



CICS

Supporting Individuals. Strengthening Communities.

*Central Iowa Community Services
Mental Health and Disability Services*

Adult Service Directory

Serving the Counties of:

Boone • Cerro Gordo • Franklin • Greene • Hamilton • Hancock • Hardin
Jasper • Madison • Marshall • Poweshiek • Story • Warren • Webster • Wright



CICS

Supporting Individuals. Strengthening Communities.

24-HOUR YOUR LIFE IOWA CRISIS LINE & CICS MOBILE RESPONSE

Answered by Foundation 2 Crisis Services

855-581-8111

Call and request a Mobile Response Team for in-person crisis support services, when applicable.

Chat support is available anytime at www.YourLifelowa.org or text 855-895-8398.

A crisis is any stress or pressure that has become too great for you to cope with alone. All contacts & services are FREE & confidential.

IOWA WARM LINE • 844-775-9276

If you are not in crisis, but are struggling with a mental health or substance use issue and need someone to talk to, call the 24/7 Iowa Warm Line.



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The information in this directory is as accurate as the information given to CICS on this date: May 1, 2022.

If you find an error or item that needs to be updated please email liza.howard@cicsmhds.org. Thank you.



CICS Regional Staff

Regional CEO	Russell Wood	641-456-2128
Regional Coordination Officer	Linn Adams	641-939-8168
Regional Finance Officer	Betsy Stursma	515-961-1068
Regional Planning Officer	Patti Treibel Leeds	515-832-9550
Regional Operations Officer	Karla Webb	515-663-2945
Regional Program Manager	Meghan Freie	641-456-2128
Children's Behavior Health Coordinators & Service Coordination Supervisors	Liza Howard	515-962-5128
	Robin McKee	641-456-2128

CICS Regional Service Coordinators

Boone	Kim Schomaker	515-433-4883
Cerro Gordo	Jessica Crawford	641-494-3551
	Starla Varrelman	641-494-3550
Franklin	Robin McKee	641-456-2128
Greene	Kim Schomaker	515-433-4883
Hamilton	Carrie Hisler	515-832-9550
Hardin	Jodi Hamilton	641-939-8165
Hancock	Jessica Crawford	641-373-4735
Jasper	Jarica White	641-791-2304, ext. 2
Madison	Christy Christenson	515-493-1453
Marshall	Lisa Soder	641-754-6390
Poweshiek	Brenda Daily	641-236-9199
Story	Kathy Johnson	515-663-2941
	Nikki Sprecher	515-663-2939
Warren	Jess Van De Voort	515-961-1075
Webster	Carrie Hisler	515-573-1485
Wright	Jodi Hamilton	515-532-3309
Justice Involved Service Coordinators		
Boone, Greene, Hamilton, Webster	Brittany Baker	515-689-6012
Cerro Gordo, Franklin, Hancock, Wright	Jen Sheehan	515-689-7078
Story	Tyler Lennon	515-571-8522
Agencies Providing Justice Involved Services		
Story	Optimae LifeServices	515-956-2600
Hardin & Marshall	Center Associates	641-752-1585
Madison & Warren	UnityPoint Health - Eyerly Ball	515-961-1068
Jasper	Capstone Behavioral Healthcare	641-521-6571
Poweshiek	Capstone Behavioral Healthcare	641-792-4012

Mobile Crisis Services

All Counties	Eyerly Ball Mobile Crisis Response Team - Foundation 2 Dispatches	855-851-8111
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Community Based Crisis Stabilization

All Counties	Eyerly Ball Mobile Crisis Response Team - Foundation 2 Dispatches	855-851-8111
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Access Centers (Residential Based Crisis Stabilization & Subacute)

All Counties	Infinity Health (Osceola)	641-342-1742
	North Iowa Regional Services (Waterloo)	319-291-2455
	Southern Iowa Mental Health Center (Ottumwa)	641-682-8772
	Mary Greeley Medical Center Transitional Living Center – <i>Subacute only</i>	515-239-6747
	Zion Safe Harbor Crisis Center (Woodward)	515-642-4125

Supported Community Living Programs

Boone	Friends Forever Social Education Center	515-832-9548
	Imagine the Possibilities	563-652-5252
	Optimae LifeServices	515-956-2600
Cerro Gordo	43 North Iowa	641-424-8708
	Faith and Family	855-970-6296
	Northstar	641-494-2540
	One Vision	641-357-5277
	Spring Harbor	641-201-8990
Franklin	Access, Inc.	641-456-2532
	Spring Harbor	641-201-8990
Greene	Imagine the Possibilities	563-652-5252
Hamilton	Friends Forever Social Education Center	515-832-9550
	One Vision	515-823-9620
Hancock	Duncan Heights	641-923-3337
Hardin	Access, Inc.	641-456-2532
	Central Iowa Residential Services, Inc. (CIRSI)	641-648-2316
	Optimae LifeServices	641-849-8120



Jasper Capstone Behavioral Healthcare Optimae LifeServices Progress Industries	641-792-4012 641-787-9133 641-792-6119
Madison Imagine the Possibilities Optimae LifeServices	563-652-5252 515-993-4973
Marshall Central Iowa Residential Services, Inc. (CIRSI) Lutheran Services in Iowa (LSI) North Star Community Services REM Iowa Optimae LifeServices	641-752-5762 641-328-1040 641-754-4842 641-753-4133 641-351-4447
Poweshiek Capstone Behavioral Healthcare Central Iowa Residential Services, Inc. (CIRSI)	641-521-7535 641-236-5774
Story Child Serve Eyerly Ball Community Mental Health Services Friendship Ark Lutheran Services in Iowa (LSI) Mainstream Living Optimae LifeServices	515-232-7220 515-598-3300 515-292-9556 515-232-7262 515-232-8405 641-787-9133
Warren Imagine the Possibilities Christian Opportunity Center Optimae LifeServices	515-961-6918 515-961-3653 641-275-5471
Webster LifeWorks Community Services One Vision Family Resource Center	515-576-3114 515-573-7261 515-573-7261
Wright Access, Inc. Mosaic North Iowa One Vision	641-456-2532 515-532-3221 515-448-5464

Dayhabilitation

Boone Imagine the Possibilities Friends Forever	563-652-5252, ext. 2912 515-832-9550
Cerro Gordo One Vision 43 North Iowa	641-357-5277 641-424-8708

Franklin Access, Inc.	641-456-2532
Greene Imagine the Possibilities	563-659-7352
Hamilton Friends Forever	515-832-9550
Jasper Progress Industries	641-275-3363
Madison Imagine the Possibilities	563-652-5252
Marshall Central Iowa Residential Services, Inc. (CIRSI) REM Iowa	641-752-5762 641-753-4133
Poweshiek Central Iowa Residential Services, Inc. (CIRSI)	641-236-5774
Story Mainstream Living Optimae LifeServices Friendship Ark	515-232-8065 515-956-2600 515-292-9556
Warren Chrisitan Opportunity Center Imagine the Possibilities	515-961-3653 563-652-5252
Webster LifeWorks	515-576-2126

Supported Employment

Boone Imagine the Possibilities	563-652-5252, ext. 2911
Cerro Gordo 43 North Iowa One Vision	641-424-8708 641-357-5277
Franklin 43 North Iowa	641-424-8708
Greene Imagine the Possibilities	563-659-7352



