Minutes

Motion to approve the April 28, 2022 agenda. Motion by Kloberdanz, second by Dawley. All ayes, motion carried.

Motion to approve the March 24, 2022 minutes. Motion by Clifton, second by Heddens. All ayes, motion carried.

Russell Wood, CEO shared the CEO and Officer job descriptions. If approved, they will go to Franklin County HR. Descriptions will be changed to contain the same computer requirements. **Motion by Heddens, second by Deambra to approve CEO and Officer job descriptions with amended change. All ayes, motion carried.**

Wood shared the CICS Supplemental Employee Manual. With all staff following the Franklin County employee manual the Admin team was able to remove items and simplify the supplemental manual. Clarified wording regarding wages for employees was added. Wood will have the wording updated. **Motion by Kloberdanz, second by Rayhons to approve the CICS Supplemental Employee Manual with stated changes. All ayes, motion carried.**

Wood explained the Regional Operational Guidance from DHS which states the requirements for Intensive Residential Service Homes. Regions have to meet the requirements regardless of cost to the Region to the extent that there are funds available. The State would like Regions to do RFPs to fully fund IRSH for a full calendar year. Wood explained the timeline in the CICS RFP and Admin is asking the Board to approve the timeline and allow the release of the RFP to providers. **Motion by Kloberdanz, second by Clifton to approve the IRSH RFP. All ayes, motion carried.**

Wood requested to have the Board authorize the CEO to sign occupancy related agreements to cut down on time, etc. to approve office space to expedite the process across the region. **Motion by Kretzinger, second by Helgevoid to authorize the CEO to sign occupancy related agreements. All ayes, motion carried.**

Wood shared the May Mental Health Month Proclamation and requested the Board to adopt the resolution. Wood also requested the Board members adopt a resolution in their respective counties themselves. **Motion**

by Heddens, second by Dawley to approve the May Mental Health Month Proclamation. All ayes, motion carried.

Planning and Development Officer Patti Leeds introduced Andrew Allen of YSS to give an update on the progress of the Youth Recovery Campus project. Allen stated mass excavation will begin possibly the end of June, but more likely in July. Watts requested as it gets closer and building plans have been approved to share it in the media. Allen stated there will be a minimum of 70 beds. YSS plans to open the Youth Recovery Campus in the Fall of 2023. Allen is willing to come speak with county Boards to share with them the progress and where their investment is going to.

Leeds updated the Board on IRSH. She had been meeting with two providers that have expressed interest before Admin was aware of the RFP process. She is meeting with MCO's and potential IRSH providers to make sure everyone understands what is necessary from them. Admin is looking at Webster and Cerro Gordo county providers at this point and would like one up and running by November. Wood stated spreading out the IRSH beds throughout the region with various providers would be a good idea.

Leeds stated there have been requests for people to attend ASIST training. Admin would like to have ASIST trainers come to Iowa to train trainers within the region, otherwise to become a trainer they would have to travel out of state for the training. This is a five day training and is very intense. The trainers have requested for CICS to provide lunch for the participants so they can stay on task throughout the days of training. **Motion by Kloberdanz, second by Heddens to approve public purpose for ASIST training for train the trainer. All ayes, motion carried on roll call vote.**

Leeds stated the CIT training will be July 18-22, 2022 in Newton and is open for law enforcement and first responders. SolutionPoint+ is coming from Texas to do this training. Leeds is working with Capstone to bring in experts for children's behavioral health, etc. to give short presentations. The training is five days, eight hours each day. There is a maximum of 20 that can attend the training and CICS will reimburse for expenses. There will be two more training in the future – November 2022 and May 2023. The flyer and registration form will be emailed to the Governing Board members who are encouraged to share them with their law enforcement agencies.

