# CENTRAL IOWA COMMUNITY SERVICES MENTAL HEALTH AND DISABILITY SERVICES FY 2025 ANNUAL SERVICE AND BUDGET PLAN



# SUBMITTED 3/29/24; AMENDMENT SUBMITTED 11/25/24

**GEOGRAPHIC AREA**: Boone, Cerro Gordo, Franklin, Greene, Hamilton, Hancock, Hardin, Jasper, Madison, Marshall, Poweshiek, Story, Warren, Webster, Wright Counties

REVIEWED BY ADVISORY COMMITTEES: 3/22/24; AMENDMENT REVIEWED 11/18/24 APPROVED BY GOVERNING BOARD: 3/28/24; AMENDMENT APPROVED 11/22/24

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## Introduction

CICS was formed under Iowa Code Chapter 28E to create a Mental Health and Disability Service (MHDS) Region in compliance with Iowa Code 225C.57. The Annual Service and Budget Plan is a component of the Management Plan, which includes three parts: Annual Service and Budget Plan, Annual Report, and Policies and Procedures Manual in compliance with Iowa Administrative Code 441.25.

The FY2025 Annual Service and Budget Plan covers the period of July 1, 2024, to June 30, 2025. The Annual Service and Budget Plan includes local access points, service coordination and targeted case management providers, crisis services, intensive mental health services, a description of the scope of services to be provided including core services, budget and financial provisions, and provider reimbursement provisions.

All funding for CICS is provided through the general fund of the state of Iowa. CICS is taking steps to meet the legislated ending fund balance of 5% at the end of FY2024.

The current CICS Governing Board Directors are:

Kendra Alexander - Education System Representative
Phil Clifton - Madison County Board of Supervisor
Ellen Rasmussen - Individual who Utilizes Mental Health and Disability Services or is an Actively Involved Relative of such an Individual Representative
Andrea Dickerson - Children's Behavioral Health Service Provider Representative
Christa Mattly - Parent/Actively Involved Relative of a Child who Utilizes Children's Behavioral Health Services
Christine Timmerman – Judicial System Representative
Lisa Heddens - Story County Board of Supervisor
Jerry Kloberdanz - Hamilton County Board of Supervisor
Richard Lukensmeyer - Franklin County Board of Supervisor
Dennis Quinn – Law Enforcement Representative
Gary Rayhons – Hancock County Board of Supervisor
Julie Smith - Adult Service Provider Representative
Brandon Talsma - Jasper County Board of Supervisor

The CICS Adult Advisory Committee members are:

Individual who Utilizes Mental Health and Disability Services or is an Actively Involved Relative of such an Individual: Kathy Hanzek Ellen Rasmussen Deb Williams

Provider Representative: Jennifer Ellis Rachel Fletcher Breon Gardner Heidi Metz Beth Colby Plautz Sharon Swope Julie Smith The CICS Children's Behavioral Health Advisory Committee Members are:

Allie Wulfekuhle - Parent/Actively Involved Relative of a Child who Utilizes Children's Behavioral Health Services Christa Mattly – Parent/Actively Involved Relative of a Child who Utilizes Children's Behavioral Health Services Andrea Dickerson - Children's Behavioral Health Service Provider Melinda Struthoff – Children's Behavioral Health Service Provider Kelly Moore - Early Childhood Advocate Lori Price - Early Childhood Advocate Rita Baker - Early Childhood Advocate Clarissa Thompson - Child Welfare Advocate Rose Dickinson - Child Welfare Advocate Keith Halleland - Child Welfare Advocate Karie Foster - The Education System Kendra Alexander - The Education System Chief Rob Burdess - Local Law Enforcement Emilea Lundberg - The Juvenile Court System Shirley Faircloth - The Juvenile Court System Dejah Roman - Child Care Provider Dr. Jack Swanson - Pediatrician

The County Supervisor Regional Advisory Committee Members are:

Boone - Erich Kretzinger Cerro Gordo - Chris Watts Franklin - Richard Lukensmeyer Greene - Dawn Rudolph Hamilton - Jerry Kloberdanz Hancock - Gary Rayhons Hardin - BJ Hoffman Jasper - Brandon Talsma Madison - Phil Clifton Marshall - Jarret Heil Poweshiek - Diana Dawley Story - Lisa Heddens Warren - Mark Snell Webster - Mark Campbell Wright - Karl Helgevold

The Justice Regional Advisory Committee Members are:

Rebecca Barret - Judicial System Dennis Quinn - Law Enforcement Clarissa Little – Judicial System Michael Newton – Law Enforcement Shawn LaRue – Judicial System Faith Repp – Law Enforcement Christine Timmerman – Judicial System

## A. Local Access Points

An access point is a part of the CICS service system trained to complete MHDS regional applications for persons with a disability.

CICS has designated the following CICS office access points for adult mental health and disability services and children's behavioral health services. The CICS main phone number is 515-513-6870 and the CICS main fax number is 515-985-0587, individuals can be connected to the below CICS offices by calling the CICS main phone number.

Access Point	Location
CICS - Boone County	900 W 3rd St., Boone IA 50036
CICS - Cerro Gordo County	5 S. Delaware Ave., Mason City IA 50401
CICS - Franklin County	123 1st Ave SW, Hampton IA 50441
CICS - Greene County	114 N. Chestnut St., Jefferson IA 50129
CICS - Hamilton County	1610 Collins St., Suite 3, Webster City IA 50595
CICS - Hancock County	236 State St., Garner IA 50438
CICS - Hardin County	1201 14th Ave., Eldora IA 50627
CICS - Jasper County	315 W. 3 <sup>rd</sup> St. N, Suite. 200, Newton IA 50208
CICS - Madison County	112 John Wayne Dr., Winterset IA 50273
CICS - Marshall County	2501 S. Center St., Suite F, Marshalltown IA 50158
CICS - Poweshiek County	200 4 <sup>th</sup> Ave. W, Suite 202, Grinnell IA 50112
CICS - Story County	1103 Buckeye Ave., Suite 104, Ames IA 50010
CICS - Warren County	1007 S. Jefferson Way, Indianola IA 50125
CICS - Webster County	308 Central Ave., Fort Dodge IA 50501
CICS - Wright County	210 1 <sup>st</sup> St. SW, Clarion IA 50525

## **B. Service Coordination and Targeted Case Management**

The following agencies provide service coordination and/or targeted case management for CICS.

Service Coordination Provider	Adult/ Child/ Both	Location	Contact Information
CICS - Boone County	Both	900 W 3rd St., Boone IA 50036	515-513-6870
CICS - Cerro Gordo County	Both	5 S. Delaware Ave., Mason City IA 50401	515-513-6870
CICS - Franklin County	Both	123 1st Ave. SW, Hampton IA 50441	515-513-6870
CICS - Greene County	Both	114 N. Chestnut St., Jefferson IA 50129	515-513-6870
CICS - Hamilton County	Both	1610 Collins St., Suite 3, Webster City IA 50595	515-513-6870
CICS - Hancock County	Both	236 State St., Garner IA 50438	515-513-6870
CICS - Hardin County	Both	1201 14th Ave., Eldora IA 50627	515-513-6870
CICS - Jasper County	Both	315 W. 3 <sup>rd</sup> St. N, Suite 200, Newton IA 50208	515-513-6870
CICS - Madison County	Both	112 John Wayne Dr., Winterset IA 50273	515-513-6870
CICS - Marshall County	Both	2501 S. Center St., Suite F, Marshalltown IA 50158	515-513-6870
CICS - Poweshiek County	Both	200 4 <sup>th</sup> Ave. W, Suite 202, Grinnell IA 50112	515-513-6870
CICS - Story County	Both	1103 Buckeye Ave., Suite 104, Ames IA 50010	515-513-6870
CICS - Warren County	Both	1007 S. Jefferson Way, Indianola IA 50125	515-513-6870
CICS - Webster County	Both	308 Central Ave., Fort Dodge IA 50501	515-513-6870
CICS - Wright County	Both	210 1 <sup>st</sup> St. SW, Clarion IA 50525	515-513-6870
Capstone Behavioral Healthcare, Inc	Adult	1123 1 <sup>st</sup> Ave E, Suite 200, Newton IA 50208	641-275-3481
Center Associates Integrated Health Services	Both	9 North 4 <sup>th</sup> Ave., Marshalltown IA 50158	641-752-1585
ChildServe	Both	5406 Merle Hay Road, Johnston IA 50131	515-727-8750
ChildServe	Both	1915 Philadelphia St., Ames IA 50010	515-232-7220
Community Support Advocates	Both	6000 Aurora Ave. Suite. B, Des Moines IA 50322	515-883-1776
Crossroads Behavioral Health Services	Both	1003 Cottonwood Rd., Creston IA 50801	641-782-8457
Ellipsis	Both	918 SE 11 <sup>th</sup> St., Des Moines, IA 50309	515-282-9377
Eyerly Ball Community Mental Health Services	Adult	2521 University Blvd., Suite 121, Ames IA 50010	515-241-0982
Eyerly Ball Community Mental Health Services	Adult	1301 Center St., Des Moines IA 50139	515-241-0982
Four Oaks Family and Children Services	Both	5400 Kirkwood Blvd. SW, Cedar Rapids IA 52404	319-364-0259
Iowa Total Care	Adult	1370 Timberlake Manor Pkwy, Chesterfield MO 63017. Website: <u>https://www.iowatotalcare.com/</u>	1-833-404-1061 (TTY: 711)

