



CICS

Supporting Individuals. Strengthening Communities.

Regional Governing Board

February 22, 2024

Story County Administration Building

Board Members Present: Phil Clifton, JD Deambra, Andrea Dickerson, Scott Hand, Lisa Heddens, Jerry Kloberdanz, Richard Lukensmeyer, Dennis Quinn, Gary Rayhons, Julie Smith, Brandon Talsma, Allie Wulfekuhle. **Members Absent:** Kendra Alexander. **Leadership Team Present:** Meghan Freie, Liza Maxwell, Robin McKee, Betsy Stursma, Karla Webb, Russell Wood.

Motion to approve the February 22, 2024 agenda. Motion by Rayhons, second by Smith. All ayes, motion carried.

Motion to approve the January 25, 2024 minutes. Motion by Heddens, second by Kloberdanz. All ayes, motion carried.

Motion to remove The Bridge Home from the table by Lukensmeyer, second by Smith. All ayes, motion carried.

Planning and Development Officer Meghan Freie updated the Board regarding the information requested by CICS from The Bridge Home. The staff member that helped plan the project is no longer employed by The Bridge Home. **Motion to deny the request from the Bridge Home by Kloberdanz, second by Smith. All ayes on roll call vote, motion carried.**

Russell Wood, CEO updated the Board regarding legislation. The two bills regarding behavioral health realignment have been renumbered and are now HF 2509 and SF 2354. Amendments are anticipated before these bills come to the floor.

Finance Officer Betsy Stursma shared the claims report for February 6 and 20, 2024. **Motion by Heddens, second by Rayhons to approve claims. All ayes, motion carried on roll call vote. Stursma also provided the January expenditure report.**

Stursma presented the FY24 Budget Amendment which included revenues and expenditures from the FY24 Annual Service and Budget Plan. This amendment is to update additional revenues due to interest as well as expenditures that were significantly greater than planned. A new COA code also needed to be added for outpatient competency restoration which is a newly added service. Funds were added to some line items, such as the outpatient therapy capital projects and IRSH projects that were approved previously. Code currently states 99% of available funds do need to be budgeted for. **Motion to approve the FY24 budget amendment by Heddens, second by Deambra. All ayes on roll call vote, motion carried.**

Stursma presented the FY25 budget which includes the updated FY24 numbers from the approved FY24 budget amendment. Wood addressed the expansion that is shown in the FY25 budget and how the approved projects were taken into account with the budget in case the encumbrance isn't approved or if the projects go past deadline. **Motion to approve the FY25 budget by Smith, second by Lukensmeyer. All ayes on roll call vote, motion carried.**

Freie stated that CICS pays ongoing rent for clients in residential care facilities and hab homes. The Board had recently requested more information on the roll of CICS for paying ongoing rent and this is a discussion focusing on the policy for ongoing rent. Talsma stated as long as the program is mental health and/or disability related then it was acceptable.

Wood presented the Optimae LifeServices – IRSH proposal. This would be for an Ames location and they have a house and have the ability to receive a grant from the state for a portion of the program. CICS contribution would be \$407,016 after the state grant. **Motion to approve the Optimae LifeServices contract for IRSH by Heddens, second by Dickerson. All ayes, motion carried.**

Wood presented a contract with SolutionPoint+ to provide De-escalation Training. This is for a 3-day training for up to 20 participants and will be held in Nevada. New CICS staff will be trained, then priorities past staff would be mental health court staff, ARCH, Impact, subacute through Mary Greeley, YSS and Optimae as they open the new IRSH, then 43North Iowa if there is still space available. **Motion to approve the contract with SolutionPoint+ to provide De-escalation Training by Rayhons, second by Kloberdanz. All ayes, motion carried.**

Wood presented a proposal for UnityPoint Health - Eyerly Ball Community Mental Health Services for a buildout of their location. The office space they are looking at is a large shell and they will need to put up walls, rest rooms, etc. The intent is to have the buildout done this fiscal year. They are asking for \$1,610,000 from CICS. They are looking at a 15-year lease and the cost per square foot is based on recent numbers and includes what the landlord will be doing on their own. Heddens asked if they would possibly look into a 20-year lease or more. The provider does include in their lease agreement 2 or 3 renewal options. **Motion to approve the proposal for UnityPoint Health - Eyerly Ball Community Mental Health Services for a buildout of their location up to \$1,610,000 by Smith, second by Heddens. Motion carried on roll call vote. Nay – Clifton. Deambra had left the meeting.**

Operations Officer Karla Webb presented the FY24 Annual Service and Budget Plan Amendment. This includes changes to the governing board makeup, addition of competency restoration, updated expenditure totals due to expansion and updated revenues. **Motion to approve the FY24 Annual Service and Budget Plan amendment by Heddens, second by Kloberdanz. All ayes, motion carried.**

Board Chair asked for public comments at this time. Cynthia Steidel- Bishop stated her appreciation for the Board to approve their request today.

Next Meeting will be March 28, 2024.

Motion by Heddens, second by Smith to adjourn. All ayes, motion carried.

Lisa Hill, Recording Secretary

Brandon Talsma, Board Chair