Hamilton One Vision	515-206-2532 / 515-570-5047
Hardin 43 North Iowa	641-373-2996
Jasper Progress Industries	641-275-3363
Madison IVRS Imagine the Possibilities	641-782-8538 563-652-5252
Marshall MIW	641-752-3697
Poweshiek Progress Industries - The Place (Grinnell only)	641-792-6119
Story Imagine the Possibilities Optimae LifeServices	563-652-5252 515-856-2600
Warren Christian Opportunity Center Imagine the Possibilities	515-961-3653 563-652-5252
Webster One Vision LifeWorks	515-206-2532 / 515-570-5047 515-576-2126
Wright 43 North Iowa	641-423-7071

Assertive Community Treatment (ACT)

Boone UnityPoint Health - Eyerly Ball	515-241-0982
Cerro Gordo Prairie Ridge Integrated Behavioral Health	641-243-7297
Hamilton, Webster UnityPoint Health - Berryhill Center	515-574-6156
Story UnityPoint Health - Eyerly Ball	515-598-3300

Intensive Psychiatric Rehabilitation (IPR)

All Counties Central Iowa Recovery (CIR)	515-297-4386
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Community Drop-In Services

**These are the physical locations, however residents of other counties can attend any drop-in location.*

Boone The Rose Center	515-298-4394
Cerro Gordo Prairie Ridge Downtown Drop In Center	641-243-7214
Franklin Prairie Ridge Drop In - Franklin County	641-425-0572
Hamilton Friends Forever Social Education Center	515-832-9550
Hardin FIA Friendship Club, Inc.	641-648-7500
Jasper Connections Peer Support	641-275-3516
Marshall Mid Iowa Triumph Recovery Center	641-751-7656
Poweshiek Station Clubhouse - Connections	641-236-5325
Story NAMI Central Iowa	515-292-9400
Warren The Phoenix Center	641-521-4896
Webster Freedom Pointe	515-408-5917

Mental Health Providers/Therapy Services

Boone Access	1-800-432-3606 / 515-432-3606
Ames Mental Health & Wellness Center	515-620-5352
Community & Family Resources (CFR)	515-576-7261
Counseling for Growth and Change/Lori Nelson-Salsbury	515-432-8687
Eyerly Ball Community Mental Health Services	515-598-3300
Healing Hearts Therapy/Peggy Clark	515-432-3206
Imagine the Possibilities - Boone	515-432-7288



Imagine the Possibilities - Perry 515-465-7541
 KW Counseling / Kevin Wilson 515-720-1544
 Lutheran Services in Iowa (LSI) - Scott Caldwell, LISW 563-322-7419, ext. 15
 River Valley Therapy Clinic - Jeremy Stumbo 515-290-2259
 Youth and Shelter Services (YSS) of Boone 515-433-2091

Cerro Gordo

Anastasi Counseling Services 641-423-4180
 Catholic Charities 641-424-9683
 Families First 319-433-0395
 Generations Counseling 641-357-0272
 Mason City Psychiatry 641-494-5170
 Prairie Ridge Integrated Behavioral Healthcare 641-424-2391
 Turning Leaf Counseling Services 641-421-2089

Franklin

Behavioral Health Options 641-512-5565
 UnityPoint Health - Berryhill Center 800-482-8305
 Central Iowa Recovery (CIR) 641-373-0182
 Iowa Specialty Clinic 641-812-1094
 Mason City Clinic 641-494-5170
 Prairie Ridge Integrated Behavioral Healthcare 641-456-2365

Greene

Plains Area Mental Health Center 712-792-2991
 Rural Behavioral Health Team (Eyerly Ball) 515-598-1787

Hamilton

UnityPoint Health - Berryhill Center 800-482-8305
 Central Iowa Recovery (CIR) 515-832-9550
 Lutheran Social Services 515-832-3043
 Van Diest Medical Center 515-832-9400

Hancock

Hancock County Health System 641-843-5050
 Hancock County Health System 641-923-2651
 Prairie Ridge Integrated Behavioral Healthcare 641-424-2391

Hardin

Achieve Mental Health 641-648-4010
 Brian Vold, ARNP 641-648-4010
 Center Associates 641-752-1585
 Grace C. Mae 319-361-6529
 Optimae LifeServices 641-849-8120

Jasper

Capstone Behavioral Healthcare 641-792-4012
 CareMore 515-989-6001
 Dr. Karen Quinn PHD 641-275-9276
 Dr. Sally Kuhn ARNP 641-521-5557
 House of Mercy 641-792-0717
 Integrated Treatment Services 641-792-0045
 Optimae LifeServices 641-787-9133
 Rural Behavioral Health Team (Eyerly Ball) 515-598-1787
 Tammy Foster Harber 641-787-0026

Madison

Adel Mental Health 515-993-1919
 Borst Counseling Services, LLC 515-240-9474
 Crossroads Behavioral Health Services 515-462-3105
 Full Circle Therapy 712-352-0837
 Optimae LifeServices 515-993-4973
 Rural Behavioral Health Team (Eyerly Ball) 515-598-1787
 Turning Point Evaluation, Inc. 515-462-5967

Marshall

Center Associates 641-752-1585 / After Hours: 800-896-2055
 Grace C. Mae Advocate Center 641-753-1289
 In Perspective, PLLC 641-753-0440
 Integrated Health Services (IHS) 641-752-1585
 Midwest Counseling 641-352-3031
 Moonstone Wellness 515-393-4270
 Optimae LifeServices 641-351-4447
 Rural Behavioral Health Team (Eyerly Ball) 515-598-1787
 Steiner and Associates 641-844-1200
 Substance Abuse Treatment Unit of Central Iowa (SATUCI) 641-752-5421

Poweshiek

Bridget Baechtel, LISW 641-236-4323
 Capstone Behavioral Healthcare 641-528-6065
 Central Iowa Juvenile Detention Center (CIJDC) 641-858-3852
 Creative Hope Counseling 641-226-2665
 Davis Psychological 641-236-0632
 Dr. Huan Jacqueline Perman 352-872-8669
 Healthy Homes Family Services 641-236-0273
 Jeff Wells 641-236-4680
 Kun-Hong Lu 641-236-8811
 Midwest Counseling 641-236-1644
 Rural Behavioral Health Team (Eyerly Ball) 515-598-1787
 Substance Abuse Treatment Unit of Central Iowa (SATUCI) 641-752-5421
 Steiner and Associates 641-844-1200

Story

5th Street Mental Health Professionals 515-232-2051
 Ames Counseling and Psychological Services 515-239-4410
 Ames Counseling Center 515-233-8473
 Ames Psychological Wellness Center 515-292-9251
 Ames Therapy and Consulting 515-337-1380 / 515-450-5230
 CareMore 515-989-6001
 Catalyst Counseling 515-232-5340
 Catholic Charities 515-296-2759
 Central Iowa Psychological Services (CIPS) 515-233-1122
 Clear Brook Counseling Professionals 515-337-1764
 Clinical Associates of Ames 515-292-2703
 Community & Family Resources (CFR) 515-232-5811
 Compass Tree Counseling 515-233-3971
 Connecting Foundations on Grand, LLC. 515-232-1689
 Cornerstone Counseling Center 515-599-8904
 Creative Counseling Services, Inc. 515-233-1699
 Crossroads Counseling 515-292-1813
 Cultivate Wellness Counseling 515-212-7379