Orchard Place Child Guidance Center	Both	620 8th St., Des Moines IA 50309	515-256-3450
Plains Area Mental Health Center	Both	318 S. Maple St., Suite 1, Carroll IA 51401	712-792-3067
Prairie Ridge Integrated Behavioral Healthcare	Adult	123 1st Ave. SW, Hampton IA 50441	641-243-7264
Prairie Ridge Integrated Behavioral Healthcare	Adult	320 N. Eisenhower Ave., Mason City, IA 50401	641-243-7264
Stepping Stone Family Services	Both	1308 8 <sup>th</sup> St. #5, West Des Moines, IA 50265	515-276-6338
UnityPoint Health - Berryhill Center	Both	720 Kenyon Road, Fort Dodge IA 50501	515-955-7171
YSS, Inc.	Child	125 South 3 <sup>rd</sup> St., Ames IA 50010	515-233-2250
Wellpoint Iowa, Inc.	Adult	1089 Jordan Creek Parkway, West Des Moines IA 50266. Website: <u>https://www.provider.wellpoint.com/</u> <u>iowa-provider/patient-care/case-management</u>	1-833-731-2140 (TTY: 711)

# C. Crisis Planning

The following accredited crisis services are available to residents of the region for crisis prevention, response, and resolution.

## 24 Hour Crisis Response

Provider	Location	Contact Information
Abbe Center for Community Mental Health	520 11 <sup>th</sup> St. NW, Cedar Rapids, IA 52405	319-398-3562
Capstone Behavioral Healthcare, Inc.	1123 1 <sup>st</sup> Ave. E, Suite 200 Newton IA 50208	641-792-4012
Capstone Behavioral Healthcare, Inc.	200 4 <sup>th</sup> Ave. W, Grinnell IA 50112	641-528-6065
Center Associates	9 N 4th Ave., Marshalltown IA 50158	641-752-1585
Crossroads Behavioral Health Services	102 W. Summit, Winterset IA 50273	515-462-3105
Eyerly Ball Community Mental Health Services	2521 University Blvd, Suite 121, Ames IA 50010	515-241-0982
Eyerly Ball Community Mental Health Services	1301 Center St., Des Moines IA 50139	515-241-0982
Plains Area Mental Health Center	318 S. Maple St. Suite 1, Carroll IA 51401	712-792-2991
Prairie Ridge Integrated Behavioral Healthcare	320 N. Eisenhower Ave., Mason City IA 50401	641-424-2391
UnityPoint Health - Berryhill Center	720 Kenyon Rd., Fort Dodge IA 50501	515-955-7171

### 24 Hour Crisis Hotline

Provider	Location	Contact Information
Your life Iowa – Foundation 2, Inc.	1714 Johnson Ave. NW, Cedar Rapids IA 52405	Phone:
		855-581-8111
		Text:
		855-895-8398
		Chat:
		www.YourLifelowa.org
988 Suicide and Crisis Lifeline	National network of local crisis centers answer calls to 988	Phone: 988
		Text: 988
		Chat: <u>988lifeline.org</u>

#### **Crisis Evaluation**

Provider	Adult/Child /Both	Location	Contact Information
Capstone Behavioral Healthcare, Inc.	Both	1123 1 <sup>st</sup> Ave. E, Suite 200 Newton IA 50208	641-792-4012
Capstone Behavioral Healthcare, Inc.	Both	200 4 <sup>th</sup> Ave. W, Grinnell IA 50112	641-528-6065
Center Associates	Both	9 N 4th Ave., Marshalltown IA 50158	641-752-1585
Crossroads Behavioral Health Services	Both	102 W. Summit, Winterset IA 50273	515-462-3105
Eyerly Ball Community Mental Health Services	Both	2521 University Blvd., Suite 121, Ames IA 50010	515-241-0982
Eyerly Ball Community Mental Health Services	Both	1007 S. Jefferson Way, Indianola IA 50125	515-241-0982
Integrated Telehealth Partners	Both	1501 42 <sup>nd</sup> St., Suite 575, West Des Moines, IA 50266	855-270-3625
Plains Area Mental Health Center	Both	106 W. Washington Street, Suite 2, Jefferson IA 50129	712-792-2991
Prairie Ridge Integrated Behavioral Healthcare	Both	320 N. Eisenhower Ave., Mason City IA 50401	641-424-2391
UnityPoint Health - Berryhill Center	Both	720 Kenyon Rd., Fort Dodge IA 50501	515-955-7171

#### **Mobile Response**

Provider	Location	Contact Information
Eyerly Ball Community Mental Health Services	945 19 <sup>th</sup> St., Des Moines IA 50314	855-581-8111

#### **Crisis Stabilization Community-based Services**

Provider	Adult/Child	Location	Contact
			Information
Eyerly Ball Community Mental Health Services	Both	945 19 <sup>th</sup> St., Des Moines IA 50314	855-581-8111

#### **Crisis Stabilization Residential Services**

Provider	Adult/Child	Location	Contact
			Information
43 North Iowa	Adult	109 2 <sup>nd</sup> St. SE, Mason City IA 50401	641-424-8708
Easterseals Iowa	Child	401 N.E. 66 <sup>th</sup> Ave., Des Moines IA 50313	515-288-0818
Guidelink Access Center	Adult	300 Southgate Ave., Iowa City IA 52240	319-688-8000
Inside Out Wellness and Advocacy (I.O.W.A.)	Adult	706 Cedar Ave., Woodward IA 50276	515-642-4125
Mental Health Access Center of Linn County	Adult	501 13 <sup>th</sup> St. NW, Cedar Rapids IA 52405	319-892-5612
North Iowa Regional Services	Adult	1440 W. Dunkerton Rd., Waterloo IA 50703	319-291-2455
Plains Area Mental Health Center – Turning Point	Adult	900 Early St., Sac City IA 50583	712-662-8055
Youth Shelter Care of North Central Iowa, Inc.	Child	301 Avenue M West, Fort Dodge IA 50501	515-955-4222
YSS, Inc.	Child	703 Burnett Ave., Ames IA 50010	515-233-2330
YSS, Inc.	Child	50 North Eisenhower Ave., Mason City IA 50401	641-423-7362

#### 23-Hour Observation

Provider	Location	Contact Information
Abbe Center for Community Mental Health	Mental Health Access Center of Linn County, 501 13 <sup>th</sup> St. NW, Cedar Rapids, IA 52405	319-892-5612
Broadlawns Medical Center	1914 Carpenter Ave., Des Moines, IA 50314	515-282-5742

CICS has entered into a Memorandum of Understanding (MOU) with the following regions to acknowledge agreement to follow the host region contract with the crisis service provider who is located outside of the CICS region that has agreed to serve CICS residents: County Social Services, Heart of Iowa Community Services, and MHDS of East Central. In the event a MOU is not in place, CICS will follow the host region contract for crisis services.

