



CICS

Supporting Individuals. Strengthening Communities.

Regional Governing Board Meeting Minutes

June 22, 2023

Story County Administration Building

Board Members Present: Boone, Cerro Gordo, Franklin, Hamilton, Hancock, Hardin, Jasper, Madison, Marshall, Poweshiek, Story, Warren, Wright, JD Deambra, Julie Smith, Andrea Dickerson. **Counties/Members Absent:** Greene, Webster, Allie Wulfekuhle, Kendra Alexander. **Leadership Team Present:** Russell Wood, Linn Adams, Betsy Stursma, Karla Webb, Meghan Freie, Jen Sheehan. **Others Present:** Kara Warme, YSS.

Motion to approve the June 22, 2023 agenda. Motion by Rayhons, second by Dawley. All ayes, motion carried.

Motion to approve the May 25, 2023 minutes. Motion by Kloberdanz, second by Heil. All ayes, motion carried.

Russell Wood, CEO presented the necessary changes to the 28E Agreement due to the passing of legislation. HHS and the attorney have looked over the new agreement and the changes were acceptable to both.

Motion by Kretzinger, second by Helgevoid to approve the 28E Agreement as presented. All ayes on roll call vote, motion carried.

Wood explained that there will be four advisory committees for the region. Adult, Children's, County Supervisors and Justice Involved will be the committees and Wood presented the bylaws for all four committees. The subcommittee reached out to justice and law enforcement representatives for the Governing Board and Scott Hand has agreed to be on the Governing Board as the justice representative. Greene County has been reached out to for the law enforcement representative, however there is not an answer at this time.

Wood discussed the Children's and Adult Committee Bylaws and requested changes to both regarding requirements of holding special meetings and also that the advisory committees do not overrule the Board. These changes would be made to all the bylaws.

Motion by Rayhons, second by Dawley to strike the second paragraph in the meetings section stating *special meetings can be called at any time at the request of two advisory committee members. The request for a special meeting shall be presented to the chair. The chair will then be responsible for scheduling the meeting.* All ayes, motion carried.

Motion by Kretzinger, second by Heil to remove the last two sentences in Section 7 under Revisions stating *the revision shall first be approved by the Adult Regional Advisory Committee and then presented to the Regional Governing Board. The revision shall become effective upon approval by the Regional Governing Board.* All ayes, motion carried.

Motion by Talsma, second by Kloberdanz to approve all bylaws as amended. All ayes, motion carried.

Wood explained that Iowa Code still states that Advisory Committees will include two Governing Board members. The region bylaws already state there are two representatives from each committee to serve on the

Governing Board. He wanted the Board to have that information in case there are members that would like to serve on additional advisory committees.

Wood presented the recommendations for the Adult Advisory Committee members and the Children's Advisory Committee members with suggested dates.

Motion by Heddens, second by Talsma to approve the recommendation of the Adult Advisory Committee Members as presented. All ayes, motion carried. Deambra abstained.

Motion by Kloberdanz, second by Deambra to approve the recommendation of the Children's Advisory Committee Members as presented. All ayes, motion carried.

Finance Officer Betsy Stursma shared the claims report for May 30 and June 13, 2023.

Motion by Dawley, second by Talsma to approve the claims as presented. All ayes, motion carried on roll call vote. Stursma also provided the May expenditure report. CICS will be at 96% of the FY24 cash budget after the June payments are made, which includes the large projects now paid out. The accrual expenditures will not be available until September.

Wood presented a preliminary digital signature policy, with a more in-depth policy coming to the Board at a later time. This shortened version will allow digital signatures to be implemented right away.

Motion by Watts, second by Talsma to approve the digital signature policy as presented. All ayes, motion carried.

Webb presented the Capstone Behavioral Healthcare FY23 contract amendment and the FY24 contracts for Arc of Marshall County, Capstone Behavioral Healthcare, Foundation 2, Inc., Prairie Ridge Integrated Behavioral Healthcare, and UnityPoint Health – Eyerly Ball Community Mental Health Services.

Motion by Talsma, second by Dawley to approve contracts as presented. All ayes, motion carried.

Motion by Talsma, second by Heddens to approve the FY24 Arc of Story County contract. All ayes, motion carried. Heddens abstained.

Snell joined the meeting at this time.

Motion by Talsma, second by Rayhons to approve the FY24 Center Associates contract. All ayes, motion carried. Heil abstained.

Motion by Kloberdanz, second by Heil to approve the FY24 NAMI Central Iowa contract. All ayes, motion carried. Deambra abstained.

Webb presented the FY24 Hardin County Mental Health Advocate Contract renewal. Motion by Kretzinger, second by Heddens. All ayes, motion carried. Hoffman abstained.

Webb presented the contracts signed by the CEO with the Chair's approval. These contracts included Youth Shelter Care of N. Central Iowa, Classroom Clinic, 43 North Iowa, Midwest Counseling, Integrate Counseling Solutions, Inc., Crossroads Mental Health Center, UnityPoint Health-Berryhill Center, Integrated Telehealth Partners, VanDiest Medical Center, Relias LLC, Henry Amador Center on Anosognosia Training on LEAP.

Webb stated nine board members will be leaving the Governing Board and thanked them for their contributions. Board members include: Helgevold, Campbell, Snell, Dawley, Heil, Rudolph, Watts, Kretzinger and Hoffman.



Board Chair asked for public comment. Kara Warne with YSS updated the Board on the progress of the Ember Campus. The entire \$15 million contribution from CICS has been drawn down. The additional \$5 million contribution made the 3rd cabin possible, which brought the capacity up to 70 beds.

Todd Lange attended the CICS wellness centers meeting last week and appreciated that opportunity. Lange shared that they are continuing to connect peer support specialists state-wide to make them aware of resources for training and education, as well as for ways to access peer support remotely.

Wood stated as of July 1 CICS will have been a Region for 10 years. He thanked all that have served and looks forward to future opportunities as a Region.

Clifton joined the meeting at this time.

Motion by Clifton, second by Deambra to adjourn. All ayes, motion carried.

Next Meeting is **July 27, 2023**.

Chair adjourned the meeting.

Lisa Hill, Recording Secretary

BJ Hoffman, Board Chair