Eyerly Ball Community Mental Health Services	515-598-3300
Firm Foundations	515-233-8441
Flourishing Engagements	515-450-9658
The Healing Place	515-943-1163
Heart & Solutions	800-531-4236
Heartland Mental Health Therapy	515-520-9703
Illuminations, Inc.	515-232-7157
Innovative Counseling & Consulting, Inc.	515-235-5224
Iowa State University Student Counseling	515-294-5056
Iowa State University Thielen Student Health Center	515-294-5801
Kai Lani Center, LLC	515-338-2929
Kavanaugh Counseling and Consulting, LLC	515-585-1035
Life Connections	641-903-7759
Lutheran Services in Iowa (LSI)	515-232-7262 / Referrals: 888-457-4692
Mary Greeley Medical Center – OP Bx Health	515-239-6888
Network Community Counseling Services	515-294-1898
New Journey Counseling	515-232-1977
Next Counseling of Iowa	515-996-6778
Okerberg and Associates	515-577-6595
Optimae LifeServices	515-715-1887
River Valley Therapy Clinic	515-290-2259
Sue Stidwell, LMHC	515-599-3168
Vine Christian Counseling	515-233-3977

Warren

Bailey Saal, LISW	515-321-8071
CareMore	515-989-6001
Choices Therapy Services	515-279-0111
Eyerly Ball Community Mental Health Services	515-243-5181
House of Mercy	515-358-7610
New Beginnings	515-401-6886
Optimae LifeServices	515-442-6790
Patti Campidilli	515-962-9126
Peace of Mind Counseling Services	515-962-5561
Team Restoration Ministries	515-238-9010
Wilkens Counseling Services, PLLC	515-981-6321

Webster

UnityPoint Health - Berryhill Center	800-482-8305
Children and Families of Iowa	515-573-2193
Community Health Center	515-576-6500
Genesis Mental Health Associate LLC	515-576-6441
Catholic Charities	515-576-4156
Grace Counseling & Consulting LCC	515-206-1662
Sayer Counseling	515-576-8119
Mid-Iowa Family Therapy Clinic	515-573-5128
Integrative Counseling Practices	712-790-9318
Authentic Therapy Of Iowa	515-570-2338

Wright

UnityPoint Health - Berryhill Center	800-482-8305
Iowa Specialty Hospital – Belmond and Clarion	844-474-4321

Mental Health Advocates

Boone, Greene, Madison, Poweshiek, Warren

Richey Thongvanh	515-313-7053
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Cerro Gordo

Angela Nasstrom	641-530-9029
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Franklin, Hardin, Marshall, Story

Mary Swartz	641-939-8169
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Hamilton

Bruce Johnston	515-832-9550
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Hancock

Ruth Melby	641-590-2027
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Jasper

Kelly Yeggy	515-250-6150
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Webster, Wright

Katherine Erickson	515-332-5205
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Integrated Health Homes

Boone

Eyerly Ball Integrated Health Home	515-598-3300
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Cerro Gordo, Franklin, Hancock

Prairie Ridge Integrated Behavioral Health	641-424-2391
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Greene

Eyerly Ball Integrated Health Home	515-598-3300
Plains Area Mental Health Center	712-792-2991

Hamilton, Webster, Wright

UnityPoint Health - Berryhill Center	515-955-7171
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Hardin

Center Associates	641-752-1585
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Jasper

Capstone Behavioral Healthcare	641-275-3481
Community Support Advocates	515-883-1776

Madison

Crossroads Behavioral Health Services	515-462-3105
Eyerly Ball Integrated Health Home	515-241-0982



Marshall Center Associates Eyerly Ball	641-752-1585 515-241-0982
Poweshiek Capstone Behavioral Healthcare	641-275-3481
Story Eyerly Ball Integrated Health Home Community Support Advocates	515-241-0982 844-883-1776
Warren Eyerly Ball Integrated Health Home Community Support Advocates	515-241-0982 515-883-1776

Iowa Vocational Rehabilitation Services

Boone, Story IVRS - Ames	515-313-5753
Cerro Gordo, Franklin, Hancock, Hardin IVRS - Mason City	641-422-1551
Greene IVRS - Carroll	712-792-9351
Hamilton, Webster, Wright IVRS - Fort Dodge	515-573-8175
Jasper IVRS - Marshalltown	641-352-7942
Madison IVRS - Creston	641-782-8538
Marshall, Poweshiek IVRS - Marshalltown	641-387-0295
Warren IVRS - Des Moines	515-281-4211
Webster, Wright IVRS - Fort Dodge	515-573-8175

Shelter Services (Homeless Shelters)

Cerro Gordo Northern Lights Alliance for the Homeless Shelter Trinity House of Hope Women's Shelter	641-380-0047 641-423-5920
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Jasper Central Iowa Shelter & Services Crisis Intervention Services Waypoint (Intake for Rolling Hills Coalition)	515-284-5719 844-673-5499 833-739-0065
Poweshiek Central Iowa Shelter & Services Crisis Intervention Services Hope Ministries/Bethel Mission House of Mercy Shelter House Willis Dady Shelter Winter Shelter	515-284-5719 844-673-5499 515-244-5445 515-643-6500 319-351-0326 319-362-7555 319-499-8004

Story The Bridgehome	515-232-8075
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Warren HEAL House Waypoint (Intake for Rolling Hills Coalition)	515-962-5940 833-739-0065
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Webster Beacon of Hope Lotus Community Project	515-955-3366 515-571-8802
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Hospitals

Boone Boone County Hospital	515-423-3140
Cerro Gordo MercyOne North Iowa	641-428-7000
Franklin Franklin General Hospital	641-456-5000
Greene Greene County Medical Center	515-386-2114
Hamilton Van Diest Medical Center	515-832-9400
Hancock Iowa Specialty Clinic - Garner	641-925-1500
Hardin Hansen Family Hospital	641-648-7000
Jasper MercyOne Newton Medical Center	641-792-1273
Madison Madison County Memorial Hospital	515-462-2373



Marshall UnityPoint Health	641-754-5151
Poweshiek Grinnell Regional Medical Center	641-236-7511
Story Mary Greeley Medical Center Story County Medical Center	515-239-2011 515-382-2111
Warren (<i>utilizes Des Moines Hospitals for ER Services</i>) Broadlawns Medical Center Iowa Methodist Medical Center MercyOne Des Moines Medical Center MercyOne West Des Moines Medical Center UnityPoint Health - Iowa Lutheran Hospital	515-282-2200 515-241-6212 515-247-3121 515-358-8000 515-263-5612
Webster UnityPoint Trinity Regional Medical Center	515-573-3101
Wright Iowa Specialty Hospital – Belmond and Clarion	844-474-4321

Housing Authority/Rental Assistance

Boone, Jasper, Madison, Story Central Iowa Regional Housing Authority	515-986-1882
Cerro Gordo, Franklin North Iowa Regional Housing Authority	641-421-2711
Greene Region XII	712-792-5560
Hamilton, Webster, Wright Fort Dodge Municipal Housing Agency	515-573-7751
Hancock North Iowa Regional Housing Authority	641-423-0897
Hardin, Marshall City of Marshalltown Housing and Community Development	641-754-5756
Poweshiek Grinnell Housing Authority	641-236-2611
Warren Warren County Housing Authority	515-961-1073