CICS also has MOUs with Care Connections of Northern Iowa and County Social Services for access to crisis services located within CICS.

CICS plans to explore the expansion of mobile crisis response services and has budgeted funding for sustainability of crisis stabilization residential services.

CICS is partnering with YSS, Inc. for development of Ember Youth Recovery Campus near Cambridge, IA where crisis stabilization residential services will be available as well as other services including, but not limited to, emergency

shelter and residential addiction treatment services for youth. It is anticipated the Ember Youth Recovery Campus will open in December 2024.

## **D. Intensive Mental Health Services**

CICS has entered into MOUs with County Social Services, Heart of Iowa Community Services, and MHDS of East Central for access center services located outside of the CICS region. CICS also has MOUs with Heart of Iowa Community Services, Rolling Hills Community Services and Polk MHDS Region for access to subacute services located within CICS.

ACT services are currently available in Boone and Story Counties through Eyerly Ball Community Mental Health Services, Hamilton and Webster Counties through UnityPoint – Health Berryhill Center, and Cerro Gordo, Hancock, and Franklin Counties through Prairie Ridge Integrated Behavioral Healthcare.

CICS is actively working with agencies to formalize an access center network. CICS is partnering with Elevate Housing Foundation for development of four intensive residential service homes, it is anticipated these services will become available in FY2025.

The region has designated the following provider(s) as an **Access Center** that meet the requirements according to IAC 441-25.6(1) in a coordinated manner in one or more locations:

Provider	Location	Contact Information
Guidelink Access Center	300 Southgate Ave., Iowa City, IA 52240	319-688-8000
Inside Out Wellness and Advocacy (I.O.W.A)	706 Cedar Ave., Woodward, IA 50276	515-642-4125
Mental Health Access Center of Linn County	501 13 <sup>th</sup> St. NW, Cedar Rapids, IA 52405	319-892-5612
North Iowa Regional Services	1440 W. Dunkerton Rd., Waterloo, IA 50703	319-291-2455

The region has designated the following **Assertive Community Treatment (ACT)** teams which have been designated and meet the requirements in IAC 441—25.6(2).

Provider	Location	Contact Information
Eyerly Ball Community Mental Health Services	2521 University Blvd., Suite 121, Ames IA 50010	515-241-0982
Prairie Ridge Integrated Behavioral Healthcare	320 N. Eisenhower Ave., Mason City IA 50401	641-424-2391
UnityPoint Health – Berryhill Center	720 Kenyon Rd., Fort Dodge IA 50501	515-955-7171

The region has designated the following **Subacute** service providers which meet the criteria and are licensed by the Department of Inspections and Appeals.

Provider	Location	Contact Information
Mary Greeley Medical Center	124 S. Hazel Ave., Ames IA 50010	515-239-6747
Mental Health Access Center of Linn County	501 13 <sup>th</sup> St. NW, Cedar Rapids, IA 52405	319-892-5612
North Iowa Regional Services	1440 W. Dunkerton Rd., Waterloo, IA 50703	319-291-2455

The region has designated the following **Intensive Residential Service** providers which have been designated and meet the requirements in IAC 441—25.6(8):

Provider	Location	Contact Information
43 North Iowa	623 North Jackson St., Mason City, Iowa 50401	641-424-8708
Optimae Life Services	3617 Ross Rd., Ames, IA 50014	515-291-4224

## E. Scope of Services & Budget and Financing Provisions

The FY2025 budget was developed based on utilization for the current year and service development and expansion plans. The budget was approved by the CICS Governing Board.

The table below identifies the scope of services offered by CICS. All core services are available. If there is not funding identified in a core service column, it is because it has not been needed historically. If an individual needs funding for a core service and meets eligibility requirements found in the Eligibility section of the CICS Mental Health and Disability Services Management Plan Policies and Procedures manual, funding will be made available. Core services for children's behavioral health are identified by (\*\*) after the service name. Eligibility guidelines for children's behavioral health services are located in the Eligibility section of the CICS Mental Health and Policies and Procedures. The current Policies and Procedures can be found at: <u>www.cicsmhds.org</u>.

The region will utilize braided funding that includes regional, state, and other funding sources to meet the service needs within the region. Federal funding, third-party payors, and other nongovernmental funding is to be used prior to expending state regional service payment dollars.

The CICS FY25 expenditure budget is amended to realign chart of account line items based on projects approved last fiscal year with funds expended this fiscal year and service utilization projections. The CICS FY25 revenue budget is amended to reflect a reduction in revenue.

FY 2025 Budget	CICS MHDS Region	MI (40)	ID(42)	DD(43)	BI (47)	Admin (44)	Total
Core Doma	lains						
COA	Treatment						
42305	Mental health outpatient therapy **	\$ 510,000	\$ 10,000	\$ 10,000	\$ 10,000		\$ 540,000
42306	Medication prescribing & management **	\$ 35,000					\$ 35,000
43301	Assessment, evaluation, and early identification **	\$ 5,000	\$ 5,000	\$ 5,000	\$ 5,000		\$ 20,000
71319	Mental health inpatient therapy-MHI	\$ 375,000					\$ 375,000
73319	Mental health inpatient therapy **	\$ 10,000					\$ 10,000
	Crisis Services						
32322	Personal emergency response system	\$ 1,000	\$ 1,000	\$ 2,000	\$ 1,000		\$ 5,000
44301	Crisis evaluation	\$ 1,250,000					\$ 1,250,000
44302	23 hour crisis observation & holding	\$ 20,000					\$ 20,000
44305	24 hour access to crisis response						\$ -
44307	Mobile response **	\$ 450,000					\$ 450,000
44312	Crisis Stabilization community-based services **	\$ 150,000					\$ 150,000
44313	Crisis Stabilization residential services **	\$ 100,000					\$ 100,000
44379	System building & sustainability - Crisis	\$ 1,625,000					\$ 1,625,000
44396	Access Centers: start-up / sustainability	\$ 250,000					\$ 250,000
	Support for Community Living						
32320	Home health aide						\$ -
32325	Respite		\$ 2,000	\$ 2,000	\$ 1,000		\$ 5,000
32328	Home & vehicle modifications						\$ -
32329	Supported community living	\$ 1,400,000	\$ 150,000	\$ 150,000	\$ 50,000		\$ 1,750,000
42329	Intensive residential services	\$ 375,000					\$ 375,000
	Support for Employment						
50362	Prevocational services	\$ 4,000	\$ 4,000	\$ 2,000			\$ 10,000
50364	Job development						\$ -
50367	Day habilitation	\$ 60,000	\$ 60,000	\$ 50,000	\$ 30,000		\$ 200,000

