



# CICS

Supporting Individuals. Strengthening Communities.

## Regional Governing Board Meeting Minutes

January 25, 2024

Story County Administration Building

**Board Members Present:** JD Deambra, Andrea Dickerson, Scott Hand, Lisa Heddens, Jerry Kloberdanz, Richard Lukensmeyer, Dennis Quinn, Gary Rayhons, Julie Smith, Brandon Talsma. **Members Absent:** Kendra Alexander, Phil Clifton, Allie Wulfekuhle. **Leadership Team Present:** Meghan Freie, Liza Maxwell, Robin McKee, Jen Sheehan, Betsy Stursma, Russell Wood. **Others Present:** Bob Lincoln, Christa Mattly, Jodi Stumbo, Linda Munden, Lynn Owens-Hill.

**Motion to approve the January 25, 2024 agenda. Motion by Kloberdanz, second by Dickerson. All ayes, motion carried.**

**Motion to approve the November 16, 2023 and January 10, 2024 minutes. Motion by Rayhons, second by Smith. All ayes, motion carried.**

**Russell Wood, CEO updated the Board regarding legislation which has not come to the floor yet for mental health and behavioral services.** Wood is looking at skill development for current staff. Wood stated the map is not set. Wood would like the Board to reach out to their peers and find out where do people go in their area for all services, i.e. hospitals, etc., not just mental health services. Wood suggested a committee be formed to act as a liaison to staff regarding what possible plans could be. **Motion by Rayhons, second by Smith to create an RFP Advisory Committee. All ayes, motion carried. Motion by Lukensmeyer, second by Smith to appoint Talsma, Kloberdanz and Heddens to the RFP Advisory Committee.**

**Finance Officer Betsy Stursma presented staff MOUs for Brenda Daily (revised MOU), Holly Coogler, Caitlyn Dellinger, Kaitlyn Hoeft, Kasey Dierks, Angela Scudder. Motion by Heddens, second by Dickerson. All ayes, motion carried.**

**Service Coordination Officer Robin McKee presented the appointment for Christa Mattly to the CICS Children's Behavioral Health Advisory Committee. Motion by Kloberdanz, second by Rayhons. All ayes, motion carried.**

**Wood requested direction from the Board regarding a Central Iowa Juvenile Detention Center Therapist for kids that are in the detention center.** Wood would like the Board to consider the Region paying for a therapist to work with CIJDC. Wood is recommending a therapist that is part of a provider agency. **Motion by Smith, second by Dickerson to allow Wood to begin discussion with CIJDC and CEOs from other Regions to bring a proposal to the Board to contract with a therapist that CICS would fund with the possibility of other Regions participating. All ayes, motion carried.**

**Wood updated the Board on the office space for Story County staff. Motion by Kloberdanz, second by Rayhons to approve Wood to begin looking at available options. After further discussion Rayhons offered a friendly amendment that was accepted by Kloberdanz to include searching for office space to lease with the possibility of purchasing in the future. All ayes, motion carried.**

Finance Officer Betsy Stursma shared the claims report for November 28, December 12 and 22, 2023 and January 9 and 23, 2024. Motion by Heddens, second by Smith to approve claims. All ayes, motion carried on roll call vote. Stursma also provided the November 2023 and December 2023 expenditure reports.

Stursma updated the Board regarding budget projections and what CICS has available to expend before the end of the fiscal year.

Stursma presented the salary information for CICS staff, as well as a breakdown of percentage increases. Motion by Heddens, second by Kloberdanz to approve a 4% increase for CICS staff wages. All ayes on roll call vote, motion carried.

Kloberdanz left the meeting due to a conflict of interest on the next item.

Jen Sheehan, Planning and Program Development Officer presented a request from CFR to purchase the building they are currently in and is being sold by Hamilton County. The request is for funding the full purchase price of the building, as well as some interior updates and furniture. Motion by Dickerson, second by Heddens to approve the request. All ayes on roll call vote, motion carried. Kloberdanz abstained.

Kloberdanz returned to the meeting at this time.