Domestic Violence/Sexual Assault Services

Boone ACCESS	Domestic Abuse & Violent Crimes Crisis Line: 515-292-0519 Sexual Assault Crisis Line: 515-292-5378
Cerro Gordo Crisis Intervention Services	Domestic Abuse: 855-424-9133 Sexual Assault: 800-479-9071
Franklin Crisis Intervention Services	Domestic Abuse: 855-424-9133 Sexual Assault: 800-479-9071
Greene ACCESS	Domestic Abuse & Violent Crimes Crisis Line: 515-292-0519 Sexual Assault Crisis Line: 515-292-5378
Hamilton Domestic Sexual Assault Outreach Center (DSAOC) Crisis Intervention Services	515-955-2273 or 888-356-2006 Domestic Abuse: 855-424-9133 Sexual Assault: 800-479-9071
Hancock Crisis Intervention Services	Domestic Abuse: 855-424-9133 Sexual Assault: 800-479-9071
Hardin Crisis Intervention Services	Domestic Abuse: 855-424-9133 Sexual Assault: 800-479-9071
Jasper CIS of SE Iowa (Crisis Intervention Services of SE Iowa) Family Crisis Center	Main Office: 641-670-1505 Emergency Housing: 1-844-673-5499 Sexual Assault: 1-800-270-1620 641-683-1750 or 641-799-2370 Domestic Violence Crisis Line: 800-464-8340 Sexual Assault Crisis Line: 800-270-1620
Madison Crisis Intervention & Advocacy Center	515-993-4095
Marshall ACCESS	Domestic Abuse & Violent Crimes Crisis Line: 515-292-0519 Sexual Assault Crisis Line: 515-292-5378
Poweshiek CIS of SE Iowa (Crisis Intervention Services of SE Iowa)	Main Office: 641-670-1505 Emergency Housing: 1-844-673-5499 Sexual Assault: 1-800-270-1620



Family Crisis Center	641-683-1750 or 641-799-2370 Domestic Violence Crisis Line: 800-464-8340 Sexual Assault Crisis Line: 800-270-1620
Story ACCESS	Domestic Abuse & Violent Crimes Crisis Line: 515-292-0519 Sexual Assault Crisis Line: 515-292-5378
Warren Children and Families in Iowa	515-243-6147
Webster Domestic Sexual Assault Outreach Center (DSAOC)	515-955-2273 888-356-2006
Children and Families of Iowa	Domestic Violence Crisis Line: 515-243-6147
Crisis Intervention Services	Domestic Abuse: 855-424-9133 Sexual Assault: 800-479-9071
Wright Crisis Intervention Services	Domestic Abuse: 855-424-9133 Sexual Assault: 800-479-9071

Non-Emergency Police and Sheriff

Boone Boone County Sheriff Boone Police Department Madrid Police Department Ogden Police Department	515-433-0524 515-422-3456 515-795-3113 515-275-4562
Cerro Gordo Cerro Gordo County Sheriff Clear Lake Police Department Manly Police Department Mason City Police Department Nora Springs Police Department Rockwell Police Department	641-421-3000 641-357-2186 641-454-2114 641-421-3636 641-749-5588 641-822-3690
Franklin Ackley Police Department Dows Police Department Franklin County Sheriff Hampton Police Department Sheffield Police Department	641-847-2222 515-852-4327 641-456-2731 641-456-2529 641-892-4301
Greene Greene County Law Enforcement Center	515-386-2136
Hamilton Ellsworth Police Department Hamilton County Sheriff	515-836-2133 515-832-9500

Jewell Police Department Webster City Police Department	515-827-5477 515-832-9166
Hancock Britt Police Department Garner Police Department Hancock County Sherriff Kanawha Police Department	641-843-3822 641-923-2621 641-923-2621 641-762-3632
Hardin Ackley Police Department Eldora Police Department Hardin County Sheriff Iowa Falls Police Department	641-847-2222 641-939-3333 641-939-8190 641-648-6464
Jasper Baxter Police Department Colfax Police Department Jasper County Sheriff Monroe Police Department Newton Police Department Prairie City Police Department	641-227-3594 515-674-9668 / 515-674-4096 641-792-5912 641-259-2311 641-791-0850 515-994-2649
Madison Earlham Police Department Madison County Sheriff Winterset Police Department	515-582-2281 515-462-3575 515-462-1423
Marshall LeGrand Police Department Marshall County Sheriff Marshalltown Police Department State Center Police Department	641-479-2464 641-754-6380 641-754-5725 641-483-2107
Poweshiek Grinnell Police Department Poweshiek County Dispatch	641-236-2670 641-623-5679
Story Ames Police Department Huxley Police Department Iowa State University Department of Public Safety (DPS) Nevada Police Department Story City Police Department Story County Sheriff	515-239-5133 515-597-2002 515-294-4428 515-382-4593 515-733-2646 515-382-6566
Warren Carlisle Police Department Indianola Police Department Norwalk Police Department Warren County Sheriff	515-989-3224 515-961-9400 515-981-0666 515-961-1122
Webster Fort Dodge Police Department Webster County Sheriff	515-573-2323 515-573-1410



Wright	
Belmond Police Department	641-444-3386
Clarion Police Department	515-532-2515
Eagle Grove Police Department	515-448-4793
Wright County Sheriff	515-532-3722

Youth Serving Agencies

All Counties see the *CICS Children’s Services Directory Document*

Definitions

Community Drop-In Services - Serves those who have experienced mental/emotional problems; a comfortable environment within the community where individuals feel safe, supported, and accepted; the center can help individuals work on developing social and life skills by supplying the resources needed for them to lead their own recovery.

Supported Community Living Programs - Assistance with learning skills such as cooking, cleaning and money management. These skills are taught one on one, in your home and in the community.

Mobile Crisis Services - Teams of professionals provide on-site, face-to-face mental health services for an individual or family experiencing a mental health crisis. They can respond wherever the crisis is occurring – in an individual’s home, the community, or other locations where an individual lives, works, attends school, or socializes.

Residential Based Crisis Stabilization - A place to stay during a mental health crisis. Private rooms are provided, as well as therapy, medication evaluation and help making a plan for when you are ready to leave.

Mental Health Providers/Therapy Services - Individual counseling and med management.

Shelter Services – Adults and Children - A temporary, safe place to stay.



#

43 North Iowa

111 2nd St. NE
Mason City, IA 50401
P. 641-424-8708
www.43northiowa.org

5th Street Mental Health Professionals

600 5th St., Suite 200
Ames, IA 50010
P. 515-232-2051
www.5thstreetmhp.com

A

ACCESS

1525 Airport Rd., Suite 101
Ames, IA 50010
P. 515-292-0500 F. 515-292-0505
P. Crisis Lines:
515-292-0519 Domestic Abuse
515-292-5378 Sexual Abuse
515-292-5378 Sexual Assault & Trafficking
www.assaultcarecenter.org

806 7th St.
Boone, IA 50036
P. Crisis Lines:
515-292-0519 Domestic Abuse
515-292-5378 Sexual Abuse
515-292-5378 Sexual Assault & Trafficking
www.assaultcarecenter.org

16 E. Main St.
Marshalltown, IA 50158
P. Crisis Lines:
515-292-0519 Domestic Abuse
515-292-5378 Sexual Abuse
515-292-5378 Sexual Assault & Trafficking
www.assaultcarecenter.org

Access

328 Corporal Roger Snedden Dr.
Boone, IA 50036
P. 800-432-3606
P. 515-432-3606

Access, Inc.