## **Table A. Expenditures**

50368		<i>.</i>		4		4		~		 <u> </u>	
	Supported employment	\$	50,000	\$	50,000	\$	50,000	\$	25,000	\$	175,000
50369	Group Supported employment-enclave System building & sustainability - IPS &	\$	7,500	\$	7,500	\$	15,000			\$	30,000
50379	Vocational									\$	-
	Recovery Services										
45323	Family support	\$	40,000	\$	5,000	\$	5,000			\$	50,000
45366	Peer support	\$	8,000	\$	1,000	\$	1,000			\$	10,000
	Service Coordination										
21375	Case management									\$	-
24376	Health homes									\$	-
21070	Sub-Acute Services									¥	
63309	Subacute services-1-5 beds									\$	-
64309	Subacute services-6 and over beds	\$	150,000							\$	150,000
	Core Evidenced Based Treatment										,
04422	Education & Training Services -	~	20.000	~	20.000	~	20.000	~	45.000	~	75.000
04422	provider competency	\$	20,000	\$	20,000	\$	20,000	\$	15,000	\$	75,000
32379	System building & sustainability - Supported housing	\$	63,802							\$	63,802
32396	Supported housing	\$	25,000							\$	25,000
42398	Assertive community treatment (ACT)	\$	100,000							\$	100,000
45373	Family psychoeducation	\$	10,000							\$	10,000
	System building & sustainability - FPE &	-									
45379	Recovery Svcs	\$	10,000							\$	10,000
	Core Domains Total	\$	7,104,302	\$	315,500	\$	312,000	\$	137,000	\$	7,868,802
Mandated	Services										
46319	Oakdale	\$	5,000							\$	5,000
72319	State resource centers									\$	-
74XXX	Commitment related (except 301)	\$	400,000							\$	400,000
75XXX	Mental health advocate	\$	350,000							\$	350,000
	Mandated Services Total	\$	755,000	\$	-	\$	-	\$	-	\$	755,000
Additional	Core Domains										
	Justice system-involved services										
25xxx	Coordination services	\$	650,000							\$	650,000
25378	Contracted coordination services										-
44346	24 hour crisis line*									\$	-
44366	Warm line*									\$	-
46305	Mental health services in jails	~									
	inental nearth set frees in jans	\$	185,000							 \$	185,000
46398	Outpatient Competency Restoration	\$ \$	185,000 55,000							\$	185,000 55,000
46398 46399		\$	55,000							\$ \$	55,000
46398 46399 46422	Outpatient Competency Restoration Justice system-involved services-other Crisis prevention training	\$ \$	55,000							\$ \$ \$	55,000 - 175,000
46398 46399	Outpatient Competency Restoration Justice system-involved services-other Crisis prevention training Mental health court related costs	\$	55,000							\$ \$	55,000
46398 46399 46422	Outpatient Competency Restoration Justice system-involved services-other Crisis prevention training Mental health court related costs Civil commitment prescreening	\$ \$	55,000							\$ \$ \$	55,000 - 175,000
46398 46399 46422 46425	Outpatient Competency Restoration Justice system-involved services-other Crisis prevention training Mental health court related costs Civil commitment prescreening evaluation Additional Core Evidenced based	\$ \$	55,000							\$ \$ \$ \$	55,000 - 175,000
46398 46399 46422 46425 74301	Outpatient Competency Restoration Justice system-involved services-other Crisis prevention training Mental health court related costs Civil commitment prescreening evaluation Additional Core Evidenced based treatment	\$ \$ \$	55,000 175,000 125,000							\$ \$ \$ \$ \$	55,000 - 175,000 125,000 -
46398 46399 46422 46425	Outpatient Competency Restoration Justice system-involved services-other Crisis prevention training Mental health court related costs Civil commitment prescreening evaluation Additional Core Evidenced based	\$ \$	55,000	\$	250,000	\$	50,000	\$	25,000	\$ \$ \$ \$	55,000 - 175,000
46398 46399 46422 46425 74301	Outpatient Competency Restoration Justice system-involved services-other Crisis prevention training Mental health court related costs Civil commitment prescreening evaluation Additional Core Evidenced based treatment Peer Wellness / Wellness and Recovery Centers System building & sustainability - Non	\$ \$ \$	55,000 175,000 125,000	\$	250,000	\$	50,000	\$	25,000	\$ \$ \$ \$ \$	55,000 - 175,000 125,000 -
46398 46399 46422 46425 74301 42366	Outpatient Competency Restoration Justice system-involved services-other Crisis prevention training Mental health court related costs Civil commitment prescreening evaluation Additional Core Evidenced based treatment Peer Wellness / Wellness and Recovery Centers System building & sustainability - Non crisis	\$ \$ \$ \$	55,000 175,000 125,000 900,000 2,300,000	\$	250,000	\$	50,000	\$	25,000	\$ \$ \$ \$ \$ \$	55,000 - 175,000 125,000 - 1,225,000 2,300,000
46398 46399 46422 46425 74301 42366 42379	Outpatient Competency Restoration Justice system-involved services-other Crisis prevention training Mental health court related costs Civil commitment prescreening evaluation Additional Core Evidenced based treatment Peer Wellness / Wellness and Recovery Centers System building & sustainability - Non	\$ \$ \$ \$ \$	55,000 175,000 125,000 900,000	\$	250,000	\$	50,000	\$ \$	25,000	\$ \$ \$ \$ \$ \$ \$ \$	55,000 - 175,000 125,000 - 1,225,000
46398 46399 46422 46425 74301 42366 42379 42397	Outpatient Competency Restoration Justice system-involved services-other Crisis prevention training Mental health court related costs Civil commitment prescreening evaluation Additional Core Evidenced based treatment Peer Wellness / Wellness and Recovery Centers System building & sustainability - Non crisis Psychiatric rehabilitation (IPR)	\$ \$ \$ \$ \$ \$ \$	55,000 175,000 125,000 900,000 2,300,000 25,000							\$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$	55,000 175,000 125,000 1,225,000 2,300,000 25,000
46398 46399 46422 46425 74301 42366 42379 42397 42397 Other Info	Outpatient Competency Restoration Justice system-involved services-other Crisis prevention training Mental health court related costs Civil commitment prescreening evaluation Additional Core Evidenced based treatment Peer Wellness / Wellness and Recovery Centers System building & sustainability - Non crisis Psychiatric rehabilitation (IPR) Additional Core Domains Total rmational Services	\$ \$ \$ \$ \$ \$ <b>\$</b> <b>\$</b>	55,000 175,000 125,000 900,000 2,300,000 25,000 4,415,000							\$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$	55,000 175,000 125,000 1,225,000 2,300,000 25,000 4,740,000
46398 46399 46422 46425 74301 42366 42379 42397	Outpatient Competency Restoration Justice system-involved services-other Crisis prevention training Mental health court related costs Civil commitment prescreening evaluation Additional Core Evidenced based treatment Peer Wellness / Wellness and Recovery Centers System building & sustainability - Non crisis Psychiatric rehabilitation (IPR) Additional Core Domains Total rmational Services Information & referral Planning, consultation &/or early	\$ \$ \$ \$ \$ \$ \$	55,000 175,000 125,000 900,000 2,300,000 25,000							\$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$	55,000 175,000 125,000 1,225,000 2,300,000 25,000
46398 46399 46422 46425 74301 42366 42379 42397 42397 0ther Infor 03371 04372	Outpatient Competency Restoration Justice system-involved services-other Crisis prevention training Mental health court related costs Civil commitment prescreening evaluation Additional Core Evidenced based treatment Peer Wellness / Wellness and Recovery Centers System building & sustainability - Non crisis Psychiatric rehabilitation (IPR) Additional Core Domains Total rmational Services Information & referral Planning, consultation &/or early intervention (client related) **	\$ \$ \$ \$ \$ \$ <b>\$</b> <b>\$</b>	55,000 175,000 125,000 900,000 2,300,000 25,000 4,415,000							\$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$	55,000 175,000 125,000 1,225,000 2,300,000 25,000 4,740,000
46398 46399 46422 46425 74301 42366 42379 42397 42397 0ther Infor 03371 04372	Outpatient Competency Restoration Justice system-involved services-other Crisis prevention training Mental health court related costs Civil commitment prescreening evaluation Additional Core Evidenced based treatment Peer Wellness / Wellness and Recovery Centers System building & sustainability - Non crisis Psychiatric rehabilitation (IPR) Additional Core Domains Total rmational Services Information & referral Planning, consultation &/or early intervention (client related) ** Provider Incentive Payment	\$ \$ \$ \$ \$ \$ <b>\$</b> <b>\$</b>	55,000 175,000 125,000 900,000 2,300,000 25,000 4,415,000							\$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$	55,000 175,000 125,000 1,225,000 2,300,000 25,000 4,740,000
46398 46399 46422 46425 74301 42366 42379 42397 42397 0ther Infor 03371 04372 04377 04399	Outpatient Competency Restoration Justice system-involved services-other Crisis prevention training Mental health court related costs Civil commitment prescreening evaluation Additional Core Evidenced based treatment Peer Wellness / Wellness and Recovery Centers System building & sustainability - Non crisis Psychiatric rehabilitation (IPR) Additional Core Domains Total rmational Services Information & referral Planning, consultation &/or early intervention (client related) ** Provider Incentive Payment Consultation Other Planning and Management Consultants	\$ \$ \$ \$ \$ \$ \$ \$ \$	55,000 175,000 125,000 900,000 2,300,000 25,000 4,415,000							\$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$	55,000 175,000 125,000 1,225,000 2,300,000 25,000 4,740,000 50,000 - -
46398 46399 46422 46425 74301 42366 42379 42397 42397 0ther Infor 03371 04372 04377	Outpatient Competency Restoration Justice system-involved services-other Crisis prevention training Mental health court related costs Civil commitment prescreening evaluation Additional Core Evidenced based treatment Peer Wellness / Wellness and Recovery Centers System building & sustainability - Non crisis Psychiatric rehabilitation (IPR) Additional Core Domains Total rmational Services Information & referral Planning, consultation &/or early intervention (client related) ** Provider Incentive Payment Consultation Other	\$ \$ \$ \$ \$ \$ <b>\$</b> <b>\$</b>	55,000 175,000 125,000 900,000 2,300,000 25,000 4,415,000							\$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$	55,000 175,000 125,000 1,225,000 2,300,000 25,000 4,740,000