Finance Officer Betsy Stursma shared the claims report for April 5 and 19, 2022. **Motion by Dawley, second by Deambra to approve claims. All ayes, motion carried on roll call vote. Stursma also provided the March expenditure report.**

Stursma gave the Board a financial forecast for CICS. If CICS was unable to encumber any funds this fiscal year, CICS would be at a 165% fund balance. Instead CICS is looking at a 66% fund balance with the YSS and possible IRSH projects. The region is at approximately the same as last year for expenditures. The second payment from the state will be reduced to whatever it takes to get to the 40% fund balance. If CICS received full state payments the Region would draw in approximately \$18 million in FY2025. Large projects will still be a possibility in the future as state funds can be increased as expenditures increase. CICS will remain fiscally responsible. Hoffman questioned if there were something that can be done in the summer months to continue learning and not regressing by fall. Wood will look into summer programs based in mental health.



Operations Officer Karla Webb explained the updates to the Management Plan Policies and Procedures including updated income guidelines, added BHIS services, and added funding up to five days for mental health inpatient treatment or until the initial civil commitment hearing is held, whichever takes longer. The required implementation dates have been removed due to those dates having passed. The sliding fee schedule has been updated for adults and children. Webb stated both advisory committees have discussed the changes and once the Governing Board approves the plan and amendments then it is reviewed by the MHDS Commission for recommendation, then onto DHS for final approval with an effective date of 7/1/2022. **Motion by Clifton, second by Hoffman to approve Management Plan Policies and Procedures Amendments as shared. All ayes, motion carried.**

Webb presented FY22 contract amendments for Capstone Behavioral Healthcare, Arc of Marshall County, NAMI Central Iowa, and Optimae Life Service. **Motion by Dawley, second by Hoffman to approve FY22 contract amendments as presented. All ayes, motion carried.**

Webb presented FY23 contracts for Arc of Story County and Friendship Ark, Inc. **Motion by Kretzinger, second by Deambra to approve . All ayes, motion carried. Heddens abstained.**

Webb presented FY23 contracts for Access, Inc., Achieve Mental Health, Inc., Central Iowa Recovery, Inc., ChildServe Community Options, Christian Opportunity Center, CIRSI, Inc., Duncan Heights, Inc., FIA Friendship Club, Inc., Freedom Pointe of Greater Webster County, Goshorn Psych-Services, PLLC, Hamilton County Public Hospital dba Van Diest Medical Center, Heartland Senior Services, Integrated Treatment Services, LLC, Mid-Iowa Triumph Recovery Center, Inc., MIW, Inc., North Central Iowa Mental Health Center, Inc. dba Unity Point Health-Berryhill Center, North Iowa Transitional and Employment Services, Inc. dba 43 North Iowa, and One Vision. **Motion by Kloberdanz, second by Dawley to approve FY23 contracts as presented. All ayes, motion carried.**

Webb updated the Board on the Adult Advisory Committee to look at the current structure. Recommendation of the subcommittee is to have the Adult Advisory Committee consist of 22 members. The members would include ten individuals that represent an individual that utilizes mental health services, ten providers providing service in the region, and two non-voting Governing Board members. The subcommittee would like to bring applications to the Governing Board to review and have the Governing Board approve the appointments. Terms would be staggered. **Motion by Rayhons, second by Watts to approve the Adult Advisory Committee restructuring and bylaws. All ayes, motion carried.**

Webb presented an appointment to the Children's Advisory Committee for Melinda Struthoff, a provider in Cerro Gordo County. **Motion by Clifton, second by Watts to approve the appointment to the Children's Advisory Committee. All ayes, motion carried.**

Webb presented an incentive for prescribers and LISW/Psychologists. These are two separate incentives, they are adding psychologist and telehealth. **Motion by Deambra, second by Kloberdanz to approve the incentive. All ayes, motion carried.**

Stursma stated Trilex will be running radio spots, posting on social media, etc. in May for Mental Health Awareness Month. The MHDS collaborative is doing an op-ed statewide and running radio ads on some larger



radio stations and running an article in the Cedar Rapids Gazette to be shared with other newspapers throughout the state. If anyone has local events going on in May for Mental Health Month, email Lisa Hill and she will get it posted on the CICS website and Facebook page.

Wood shared his appreciation for the Board and their willingness to move forward with investment in services for the region.

Board Chair asked for public comment. There was none.

Next Meeting is **May 26, 2022**.

Motion by Watts, second by Heddens to adjourn. All ayes, meeting adjourned.

Patti Leeds, Recording Secretary

BJ Hoffman, Board Chair