20 5th St. NW
Hampton, IA 50441
P. 641-456-2532
www.accessincorporated.org

Achieve Mental Health

814 Railroad
Iowa Falls, IA 50126
P. 641-648-4010
www.achievementalhealth.com

Adel Mental Health

309 S 7th St.
Adel, IA 50003
P. 515-993-1919 F. 515-993-1922
www.adelmentalhealth.com

Ames Counseling and Psychological Services

3600 W Lincoln Way, Suite 4
Ames, IA 50014
P. 515-239-4410
www.amespsych.com

Ames Counseling Center

319 Lincoln Way
Ames, IA 50010
P. 515-233-8473
www.amescounselingcenter.com

Ames Mental Health & Wellness Center

1531 Airport Road, Suite 102
Ames, IA 50010
P. 515-620-5352

Ames Psychological Wellness Center

3510 Lincoln Way, Suite 300
Ames, IA 50014
P. 515-292-9251 F. 844-895-6179
www.ameswellnesscenter.com

Ames Therapy and Consulting

1103 Buckeye Ave., #104
Ames, IA 50010
P. 515-337-1380 or 515-450-5230
www.amestherapy.com

Ascend Therapy and Wellness

Tuyet Noriega, MA, tLMHC
123 1st Ave. SW
Hampton, IA 50441
P. 319-242-2606

B

Bailey Saal, LISW

1202 E 2nd Ave.
Indianola, IA 50125
P. 515-321-8071

Beacon of Hope

1021 1st Ave. N
Fort Dodge, IA 50501
515-955-3366

Behavioral Health Options

123 1st Ave. SW
Hampton, IA 50441
P. 641-512-5565

Boone County Hospital

1015 Union St.
Boone, IA 50036
P. 515-423-3140
www.boonehospital.com

Borst Counseling Services, LLC

2601 Border St.
Norwalk, IA 50211
P. 515-2409474
www.borstcounselingservices.com

4124 Fleur Dr. Suite 11C
Des Moines, IA 50307
P. 515-240-9474

www.borstcounselingservices.com

Bridgehome, The

225 S. Kellogg Ave.
Ames, IA 50010
P. 515-232-8075

Bridget Baechtel, LISW

122 4th Ave.
Grinnell, IA 50112
P. 641-236-4323

Broadlawns Medical Center

1801 Hickman Rd.
Des Moines, IA 50314
P. 515-282-2200
www.broadlawns.org

C

Capstone Behavioral Healthcare

1123 1st Ave. E., Suite 200
Newton, IA 50208
P. 641-792-4012
www.capstonebh.com

200 4th Ave. West
Grinnell, IA 50112
P. 641-528-6065

www.capstonebh.com

CareMore

1530 E. Euclid Ave.
Des Moines, IA 50313
P. 515-989-6001
www.caremore.com

Catalyst Counseling

600 5th, St. #302
Ames, IA 50010
P. 515-232-5340
www.catalystcounseling.com

Catholic Charities

2210 Lincoln Way
Ames, IA 50014
P. 515-296-2759
www.catholiccharitiesdm.org

Center Associates

9 N. 4th Ave.
Marshalltown, IA 50158
P. 641-752-1585, After Hours: 800-896-2055
www.centerassoc.com

Central Iowa Housing Authority

1201 SE
Grimes, IA 50111
P. 515-986-1882

Central Iowa Juvenile Detention Center (CIJDC)

2317 Rick Collins Way
Eldora, IA 50627
P. 641-858-3852 F. 641-858-5839
www.cijdc.com

Central Iowa Psychological Services (CIPS)

223 S. Walnut
Ames, IA 50010
P. 515-233-1122 F. 515-233-6500
www.iowacounseling.com

Central Iowa Recovery (CIR)

210 W. Ashland
Indianola, IA 50125
www.centraliowarecovery.org

16 E. Main St., Suite 240
Indianola, IA 50158
P. 641-751-8282

www.centraliowarecovery.org



C, cont.

1610 Collins St.
Webster City, IA 50595
P. 515-832-9550

www.centraliowarecovery.org

Central Iowa Residential Services, Inc. (CIRSI)

821 5th Ave., Suite 205
Grinnell, IA 50112
641-236-5774

www.cirsi.org

111 Linn St.
Marshalltown, IA 50158
P. 641-752-5762

www.cirsi.org

220 N. Oak St.
Iowa Falls, IA 50126
P. 641-648-2316

www.cirsi.org

Central Iowa Shelter & Services

1420 Mulberry St.
Des Moines, IA 50309
P. 515-284-5719

www.centraliowashelter.org

Child Serve

1915 Philadelphia St.
Ames, IA 50010
P. 515-232-7220

Children and Families of Iowa

1111 University Ave.
Des Moines, IA 50314
P. 515-243-6147

111 Ave. O
Fort Dodge, IA 50501
P. 515-573-2193

Domestic Violence Crisis Line: 515-243-6147

www.cfiowa.org

Choices Therapy Services

1011 N. Jefferson Way, Suite 800
Indianola, IA 50125
P. 515-279-0111

www.choicetherapyservices.org

Christian Opportunity Center

1602 N. 14th St.
Indianola, IA 50125
P. 515-961-3653

www.christianopportunity.org

CICS Regional StaffBoone

900 W. 3rd St.
Boone, IA 50036
P. 515-433-0593

www.cicsmhds.org

Cerro Gordo

220 N. Washington Ave.
Mason City, IA 50401
P. 641-494-3551 / 641-494-3550

www.cicsmhds.org

Franklin

123 1st Ave. SW
Hampton, IA 50441
P. 641-456-2128

www.cicsmhds.org

Greene

114 N. Chestnut St.
Jefferson, IA 50129
P. 515-433-4883

www.cicsmhds.org

Hamilton

500 Fairmeadow Dr.
Webster City, IA 50595
P. 515-832-9550

www.cicsmhds.org

Hardin

1201 14th Ave.
Eldora, IA 50627
P. 641-939-8167

www.cicsmhds.org

Hancock

545 State St., Suite 1
Garner, IA 50438
P. 641-494-3551

www.cicsmhds.org

Jasper

115 N. 2nd Ave. E
Newton, IA 50208
P. 641-791-2304

www.cicsmhds.org

Madison

112 John Wayne Dr.
Winterset, IA 50273
P. 515-493-1219

www.cicsmhds.org

Marshall

101 E. Main St.
Marshalltown, IA 50158
P. 641-754-6390

www.cicsmhds.org

Poweshiek

200 4th Ave. W
Grinnell, IA 50112
P. 641-236-9199

www.cicsmhds.org

Story

126 Kellogg Ave. Suite 001
Ames, IA 50010
P. 515-663-2930

www.cicsmhds.org

Warren

1007 S. Jefferson Way
Indianola, IA 50125
P. 515-961-1068

www.cicsmhds.org

Webster

308 Central Ave.
Fort Dodge, IA 50501
P. 515-297-0071

www.cicsmhds.org

Wright

120 1st Ave. NW, Ste 1
Fort Dodge, IA 50501
P. 515-297-0071

www.cicsmhds.org

CIS of SE Iowa (Crisis Intervention Services of SE Iowa)

810 5th Ave., Suite 1
Grinnell, IA 50112
P. 641-670-1505 - Office
1-844-673-5499 - Emergency Housing
1-800-270-1620 - Sexual Assault Line

www.stopdvsa.org

Clear Brook Counseling Professionals

614 Billy Sunday Rd. Suite 100
Ames, IA 50010

P. 515-337-1764 F. 515-337-0480

www.clearbrookcounselingprofessionals.com

Clinical Associates of Ames

511 Duff Ave. Suite 100
Ames, IA 50010
P. 515-292-2703

Community & Family Resources (CFR)

211 Ave. M West
Fort Dodge IA 50501
P. 515-576-7261 F. 515-955-7628

www.cfrhelps.org

1619 S. High Ave.
Ames, IA 50010

P. 515-232-5811 F. 515-232-3780

www.cfrhelps.org

823 Keeler St.

Boone, IA 50036

P. 515-576-7261 F. 515-433-0429

www.cfrhelps.org

Community Support Advocates

6000 NW Aurora Ave.
Des Moines, IA 50322

P. 844-883-1776 F. 515-883-2171

www.teamcsa.org

Compass Tree Counseling

600 5th St., Suite 300
Ames, IA 50010

P. 515-233-3971 F. 877-522-5014

www.compasstree.org

Connecting Foundations on Grand, LLC

517 Grand Ave., Suite 102
Ames, IA 50010

P. 515-232-1689

www.connectingfoundations.com

Connections Peer Support

306 N. 3rd Ave. E.
Newton, IA 50208

P. 641-275-3516

Cornerstone Counseling Center

4720 Mortensen Rd. Suite 102
Ames, IA 50014

P. 515-599-8904

www.cornerstone-counseling.com



C, cont.