	Other Informational Services Total	\$	275,000	\$	25,000	\$	15,000	\$	5,000		\$	320,000
Communit	ty Living Supports											
06399	Academic services										\$	-
22XXX	Services management	\$	1,300,000	\$	200,000	\$	200,000	\$	50,000		\$	1,750,000
22378	Contracted services management										\$	-
23376	Crisis care coordination	\$	190,000								\$	190,000
23378	Contracted crisis care coordination										\$	-
23399	Crisis care coordination other										\$	-
24399	Health home other										\$	-
31XXX	Transportation	\$	255,000	\$	130,000	\$	20,000	\$	20,000		\$	425,000
32321	Chore services										\$	-
32326	Guardian/conservator										\$	-
32327	Representative payee	\$	4,000	\$	4,000	\$	1,000	\$	1,000		\$	10,000
32335	CDAC										\$	-
32399	Other support										\$	-
33330	Mobile meals										\$	-
33340	Rent payments (time limited)	\$	75,000	\$	15,000	\$	5,000	\$	5,000		\$	100,000
33345	Ongoing rent subsidy	\$	50,000	\$	15,000	\$	5,000	\$	5,000		\$	75,000
33399	Other basic needs	\$	25,000	\$	2,000	\$	2,000	\$	1,000		\$	30,000
41305	Physiological outpatient treatment	\$	2,000	\$	2,000	\$	1,000				\$	5,000
41306	Prescription meds	\$	5,000	\$	3,000	\$	2,000				\$	10,000
41307	In-home nursing						,				\$	-
41308	Health supplies										\$	_
41399	Other physiological treatment										\$	_
42309	Partial hospitalization										\$	-
42310	Transitional living program										\$	-
42363	Day treatment										\$	-
42396	Community support programs	\$	2,500	\$	2,500	\$	2,500	\$	2,500		\$	10,000
42399	Other psychotherapeutic treatment	Ŷ	2,500	Ŷ	2,500	Ŷ	2,500	Ŷ	2,500		\$	10,000
43399	Other non-crisis evaluation										\$	
43399	Emergency care									-	ې \$	
44304	Other crisis services										ې \$	
44399											ې \$	-
	Other family & peer support	\$	8E 000								ې \$	- 85.000
46306	Psychiatric medications in jail	Ş	85,000								-	85,000
50361	Vocational skills training										\$	-
50365	Supported education										\$	-
50399	Other vocational & day services										\$	-
63XXX	RCF 1-5 beds (63314, 63315 & 63316)										\$	-
63XXX	ICF 1-5 beds (63317 & 63318)										\$ \$	-
63329 63399	SCL 1-5 beds Other 1-5 beds										\$ \$	-
03399		ć	1 002 500	\$	272 500	÷	228 500	\$	84 500		ې \$	2 600 000
011	Community Living Supports	\$	1,993,500	Ş	373,500	\$	238,500	\$	84,500		Ş	2,690,000
Other Con	gregate Services											
50360	Work services (work activity/sheltered work)										\$	-
64XXX	RCF 6 and over beds (64314, 64315 & 64316)	\$	385,000	\$	50,000	\$	50,000				\$	485,000
64XXX	ICF 6 and over beds (64317 & 64318)	\$	50,000								\$	50,000
64329	SCL 6 and over beds	\$	545,000								\$	545,000
64399	Other 6 and over beds										\$	-
	Other Congregate Services Total	\$	980,000	\$	50,000	\$	50,000	\$	-		\$	1,080,000
Administra	ation											
11XXX	Direct Administration									\$ 1,970,000	\$	1,970,000
12XXX	Purchased Administration									\$ 450,000	\$	450,000
	Administration Total									\$ 2,420,000	\$	2,420,000
	Regional Totals	\$	15,522,802	\$	1,014,000	\$	655,500	\$	251,500	\$ 2,420,000	\$	19,873,802
											1	
(45XX-XXX	() County Provided Case Management										\$	-
		_		-		-		_				

SXX-XXX) County Provided Services				\$ -
Regional Grand Tot	al			\$ 19,873,802

\*24 hour crisis line and warm line are transitioning from additional core to state wide services with state funding. \*\*Core services for children with a serious emotional disturbance (SED)

## **Table B. Revenues**

FY 2025 Budget	CICS MHDS Region		
Revenues			
	Projected Fund Balance as of 6/30/24		\$ 2,962,415.00
	Local/Regional Funds		\$ 216,000.00
1010	Delinquent Property Tax		
25XX	Other Governmental Revenues		
4XXX-5XXX	Charges for Services		
5310	Client Fees	6,000	
60XX	Interest	200,000	
6XXX	Use of Money & Property		
8XXX	Miscellaneous	10,000	
9040	Other Budgetary Funds (Polk Transfer Only)		
	State Funds		\$ 16,773,636.88
24XX	State/Federal pass thru Revenue		
2644	State Regional Service Payments	18,747,708	
2644	State Regional Service Payments (Refund to State)	-1,974,071	
2643	State Incentive Funds		
	Other		
	Federal Funds		\$ -
2345	Medicaid		
	Other		
	Total Revenues		\$ 16,989,636.88

Total Funds Available for FY2025	\$ 19,952,051.88
FY25 Projected Regional Expenditures	\$ 19,873,802.00
Accrual Fund Balance as of 6/30/2025	\$ 78,249.88

## F. Financial Forecasting Measures

The following is a description of the financial forecasting measures used by CICS in the identification of service needs and funding necessary for services.

Historical service utilization is the starting point for all financial projections and costs of additional services added throughout the year are analyzed prior to budgeting. The FY2025 budget was developed to continue current funding for core services for children and adults; funding for sustainability, development, and expansion of core services for children and adults; funding and sustainability of additional core services; and development, expansion, and continued funding for non-core services.

In FY2025 CICS would like to develop a provider training program and continue work toward development of a Permanent Supported Housing (PSH) Program. Funding is budgeted for PSH client-related expenses as well as expansion of additional peer support services. CICS has budgeted funding to partner with schools for development of information and referral services and funding for non-billable time for consultation services in schools. Funding is also budgeted for expansion of rental assistance and other basic needs in relation to PSH services.

CICS has expanded funding for peer wellness and recovery center services available in Cerro Gordo County. CICS has partnered with Iowa Specialty Hospital, Community and Family Resources, Substance Abuse Treatment Unit of Central Iowa, and Prairie Ridge Integrated Behavioral Healthcare for expansion of outpatient services and partnered with Access, Inc. and Central Iowa Recovery, Inc. for expansion of supported community living services.