Sheehan presented a funding request for Easterseals Multi-Systemic Therapy. They are asking for startup funds for the program. This takes place where the child is, such as at home and school rather than in a clinical setting. They do cover a 90-minute radius, so almost the entire region is included. CICS already collaborates with Easterseals frequently. Motion by Kloberdanz, second by Rayhons to approve the request for the Easterseals Multi-Systemic Therapy request. All ayes on roll call vote, motion carried.

Sheehan presented the Elevate Housing Foundation request for IRSH in Fort Dodge, Indianola, Marshalltown and Newton. Elevate is looking at a new build with homes being set up for handicap accessibility, etc. Smith stated she is concerned with staffing. Bob Lincoln with Elevate gave an overview of how they plan to staff for the complex needs of the individuals and that they do train staff to a higher level as a therapeutic coach. Kloberdanz is concerned that they will not have enough time to build the homes before the end of the fiscal year. Wood stated that the intent is to draw down funds this fiscal year, however there are funds in next year's budget if necessary. Rayhons left the meeting at this time. Motion by Smith, second by Heddens to approve the Elevate Housing Foundation request for IRSH in Fort Dodge, Indianola, Marshalltown and Newton. All ayes on a roll call vote, motion carried.

Meghan Freie, Planning and Program Development Officer presented the FY24 contracts signed by the CEO with Chair's approval. Those included 43 North Iowa for IRSH; Berryhill for telehealth and therapy in schools and staff coordination and planning with schools; and Together We Can, Inc. for a rate adjustment for peer support.

Wood presented the Rural Policy Partners Provider Network Development request. This request is for strategic planning and facilitation of provider meetings. Freie then presented the Provider Network Development Provider



**Incentives request.** This aligns with the Rural Policy Partners Provider Network Development request and gives incentives to providers to participate in the meetings. **Motion by Dickerson, second by Kloberdanz to approve the Rural Policy Partners Provider Network Development request. All ayes on roll call vote, motion carried. Motion by Heddens, second by Kloberdanz to approve the Provider Network Development Provider Incentives request. All ayes on roll call vote, motion carried.**

**Freie presented the NAMI CI Support Groups proposal.** CICS contracted previously for 6 months. They were unable to meet the terms of the contract at that time, so the contract was not extended. NAMI CI worked with CICS on developing a plan to reach their goals. This is a contract amendment with new deliverables they need to meet. CICS would meet with NAMI CI monthly to address any issues. **Motion by Lukensmeyer, second by Kloberdanz to approve the NAMI CI proposal with an amendment of the addition of a 30-day severance clause if not able to meet the deliverables. All ayes on roll call vote, motion carried.**

**Freie presented The Bridge Home Permanent Supportive Housing request.** This is the next step to deliver permanent supportive housing to 14 individuals in Story County by May 1, 2024. Meeting on hold due to lack of quorum. JD Deambra and Scott Quinn joined the meeting at this time and the meeting reconvened. Wood stated The Bridge Home has recently lost funding from Story County, the City of Ames, United Way, and Iowa State University due to unresolved disagreements. Wood did not feel comfortable signing this contract without the Board approving the contract themselves. Jodi Stumbo, Linda Munden, and Lynn Owens-Hill with The Bridge Home discussed why the funding was lost. Kloberdanz stated he felt like he doesn't have enough information on what happened for them to lose their funding. **Motion by Kloberdanz, second by Lukensmeyer to table until the next meeting. All ayes, motion carried.**

**Freie presented the SATUCI contract amendment for jail services. Motion by Heddens, second by Dickerson to approve the SATUCI contract amendment for jail services. All ayes on roll call vote, motion carried.**

**Wood gave a brief overview of Dayton Doggie Dude/Rescue Ranch. They were requesting a block grant for boarding support dogs for those the owner is in a hospital stay. Wood provided information to show the responses of CICS.**

Board Chair asked for public comments. There were none.

The 2024 meeting schedule was provided to the Board and the next meeting is scheduled for February 22, 2024.

**Motion by Heddens, second by Smith to adjourn. All ayes, meeting adjourned.**

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Lisa Hill, Recording Secretary

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Brandon Talsma, Board Chair