Counseling for Growth and Change**Lori Nelson-Salsbury**

915 8th St.
Boone, IA 50036
P. 515-432-8687
www.counselingforgrowthandchange.com

Creative Counseling Services, Inc.

214 5th St.
Ames, IA 50010
P. 515-233-1699
www.ccsames.org

Creative Hope Counseling

106 N 8th St.
Montezuma, IA 50171
P. 641-226-2665

Crisis Intervention & Advocacy Center

110 W. Court
Winterset, IA 50273
P. 515-993-4095 F. 515-993-2131
www.cppconline1.com/resources

Crisis Intervention Services

Cerro Gordo County
206 3rd St. NE
Mason City, IA 50401
P. 641-424-9133
Domestic Abuse: 855-424-9133
Sexual Assault: 800-479-9071

Franklin County
420 4th St. SE
Hampton, IA 50441
P. 641-456-8949
Domestic Abuse: 855-424-9133
Sexual Assault: 800-479-9071
www.cishelps.org

Hamilton County
Domestic Abuse: 855-424-9133
Sexual Assault: 800-479-9071

Hancock County
Domestic Abuse: 855-424-9133
Sexual Assault: 800-479-9071

Hardin County
1201 14th Ave.
Eldora, IA 50627
P. 641-939-8186
Domestic Abuse: 855-424-9133
Sexual Assault: 800-479-9071

Webster County
Domestic Abuse: 855-424-9133
Sexual Assault: 800-479-9071

Wright County
P. 641-530-1003
Domestic Abuse: 855-424-9133
Sexual Assault: 800-479-9071

Crisis Line/Mobile Crisis Response Dispatch

855-581-8111
www.unitypoint.org

Crossroads Behavior Health Services

102 W. Summit
Winterset, IA 50273
P. 515-462-3105
www.crossroadsbhs.org

Crossroads Counseling

113 Colorado Ave.
Ames, IA 50014
P. 515-292-1813

Cultivate Wellness Counseling

214 5th St.
Ames, IA 50010
P. 515-212-7379
www.cultivatewellnessames.com

D

Davis Psychological

809 5th Ave.
Grinnell, IA 50112
P. 641-236-0632 F. 888-890-2713
www.davispsychservices.com

Domestic Sexual Assault Outreach Center (D/SAOC) – Crisis based shelter

P. 515-955-2273 or 888-356-2006
F. 515-955-1958
www.dsaoc.com

Dr. Huan Jacqueline Perman

827 1/2 Broad St., Apt. 1
Grinnell, IA 50112
P. 352-872-8669

Dr. Sally Kuhn, ARNP

1422 1st Ave. E.
Newton, IA 50208
P. 641-521-5557

Dr. Karen Quinn, PHD

501 W 3rd St. N
Newton, IA 50208
P. 641-275-9276

Duncan Heights

236 State St.
Garner, IA 50438
P. 641-923-3337

E

Eyerly Ball Community Mental Health Services

2521 S. University Blvd., Unit 121
Ames, IA 50010
P. 515-598-3300

Eyerly Ball Integrated Health Home

2521 S. University Blvd., Suite 122
Ames, IA 50010
P. 515-241-0982

900 W. 3rd St.
Boone, IA 50036
P. 515-598-3300

1007 S. Jefferson Way
Indianola, IA 50125
P. 515-241-0982

F

Family Crisis Center

1014 N Elm St.
Ottumwa, IA 52501
P. 641-683-1750 or 641-799-2370
800-464-8340 Domestic Violence Crisis Line
800-270-1620 Sexual Assault Crisis Line
www.ottumwacrisiscenter.com

FIA Friendship Club, Inc.

PO Box 622
602 S. Oak St.
Iowa Falls, IA 50126
P. 641-648-7500

Firm Foundations

600 5th St., #304
Ames, IA 50010
P. 515-233-8441

Flourishing Engagements

113 Colorado Ave., Suite 203
Ames, IA 50014
P. 515-450-9658

Franklin General Hospital

1720 Central Ave. E, Suite A
Hampton, IA 50441
P. 641-456-5000
www.mercyonenorthiowaaffiliates.org

Freedom Pointe

28 N. 10th St.
Fort Dodge, IA 50501
P. 515-408-5917

Friends Forever Social Education Center

500 Fairmeadow Dr.
Webster City, IA 50595
P. 515-832-9550
www.friendsforeversec.org

Friendship Ark

130 S. Sheldon Ave., Suite 203
Ames, IA 50014
P. 515-292-9556
www.friendshipark.org

Full Circle Therapy

111 N 2nd Ave.
Winterset, IA 50273
P. 712-352-0837
www.fullcircletherapyiowa.com

G

Grace C. Mae Advocate Center

2501 S. Center St.
Marshalltown, IA 50158
P. 641-753-1289
www.advocatecenter.org



G, cont.

833 Brooks Rd.
Iowa Falls, IA 50126
P. 319-361-6529
www.advocatecenter.org

Greene County Medical Center
1000 W. Lincolnway
Jefferson, IA 50129
P. 515-386-2114
www.gcmhealth.com

Grinnell Housing Authority
520 4th Ave.
Grinnell, IA 50112
P. 641-236-2611

Grinnell Regional Medical Center
210 4th Ave.
Grinnell, IA 50112
P. 641-236-7511
www.unitypoint.org

H

Hansen Family Hospital
920 S. Oak
Iowa Falls, IA 50126
P. 641-648-7000
www.mercyonenorthiowaaffiliates.org

HEAL House
906 S Jefferson Way
Indianola, IA 50125

Healing Hearts Therapy/Peggy Clark
806 7th St. #U2
Boone, IA 50036
P. 515-432-3206

Healthy Homes Family Services
812 Commercial St.
Grinnell, IA 50112
P. 641-236-0273
www.healthyhomesfs.com

Healing Place, The
809 Wheeler St., Suite 105
Ames, IA 50010
P. 515-943-1163

Heart & Solutions
PO Box 233
Grundy Center, IA 50638
P. 800-531-4236
www.heartandsolutions.net

511 Duff Ave.
Ames, IA 50010
P. 800-531-4236
www.heartandsolutions.net

Heartland Mental Health Therapy
328 Main St.
Ames, IA 50010
P. 515-520-9703

Hope Ministries/Bethel Mission
1310 6th Ave.
Des Moines, IA 50314
P. 515-244-5445
www.hopeiowa.org

House of Mercy
1409 Clark St.
Des Moines, IA 50314
P. 515-643-6500
www.mercyone.org

200 N. 8th Ave. E.
Newton, IA 50208
P. 641-792-0717
www.mercyone.org

310 N. Buxton St.
Indianola, IA 50125
P. 515-358-7610
www.mercyone.org

I

Illuminations, Inc.
416 Douglas Ave., #201
Ames, IA 50010
P. 515-232-7157

Imagine the Possibilities
115 E. Lincolnway
Jefferson, IA 50129
P. 563-652-5252
www.imagineia.org