The chart below identifies and defines specific services and projects funds needed, based on current utilization and available services.

		Domains and Services	Projection of Need	Development 8 Expansion
Core Do	mains		ł	
	Treatment			
	Mental health outpatient therapy	Includes medication prescribing and management, therapy. Access standards: emergency within 15 minutes of contact, urgent within one hour of contact or 24 hours of phone contact, routine within 4 weeks of request for appointment (within 45 miles).	\$90,000	\$450,000 <u>Expansion</u>
	Medication prescribing & management	Medication prescribing services with the individual present, including but not limited to, determining how the medication is affecting the individual, determining any drug interactions or adverse drug effects, proper dosage level. Medication management services provided with the individual present or on behalf of the individual, including but not limited to, monitoring effectiveness, compliance of medication regime, coordination with care providers, investigating medical interactions, reviewing lab reports and activities pursuant to licensed prescriber orders.	\$35,000	
	Assessment, evaluation & early identification	The clinical review by a mental health professional of the current functioning of the individual using the service in regard to the individual's situation, needs, strengths, abilities, desires, and goals to determine the appropriate level of care. Early identification means the process of detecting developmental delays or untreated conditions that may indicate the need for further evaluation.	\$20,000	
	Mental health inpatient therapy- MHI Private	24 hour settings that provide services to treat acute psychiatric conditions provided in a licensed hospital with a psychiatric unit or a licensed freestanding psychiatric hospital. Primary goal is to provide a comprehensive evaluation, rapidly stabilize symptoms, address health and safety needs, and develop a comprehensive and appropriate discharge plan. Access within 24 hours and close proximity.	\$375,000 \$10,000	
	Crisis Services	disentinge plant recess within 2 mours and close proximity.		
	Personal emergency response system	An electronic device connected to a 24-hour staffed system, which allows the individual to access assistance in the event of an emergency.	\$5,000	
	Crisis evaluation	The process used with an individual to collect information related to the individual's history and needs, strengths, and abilities in order to determine appropriate services or referral during an acute episode. Access within 24 hours.	\$1,250,000	
	23 hour crisis observation & holding	A level of care provided up to 23 hours in a secure and protected, medically staffed, psychiatrically supervised treatment environment.	\$20,000	
	24 hour access to crisis response	Outpatient (24 Hour Crisis Response Services) - short term individualized mental health services following a crisis screening or assessment, which are designed to restore the individual to prior functional level.	-	
	Mobile response	A mental health service which provides on-site, face-to-face mental health crisis services for individuals experiencing a mental health crisis. Mobile crisis staff have the capacity to intervene, wherever the crisis is occurring, including but not limited to the individual's place of	\$450,000	

		1	
	residence, emergency rooms, police stations, outpatient mental health settings, schools, recovery centers, or any other location where the individual lives, works, attends school, or socializes.		
Crisis Stabilization community-based services	Services provided in community-based settings to de-escalate and stabilize an individual following a mental health crisis	\$150,000	
Crisis Stabilization residential services	Services provided in short-term, non-community-based residential settings to de-escalate and stabilize a mental health crisis.	\$100,000	
System Building & Sustainability - Crisis	Non-client related operational buildout costs to secure needed workforce and infrastructure to start-up, sustain, and expand required Crisis Services.		\$1,625,000 <u>Expansion</u>
Access Centers: start- up/ sustainability	Start-up, sustainability, and coordination costs for a regionally designated access center. (**Actual services provided in an access center should be funded under the corresponding service chart of account code).	\$250,000	
Support for Com	munity Living		
Home health aide	Unskilled medical services which provide direct personal care. This service may include assistance with activities of daily living, such as helping the recipient to bathe, get in and out of bed, care for hair and teeth, exercise, and take medications specifically ordered by the physician.	-	
Respite	A temporary period of relief and support for individuals and their families provided in a variety of settings. The intent is to provide a safe environment with staff assistance for individuals who lack an adequate support system to address current issues related to a disability. Respite may be provided for a defined period of time; respite is either planned or provided in response to a crisis.	\$5,000	
Home & vehicle modifications	A service that provides physical modifications to the home or vehicle that directly address the medical health or remedial needs of the individual that are necessary to provide for the health, welfare, and safety of the member and to increase or maintain independence.	-	
Supported community living	Services provided in a non-institutional setting to adult persons with mental illness, intellectual, or developmental disabilities to meet the persons' daily living needs. Access standards within 4 weeks of request.	\$750,000	\$1,000,000 Expansion
Intensive residential services	Intensive, community-based services provided 24 hours a day, 365 days a year to individuals with a severe and persistent mental illness or multi-occurring conditions. Providers of intensive residential service homes are enrolled with Medicaid as providers of HCBS Habilitation or HCBS Intellectual Disability Waiver Supported Community Living and meet additional criteria specified in Iowa Administrative Code 441.25.6(7).	\$375,000	
Support for Emp	loyment		
Prevocational services	Services that focus on developing generalized skills that prepare an individual for paid or unpaid employment; skill development includes, but is not limited to, following directions, attending to tasks, task completion, problem-solving, and safety and mobility training; can be provided in a variety of settings.	\$10,000	
Day habilitation	Services that assist or support the individual in developing or maintaining life skills and community integration. Services shall enable or enhance the individual's functioning, physical and emotional health and development, language and communication development, cognitive functioning, socialization and community integration, functional skill development, behavior management, responsibility and self-direction, daily living activities, self-advocacy skills, or mobility.	\$200,000	
Job development	An approach to helping individuals participate as much as possible in	-	
Supported employment	competitive work in integrated work settings that are consistent with the strengths, resources, priorities, concerns, abilities, capabilities, interests, and informed choice of the individuals. Services are targeted for individuals with significant disabilities for whom competitive employment has not traditionally occurred; or for whom competitive employment has been interrupted or intermittent as a result of a significant disability including either individual or group supported employment, or both, consistent with evidence-based practice standards published by the Substance Abuse and Mental Health Services Administration. Access standards within 60 days of request.	\$175,000	

	Group Supported employment-enclave	The job and training activities in business and industry settings for groups of no more than eight workers with disabilities. Group settings include enclaves, mobile crews, and other business-based workgroups employing small groups of workers with disabilities in integrated, sustained, paid employment.	\$30,000	
	System Building & Sustainability - IPS & Vocational	Non-client related operational buildout costs to secure needed workforce and infrastructure to start-up, sustain, and expand Evidence-based and Vocational services.		
	Recovery Service	S	•	
	Family support	Family support peer specialist and peer support specialist that assist	\$50,000	
	Peer support	the family of an individual to live successfully, including but not limited to, education and information, individual advocacy, family support groups, and crisis response.	\$10,000	
	Service Coordina	tion		
	Case management	Service provided by a case manager, service coordinator, or Health	-	
	Health homes	Home through an interdisciplinary array of medical care, behavioral health care, and community-based social services and supports. Assists individuals in gaining access to needed medical, social, educational, and other services through assessment, development of a care plan, referral, monitoring, and follow-up using a strengths-based service approach that helps individuals achieve specific desired outcomes leading to a healthy self-reliance and interdependence with their community. Access within 10 days of request.	-	
	Sub-Acute Servic			
	Subacute services-1-5	A comprehensive set of wraparound services for persons who have had		
	beds Subacute services-6 and over beds	or are at imminent risk of having acute or crisis mental health symptoms that do not permit the persons to remain in or threatens removal of the persons from their home and community, but who have been determined by a mental health professional and a licensed health care professional, subject to the professional's scope of practice, not to need inpatient acute hospital services.	\$150,000	
	Core Evidence-Ba	ased Treatment	•	
	Education & Training Services - provider competency	Training related to provider competency in delivering co-occurring integrated services, trauma-informed services, and evidence-based practices.	\$15,000	\$60,000 Development
	System Building & Sustainability - Supported housing	Non-client related operational buildout costs to secure needed workforce and infrastructure to start-up, sustain, and expand Evidence-based and Supportive services.	\$3,802	\$60,000 <u>Development</u>
	Supported housing	A combination of housing and services intended as a cost-effective way to help people live more stable, productive lives; tenancy not predicted on services.		\$25,000 Development
	Assertive community treatment (ACT)	An intensive and highly integrated approach for community mental health service delivery. ACT programs serve individuals whose symptoms of mental illness result in serious functioning difficulties in several major areas of life, often including work, social relationships, residential independence, money management, and physical health and wellness.	\$100,000	
	Family psychoeducation	Services including the provision of emotional support, education, resources during periods of crisis, and problem-solving skills consistent with evidence-based practice standards published by the Substance Abuse and Mental Health Services Administration.	\$10,000	
	System Building & Sustainability - FPE &	Non-client related operational buildout costs to secure needed workforce and infrastructure to start-up, sustain, and expand		\$10,000
Mandated	Recovery Services	Evidence-based and Recovery services.		Expansion
vianuated	Oakdale	Hospital Services provided at Iowa Medical & Classification Center	\$5,000	
		Code of Iowa Chapter 812.		
	Commitment related (except 301)	Diagnostic Evaluations/Sheriff transportation/Legal representation	\$400,000	
	Mental health advocate		\$350,000	
Additional	Core Domains			
	Justice System-In	volved Services		
	Coordination services	Service coordination provided to individuals in the justice system.	\$650,000	

