



# CICS

Supporting Individuals. Strengthening Communities.

## CICS Regional Governing Board Draft Minutes

July 24, 2025

Story County Administration Building

**Board Members Present:** John Cochrane, Andrea Dickerson, Lisa Heddens, Ellen Rasmussen, Gary Rayhons, Dawn Rudolph, Julie Smith, Christine Timmerman. **Members Absent:** Richard Lukensmeyer, Dennis Quinn, Brandon Talsma. **Leadership Team Present:** Meghan Freie, Jen Sheehan, Betsy Stursma, Russell Wood.

Russell Wood, CEO stated that two Board members have resigned, Kendra Alexander and Christa Mattly. Due to that reason there are too many County Supervisors on the Governing Board. One Board member present would need to resign until later in the meeting and then a second Board member can be suspended. Once the Board member is suspended then the Board member that resigned can then be voted back on. Rudolph stated she is resigning from the Board at this time.

Motion to approve the July 24, 2025 agenda. Motion by Rayhons, second by Rasmussen. All ayes, motion carried.

Motion to approve the June 26, 2025 minutes. Motion by Smith, second by Dickerson. All ayes, motion carried.

Wood began the meeting requesting the Board motion to suspend Talsma from the Board and then reappoint Rudolph per the 28E Agreement. This will not permanently remove that member from the Board. At the August meeting two additional board members will be added and at that time Talsma can be reappointed to the CICS Board. Motion to suspend Talsma from the CICS Board and to reappoint Rudolph to the CICS Governing Board due to the membership guidelines of the CICS 28E with the understanding that Talsma will be reappointed at the August meeting made by Rasmussen, second by Timmerman. All ayes, motion carried on roll call vote. Cochrane was not available to vote.

Meghan Freie, COO stated that Dickinson County has voted to rescind the 28E with CICS. Motion to rescind the 28E with Dickinson County effective August 1, 2025 by Rudolph, second by Rayhons. All ayes, motion carried on roll call vote.

Freie presented a possible opportunity to re-hire former staff and is requesting the Board to approve hiring those staff that have left CICS within the past six months at the same rate of pay and same years of service if the opportunity becomes available. Motion to approve if CICS re-hires any former staff for the same or similar position within six months of their departure from CICS due to the closeout of the MHDS contract with Iowa HHS, they would be hired at the previous years of service and wage as when they had left CICS unless the wage is less than it would be if they had not left made by Rasmussen, second by Smith. All ayes, motion carried.

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Wood presented the counties that have given their notice to formally withdraw from the 28E Agreement with CICS. Madison County will withdraw effective 12/31/25 and Greene, Jasper, Story, and Warren Counties will withdraw effective 6/30/2026. Boone and Hamilton did not withdraw formally.

Wood requested that the CEO be able to make recommendations for Advisory Council Members to the Chair and the Chair would approve those recommendations before they are turned into HHS due to the deadline being before the next Board meeting. Motion to approve the CEO make recommendations for Advisory Council Members to the Chair and the Chair would approve those recommendations by Rayhons, second by Smith. All ayes, motion carried on roll call vote.

Wood presented an amendment that was signed for the Duncan Heights contract that was approved by the Chair. Wood will have a contract amendment for First Resources before the next meeting that he will have approved by the Chair before signing.

Wood and Freie presented an update on DAPs and the ASO for services, supports and payments.

Betsy Stursma, Finance Officer presented the DAP claims July 16 and 22, 2025 for Districts 2, 3, and 6. Motion to approve DAP claims July 16 and 22, 2025 for Districts 2, 3, and 6 by Smith, second by Timmerman. All ayes, motion carried on roll call vote.

Stursma presented the MHDS claims for July 8 and 22, 2025. Motion to approve the MHDS claims for July 8 and 22, 2025 by Rayhons, second by Rasmussen. All ayes, motion carried on roll call vote. Timmerman was not available to vote.

Stursma also presented the MHDS June expenditure report.

**Stursma updated the Board on the MHDS Region contract closeout.** Stursma anticipates large claim runs to end the closeout the end of December 2025. Wood stated there is a deadline for billing of August 31, 2025 so if there are any bills prior to June 30, 2025 they must be in by August 31. The State did say that any bills that are not in by the due date will not be paid by previous Regions, those will have to be paid by the County.

**Stursma updated the Board on the CSS closeout.** This is going well and the volume of claims has been decreasing.

**Next Meeting is August 28, 2025.**

**Motion by Smith, second by Timmerman to adjourn. All ayes, motion carried.**

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Lisa Hill, Recording Secretary

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Lisa Heddens, Board Chair