1809 W 2nd Ave.
Indianola, IA 50125
P. 515-961-6918
www.imagineia.org

2521 University Blvd., Suite 124
Ames, IA 50010
P. 563-652-5252
www.imagineia.org

603 W Green St.
Winterset, IA 50273
P. 563-652-5252
www.imagineia.org

610 10th St.
Perry, IA 50220
P. 515-465-7541
www.imagineia.org

927 8th St.
Boone, IA 50036
P. 515-432-7288
www.imagineia.org

In Perspective, PLLC
1A N 4th St.
Marshalltown, IA 50158
P. 641-753-0440

Infinity Health
219 W Washington Street
Osceola, IA 50213
P: 641-342-1742 F: 515-608-4692
www.weareinfinityhealth.org

Innovative Counseling & Consulting, Inc.
511 Duff Ave. Lower Level
Ames, IA 50010
P. 515-235-5224
www.innovative-counseling.org

Integrated Health Services
9 N. 4th Ave.
Marshalltown, IA 50158
P. 641-752-1585
www.centerassoc.com

Integrated Treatment Services
303 S. 2nd Ave. W.
Newton, IA 50208
P. 641-792-0045
www.integratedtreatmentservices.org

Iowa Methodist Medical Center
1200 Pleasant St.
Des Moines, IA 50309
P. 515-241-6212
www.unitypoint.org

Iowa Specialty Hospitals & Clinics
403 1st St. SE
Belmond, IA 50421
P. 844-474-4321

1316 S. Main St.
Clarion, IA 50525
P. 844-474-4321

700 2nd St. SE
Hampton, IA 50441
P. 641-812-1094
www.iowaspecialtyhospital.com

Iowa State University Department of Public Safety (DPS)
2519 Osborn Dr.
Ames, IA 50011
P. 515-294-4428
www.dps.iastate.edu

Iowa State University Student Counseling
2505 Union Dr.
Ames, IA 50011
P. 515-294-5056 F. 515-294-5205
www.counseling.iastate.edu

**Iowa State University
Thielen Student Health Center**
2647 Union Dr. Iowa State University
Ames, IA 50011
P. 515-294-5801
www.health.iastate.edu

Iowa Vocational Rehabilitation Services
819 Wheeler St., Suite 6
Ames, IA 50010
P. 515-313-5753

510 N. Carroll St., Suite 2
Carroll, IA 51401
P. 712-792-9351

1501 W. Townline St.
Creston, IA 50801
P. 641-782-8538

510 E. 12th Street
Des Moines, IA 50319
P. 515-281-4211



I, cont.

2 Triton Cir
Fort Dodge, IA 50501
P. 515-573-8175

101 Iowa Ave. W, Suite 200
Marshalltown, IA 50158
P. 641-352-7942, ext. 3

600 S. Pierce Ave.
Mason City, IA 50401
P. 641-422-1551

J

Jeff Wells
815 1/2 5th Ave.
Grinnell, IA 50112
P. 641-236-4680
www.mindfulgrinnell.com

K

Kai Lani Center, LLC
2603 Northridge Parkway, Suite 103
Ames, IA 50010
P. 515-338-2929

Kavanaugh Counseling and Consulting, LLC
208 5th St., Suite 104
Ames, IA 50010
P. 515-585-1035

Kun-Hong Lu
810 5th Ave.
Grinnell, IA 50112
P. 641-236-8811

KW Counseling – Kevin Wilson
1015 Union St.
Boone, IA
P. 515-720-1544

L

Life Connections
P. 641-903-7759
www.life-connections.org

Lotus Community Project
2980 170th St.
Vincent, IA 50501
515-571-8802

Lutheran Services in Iowa (LSI)
106 16th St.
Waverly, IA 50677
P. 319-352-2630
www.lsiowa.org

111 W 15th St.
Davenport, IA 52803
P. 563 -322-7419, ext. 15
www.lsiowa.org

1323 Northwestern Ave.
Ames, IA 50010
P. 515-232-7262; Referrals: 888-457-4692
www.lsiowa.org

302 W. Church St.
Marshalltown, IA 50158
P. 641-328-1040
www.lsiowa.org

Lutheran Social Services
1005 Beach St.
Webster City, IA 50595
P. 515-832-3043
www.stpaulwebstercity.org

M

Madison County Memorial Hospital
300 W. Hutchings St.
Winterset, IA 50273
P. 515-462-2373
www.madisonhealth.com

Mainstream Living
2012 E. 13th St.
Ames, IA 50010
P. 515-232-8405
www.mainstreamliving.org

Mary Greeley Medical Center
1111 Duff Ave.
Ames, IA 50010
P. 515-239-2011
www.mgmc.org

Mary Greeley Medical Center – OP Bx Health
(Located within hospital)
1111 Duff Ave.
Ames, IA 50010
P. 515-239-6888

**Mary Greeley Medical Center
Transitional Living Center - Subacute**
124 S. Hazel Ave.
Ames, IA 50010
P. 515-239-6747
www.mgmc.org

Mason City Clinic
123 1st Ave. SW
Hampton, IA 50441
P. 641-494-5170
www.mcclinic.com

MercyOne Des Moines Medical Center
1111 6th Ave.
Des Moines, IA 50314
P. 515-247-3121
www.mercyone.org

MercyOne Newton Medical Center
204 N. 4th Ave. E
Newton, IA 50208
P. 641-792-1273 F. 641-787-3165
www.mercyone.org

MercyOne North Iowa
1000 4th St. SW
Mason City, IA 50401
www.mercyone.org

MercyOne West Des Moines Medical Center
1755 59th Place
Des Moines, IA 50266
P. 515-358-8000
www.mercyone.org

Mid Iowa Triumph Recovery Center
204 E Linn St., Suite A
Marshalltown, IA 50158
P. 641-751-7656

Midwest Counseling
818 4th Ave.
Grinnell, IA 50112
P. 641-236-1644
www.midwestcounselingllc.com

307 W Main St., Suite 2
Marshalltown, IA 50158
P. 641-352-3031
www.midwestcounselingllc.com

Moonstone Wellness
16 E. Main St., Suite 115
Marshalltown, IA 50158
P. 515-393-4270
www.moonstonellc.com

N

NAMI Central Iowa
424 5th St.
Ames, IA 50010
P. 515-292-9400
www.namicentraliowa.org

Network Community Counseling Services
W112 Lago Hall
Ames, IA 50011
P. 515-294-1898

New Journey Counseling
208 5th St., Suite 150
Ames IA 50010
P. 515-232-1977

Next Counseling of Iowa
809 Wheeler St., Suite 108
Ames, IA 50010
P. 515-996-6778

North Iowa Regional Services
1440 West Dunkerton Rd.
Waterloo, IA 50703
P. 319-291-2455
www.nirservices.com

North Star Community Services
307 W Main St., Suite 4
Marshalltown, IA 50158
P. 641-754-4842
www.northstarcs.org

Northern Lights Alliance for the Homeless Shelter
307 N. Monroe Ave.
Mason City, IA 50401
P. 641-380-0047
www.northernlightsshelters.org