	Contracted coordination	Contracted service coordination provided to individuals in justice		
	services 24 hour crisis line	system Crisis Hotline (fee paid to vendor) (24 Hour Crisis Line) Telephone	-	
		crisis service- program that operates a crisis hotline either directly or through a contract. The service shall be available 24 hours a day and		
		seven days a week including, but not limited to, relief of distress in pre-crisis and crisis situations, reduction of the risk of escalation,		
		arrangements for emergency on-site responses when necessary, and		
	Warm line	referral of callers to appropriate services. A line staffed by peer counselors, who provide nonjudgmental,	-	
		nondirective support to an individual who is experiencing a personal crisis.		
	Mental health services in jails	Outpatient mental health services provided to individuals in criminal justice settings.	\$185,000	
	Outpatient competency restoration	A community-based service to restore competency for individuals found by a court to be incompetent to stand trial. This includes components such as psychiatric prescribing and medication management; mental health and substance use treatment services; competency education; and case management	\$55,000	
	Justice system-involved services-other	Other support services within the justice system.	-	
	Crisis prevention training	Educational and Training Services Safety training for law enforcement, first responders, etc., regarding mental health awareness such as Crisis Intervention Training (CIT).	\$175,000	
	Mental Health Court Related Costs	Legal and court related services for mental health court related expenses.	\$125,000	
	Civil commitment prescreening evaluation	Evaluations completed prior to commitment with goal to divert individuals from commitment process.	-	
	Additional Core Ev	vidence-Based Treatment		
	Peer Wellness / Wellness and Recovery Centers	Social Support services- drop in centers and clubhouse centers.	\$1,120,000	\$105,000 Expansion
	System Building & Sustainability - Non crisis	Non-client related operational buildout costs to secure needed workforce and infrastructure to start-up, sustain, and expand Evidence-based and Intensive mental health services. (Wellness Centers, IRSH, ACT, IPR, Transitional Living)	\$300,000	\$2,000,000 Expansion
	Psychiatric rehabilitation (IPR)	Individualized services designed to increase the consumer's ability to function independently to prevent or reduce the need for services in a hospital or residential setting and to promote the consumer's recovery of the ability to perform a valued role in society.	\$25,000	
Other Inform	national Services			
	Information & referral	Activities designed to provide facts about resources available/help to access those resources.		\$50,000 Development
	Planning, Consultation and/or early intervention (client related)	Consultation - advisory activities directed to a service provider to assist the provider in delivering services to a specific person; Early intervention - services designed to address the social, emotional, and developmental needs of children at their earliest stages to decrease long-term effects and provide support in meeting developmental milestones.	-	
	Planning and management consultants (non-client related)	Advisory activities directed to a service provider to assist the provider in planning, developing, or implementing programs; or in solving management or administrative problems; or addressing other concerns in the provider's own organization.		\$50,000 Development
	Public education, prevention and education	Education services - activities that increase awareness and understanding of the causes and nature of conditions or factors which affect an individual's development and functioning. Prevention - efforts to increase awareness and understanding of the causes and nature of conditions or situations which affect an individual's functioning in society. Prevention activities are designed to convey information about the cause of conditions, situations, or problems that interfere with an individual's functioning or ways in which that knowledge can be used to prevent their occurrence or reduce their effect, and may include but are not limited to, training events, webinars, presentations, and public meetings.	\$220,000	
	unity Living Suppo	ort Convicos		

Funds allocated for expansion of services				\$ 5,522,000
Projection	of need based on c	urrent services and funding	\$11,931,802	
	SCL 6 and over beds	Services and supports determined necessary to enable consumers to live and work in a community, and is provided in Licensed RCF facility 6 and over beds. Services are directed to enhancing consumer's ability to regain or attain higher levels of independence, or to maximize current levels of functioning.	\$545,000	
	ICF 6 and over beds	Intermediate Care Facility, non-Medicaid only.	\$50,000	
	RCF 6 and over beds	Long-term care given to adults or children who stay in a residential setting rather than in their own home or family home.	\$485,000	
ther Cong	gregate Services			
	Psychiatric medications in jail	Psychiatric medication funded for individuals in jail	\$85,000	
	Community support programs	Comprehensive programs to meet individual treatment and support needs of consumers, which enable consumers with a mental illness, intellectual disability, or a developmental disability to live and work in a community setting.	\$10,000	
	Prescription meds	Prescription medication, including medication prescribed for psychiatric conditions.	\$10,000	
	Physiological outpatient treatment	Activities designed to prevent, halt, control, relieve, or reverse symptoms or conditions which interfere with the normal physiological functioning of the human body.	\$5,000	
	Other basic needs	Other costs associated with basic necessities.	\$18,000	\$12,000 Expansion
	ongoing rent subsidy	to allow the individual to maintain an affordable home in the community or any payment of rental assistance including General Assistance.		Expansion
	Rent payments (time limited) Ongoing rent subsidy	Rent payment to avoid homelessness. Is for on-going rent support provided through an organized program	\$100,000	\$75,000
	Representative payee	Activities provided to manage an individual's finances.	\$10,000	
	Guardian/conservator	Activities provided as required by the court system to handle the personal business of the individual.	-	
	Transportation	Services for consumers to conduct business errands or essential shopping, to receive medical services not reimbursed through Title XIX, to go to and from work, recreation, education or day programs, and to reduce social isolation.	\$425,000	
		programing, including working agreements with inpatient behavioral health units and other community programs. The service shall include referrals to mental health services and other supports necessary to maintain community-based living capacity, including case management as defined herein.		
	Crisis Care Coordination	management. Coordination service provided during an acute crisis episode that facilitates working together to organize a plan and service transition	\$190,000	
	Services management	Designed to help individuals and families identify service needs and coordinate service delivery but which do not constitute case	\$1,750,000	

## **G.** Provider Reimbursement Provisions

CICS will contract with MHDS providers and non-traditional providers who meet contracting eligibility requirements and whose base of operation is in the region or is a provider who is not contracted with their host region and is providing services funded by CICS. The Region retains the right to select service providers to be a part of the CICS provider network. Providers must be approved CICS MHDS network providers in order to be eligible for regional funding. New providers may be added to the provider network if it is determined that either a particular individual will benefit from the service (as determined by the individual's inter-disciplinary team) or that the provider shall provide service(s) that will enhance the service system. CICS will also honor contracts that other regions have negotiated with their local providers. A contract may not be required with providers that provide one-time or as needed services.

In order to support service expansion efforts, CICS may offer requests for proposals (RFPs) in combination with other strategies. The following is a description of the types of funding used by CICS:

• Fee-for-service:

A fee-for-service approach will be utilized in most provider contracts, outlining the services to be provided and the rate of reimbursement. Services provided under a fee-for-service model are reimbursed based on a service funding request and a prior authorization process, with the exception of court ordered payments such as civil commitment costs and crisis services.

• Block grant payments:

CICS may utilize block grant payments when a service does not fit the traditional fee-for-service method of payment and may be considered to cover costs of new services until a fee-for-service rate can be established.

• Incorporation of all funding sources for individuals including Medicaid:

The region is responsible for ensuring that MHDS services are available to all residents of the region regardless of funding source. CICS will ensure that individuals apply for all funding sources prior to accessing regional funding, including private insurance, Medicaid, Medicare, and other funding mechanisms, which ensure that individuals and their families are able to optimally live, work, and recreate in integrated communities of their choice.

In addition to resource guidelines of Iowa Code 225C.60, CICS will exempt one vehicle per adult household member.

CICS requires providers to meet all applicable licensure, accreditation, and certification standards. CICS has contracted with the providers identified below. Additional providers, including non-traditional providers, may be added throughout the year as services are developed to meet the service needs of individuals.

43 North Iowa	111 2 <sup>nd</sup> St. NE	Mason City	50401
Achieve Mental Health Inc.	814 Railroad St.	Iowa Falls	50126
Access, Inc.	PO Box 268	Hampton	50441
Arc of Story County	5820 Lincoln Way, Ste. 101	Ames	50014
Arc of Marshall County	1934 Taylor Ave.	Marshalltown	50158
Belmond Community Hospital	403 1 <sup>st</sup> St. SE	Belmond	50421
Capstone Behavioral Healthcare	1123 1 <sup>st</sup> Ave E, Ste 200	Newton	50208
Center Associates	9 North 4th Ave.	Marshalltown	50158
Central Iowa Juvenile Detention Center	2317 Rick Collins Way	Eldora	50627
Central Iowa Recovery, Inc.	825 Beach St., PO Box 188	Webster City	50595
ChildServe Community Options	1915 Philadelphia St.	Ames	50010
Choices Therapy Services, LLC	2829 Buena Vista Drive	Clive	50325
Christian Opportunity Center	1602 North 14th St.	Indianola	50125
CIRSI, Inc.	111 E. Linn St.	Marshalltown	50158
Classroom Clinic	PO Box 951	Carroll	51401
Community & Family Resources	211 Ave M West	Fort Dodge	50501
Crossroads Mental Health Center	1003 Cottonwood Rd.	Creston	50801
Davis Psychological Services	809 5 <sup>th</sup> Ave.	Grinnell	50112
Duncan Heights, Inc.	236 State. St.	Garner	50438
Easterseals Iowa	401 NE 66 <sup>th</sup> Avenue	Des Moines	50313
Elevate CCBHC LL (Elevate Housing Foundation)	405 E. 5 <sup>th</sup> Street	Waterloo	50703
Eyerly Ball Community Mental Health Services	945 19th St.	Des Moines	50314
Foundation 2, Inc.	1714 Johnson Ave. NW	Cedar Rapids	52405
Freedom Pointe of Greater Webster County	1303 A St., Ste. 003	Fort Dodge	50501
Friendship Ark, Inc.	5820 Lincoln Way, Ste. 101	Ames	50014

FIA Friendship Club, Inc.	602 S Oak St., PO Box 622	Iowa Falls	50126
Goshorn Psych-Services, PLLC	410 E. Robinson St., Ste. A-2	Knoxville	50138
Grace C Mae Advocate Center, Inc.	2501 S. Center, Ste. M	Marshalltown	50158
Greene County Family Medicine	1000 W Lincoln Way St, Ste 100	Jefferson	50129
Healthy Homes Family Services	812 Commercial Street	Grinnell	50112
Heartland Senior Services	205 S. Walnut	Ames	50010
		Urbandale	50322
HIRTA Transit	2824 104th St.		
Hope Family Counseling	817 4 <sup>th</sup> Avenue	Grinnell	50112
House of Mercy	1409 Clark St	Des Moines	50314
Integrated Telehealth Partners	1501 42 <sup>nd</sup> St., Ste. 120	West Des Moines	50266
Integrated Treatment Services, LLC	303 S. 2nd Ave. W	Newton	50208
Interpreters Unlimited	PO Box 27660	San Diego	92198
Iowa Judicial Branch	1111 E. Court Ave.	Des Moines	50319
Iowa Specialty Hospital - Clarion	403 1 <sup>st</sup> St. SE	Belmond	50421
Kadel Medical Services, LLC	3094 104 <sup>th</sup> Street	Urbandale	50322
Life Connections LC	240 N. Bluff Blvd., Ste. 206	Clinton	52732
LifeWorks Community Services	1303 A St.	Fort Dodge	50501
Lori Schoh DBA @The Mental Health Lab, PLLC	515 6 <sup>th</sup> Ave.	Grinnell	50112
Lutheran Services in Iowa (LSI)	3125 Cottage Grove Ave.	Des Moines	50311
Mainstream Living Inc.	2012 E. 13th St.	Ames	50010
Mason City Clinic	250 S. Crescent Dr.	Mason City	50401
Mary Greeley Medical Center	1111 Duff Ave., PO Box 863	Ames	50010
Mediapolis Care Facility	142 N Orchard Street	Mediapolis	52637
MercyOne North Iowa Medical Center	1449 Northwest 128 <sup>th</sup> St.	Clive	50325
Mid-Iowa Triumph Recovery Center, Inc.	204 E Linn St., Ste A, PO Box 1774	Marshalltown	50158
MIW, Inc.	909 S. 14th Ave., PO Box 966	Marshalltown	50158
NAMI Central Iowa	424 5 <sup>th</sup> St.	Ames	50010
New Beginnings Counseling Service	6200 Aurora Ave, Ste 103E	Urbandale	50322
Norse Ventures LLC, dba Thrive	1924 SW Cascade Falls Drive	Ankeny	50023
One Vision	1200 North 9 <sup>th</sup> St. West	Clear Lake	50428
Optimae Life Services	602 E Grand Ave.	Des Moines	50301
Orchard Place	2116 Grand Ave.	Des Moines	50312
Pillar of Cedar Valley	1410 W Dunkerton Road	Waterloo	50703
Plains Area Mental Health Center	180 10 <sup>th</sup> St. SE, Ste. 201	LeMars	51301
Prairie Ridge Integrated Behavioral Healthcare	320 N Eisenhower Ave.	Mason City	50401
Premier Payee, Inc.	100 E Euclid Ave., Ste. 137	Des Moines	50313
Progress Industries	202 N 3 <sup>rd</sup> Ave W.	Newton	50208
Region Six Resource Partners	903 E. Main St.	Marshalltown	50158
Rodasi LLC dba Ardent Counseling Center	818 4 <sup>th</sup> Ave.	Grinnell	50112
Ryan Emerson dba Pathways Counseling LLC	807 4 <sup>th</sup> Ave.	Grinnell	50112
Rural Policy Partners	14202 Goodman Drive	Urbandale	50323
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The Salvation Army	PO Box 1681	Ames	20010
The Salvation Army SANAR Psychotherapy Ana Sanchez Smith PLLC	PO Box 1681 1425 Patricia Ave.	Ames Grinnell	50010 50112
SANAR Psychotherapy Ana Sanchez Smith PLLC	1425 Patricia Ave.	Grinnell	50112

Trilix Marketing Group	615 Third St., Ste. 300	Des Moines	50309
Turnwell Mental Health of South Dakota PC dba Midwest Wellness Institute	3737 Woodland Ave., Suite 410	West Des Moines	50266
UnityPoint Health – Berryhill Center	720 Kenyon Road	Fort Dodge	50501
Van Diest Medical Center	2350 Hospital Dr.	Webster City	50595
Youth & Shelter Services, Inc.	420 Kellogg Ave.	Ames	50010
Youth Shelter Care of North Central Iowa, Inc.	301 Ave. M West	Fort Dodge	50501