O

Okerberg and Associates

6139 US Hwy 69
Ames, IA 50010
P. 515-577-6595

One Vision

707 Prospect St.
Webster City, IA 50595
P. 515-823-9620
www.onevision.org

Optimae LifeServices

803 1/2 Main
Adel, IA 50003
P. 515-993-4973
www.optimaelifeservices.com

104 Hazel Ave.
Ames, IA 50010
P. 515-956-2600

www.optimaelifeservices.com

328 Main St., Suite 110
Ames, IA 50010
P. 515-715-1887

www.optimaelifeservices.com

1514 Edgington Ave.
Eldora, IA 50627
P. 641-849-8120

www.optimaelifeservices.com

1112 N. Howard St.
Indianola, IA 50125
P. 515-442-6790

www.optimaelifeservices.com

101 E. Southridge Rd.
Marshalltown, IA 50158
P. 641-351-4447

www.optimaelifeservices.com

1730 1st Ave. E.
Newton, IA 50208
P. 641-787-9133

www.optimaelifeservices.com

P

Patti Campidilli

100 S B St.
Indianola, IA 50125
P. 515-962-9126

Peace of Mind Counseling Services

117 Buxton St.
Indianola, IA 50125
P. 515-962-5561
www.peaceofmindindianola.com

Phoenix Center, The

210 W Ashland
Indianola, IA 50125
P. 641-521-4896

Plains Area Mental Health Center

106 W. Washington St.
Jefferson, IA 50129
P. 712-792-2991
www.plainsareamentalhealth.org

318 S. Maple, Suite 1
Carroll, IA 51401
P. 712-792-2991

www.plainsareamentalhealth.org

Prairie Ridge Downtown Drop In Center

112 2nd St. SE
Mason City, IA 50401
P. 641-243-7214

Prairie Ridge Drop In Center - Franklin County

214 4th St. SE
Hampton, IA 50441
P. 641-425-0572

Prairie Ridge Integrated Behavioral Healthcare

123 1st Ave. SW
Hampton, IA 50441
P. 641-456-2365
www.prairieridge.net

Progress Industries - The Place

113 S 2nd Ave. E
Newton, IA 50208
P. 641-792-6119 F. 641-792-0337
www.progressindustries.org

R

Region XII

320 E. 7th St.
Carroll, IA 51401
P. 712-792-5560

REM Iowa

21 S. 2nd Ave.
Marshalltown, IA 50158
P. 641-753-4133
www.remiowa.com

River Valley Therapy Clinic - Jeremy Stumbo

245 W. Walnut St.
Ogden, IA 50212
P. 515-290-2259
www.rivervalleytherapyclinic.com

103 E. 6th St., Suite 100
Ames, IA 50010
P. 515-290-2259

www.rivervalleytherapyclinic.com

Rose Center, The

107 State St.
Boone, IA 50036
P. 515-298-4394
www.centraliowarecovery.org

Rosedale Shelter (YSS)

703 Burnett Ave.
Ames, IA 50010
P. 515-233-2330

S

Shelter House

429 Southgate Ave.
Iowa City, IA 52240
P. 319-351-0326 F. 319-358-7132
www.shelterhouseiowa.org

Southern Iowa Mental Health Center

1527 Albia Road
Ottumwa, IA 52501
P. 641-682-8772 F. 641-682-1924
www.simhcottumwa.org

Spring Harbor

123 1st St. SE
Mason City, IA 50401
P. 641-201-8990

Station Clubhouse - Connections

729 Pearl St.
Grinnell, IA 50112
P. 641-236-5325
www.capstonebh.com

Steiner and Associates

16 E. Main St.
Marshalltown, IA 50158
P. 641-844-1200 F. 641-844-1204
www.steinerpsych.com

821 5th Ave. Suite 105
Grinnell, IA 50112
P. 641-844-1200

www.steinerpsych.com

Stidwell, Sue LMHC

2847 Torrey Pines Rd.
Ames, IA 50010
P. 515-599-3168

Story County Medical Center

640 S 19th St.
Nevada, IA 50201
P. 515-382-2111

Substance Abuse Treatment Unit of Central Iowa (SATUCI)

611 4th Ave.
Grinnell, IA 50112
P. 641-752-5421
www.satuci.com

9 N. 4th Ave.
Marshalltown, IA 50158
P. 641-752-5421
www.satuci.com

T

Tammy Foster Harber

521 1st Ave. E.
Newton, IA 50208
P. 641-787-0026

Team Restoration Ministries

Mailing Address:
1473 195th Ave.
Osceola, IA 50213



T, cont.

Practice Location:

14424 Kennedy St.
Indianola, IA 50125
P. 515-238-9010

www.team-restoration.org

Trinity House of Hope Women's Shelter

2 S Adams Ave.
Mason City, IA 50401
P. 641-423-5920

Turning Point Evaluation, Inc.

113 N. John Wayne Dr.
Winterset, IA 50273
P. 515-462-5967

www.turningpointevaluation.org

U

UnityPoint Behavioral Health Urgent Care

720 Kenyon Rd.
Fort Dodge, IA 50501
P. 800-482-8305 P. 515-955-7171

www.unitypoint.org

UnityPoint Clinic - Indianola

301 East Hillcrest Ave.
Indianola, IA 50125
P. 515-961-3700

www.unitypoint.org

UnityPoint Health

3 S. 4th Ave.
Marshalltown, IA 50158
P. 641-754-5151

www.unitypoint.org

UnityPoint Health - Berryhill Center

720 Kenyon Rd.
Fort Dodge, IA 50501
P. 800-482-8305

www.unitypoint.org

120 1st Ave. NW, Suite 2

Clarion, IA 50525
P. 800-482-8305

www.unitypoint.org

123 1st Ave. SW
Hampton, IA 50441
P. 800-482-8305

www.unitypoint.org

500 Fair Meadow Dr.
Webster City, IA 50595
P. 800-482-8305

www.unitypoint.org

UnityPoint Health - Eyerly Ball

2521 University Blvd. #121
Ames, IA 50010
P. 515-598-3300

www.unitypoint.org

105 S Marshall St.
Boone, IA 50036
P. 515-598-3300

www.unitypoint.org

945 19th St.
Des Moines, IA 50314
P. 515-241-0982

www.unitypoint.org

1007 S. Jefferson Way
Indianola, IA 50125
P. 515-961-1068

www.unitypoint.org

209 E. Madison St.
Winterset, IA 50273
P. 515-961-1068

www.unitypoint.org

UnityPoint Health - Iowa Lutheran Hospital

700 E. University Ave.
Des Moines, IA 50316
P. 515-263-5612

www.unitypoint.org

UnityPoint Trinity Regional Medical Center

802 Kenyon Rd.
Fort Dodge, IA 50501
P. 515-573-3101

V

Van Diest Medical Center

2350 Hospital Dr.
Webster City, IA 50595
P. 515-832-9400 F. 515-832-9420

www.vandiestmc.org

Vine Christian Counseling

414 Northwestern Ave., Suite 202
Ames, IA 50010
P. 515-233-3977

Vold, Brian, ARNP

814 Railroad
Iowa Falls, IA 50126
P. 641-648-4010

W

Waypoint

318 5th St. SE
Cedar Rapids, IA 52401
P. 319-365-1458

www.waypointservices.org

Willis Dady Shelter

1247 4th Ave. SE
Cedar Rapids, IA 52403
P. 319-362-7555 F. 319-362-7540

www.willisdady.org

Winter Shelter

821 S. Clinton St.
Iowa City, IA 52240
P. 319-499-8004

www.jchomeless.org

Y

Youth and Shelter Services (YSS)

105 S. Marshall St.
Boone, IA 50036
P. 515-433-2091

www.yss.org

Z

Zion Safe Harbor Crisis Center

706 Cedar Ave.
Woodward, IA 50276
P. 515-642-4125 F. 515-334-4086



