

CENTRAL IOWA COMMUNITY SERVICES
MENTAL HEALTH AND DISABILITY SERVICES
FY 2025
ANNUAL SERVICE AND BUDGET PLAN



CICS

Supporting Individuals. Strengthening Communities.

SUBMITTED 3/29/24

GEOGRAPHIC AREA: Boone, Cerro Gordo, Franklin, Greene, Hamilton, Hancock, Hardin, Jasper, Madison, Marshall, Poweshiek, Story, Warren, Webster, Wright Counties

REVIEWED BY ADVISORY COMMITTEES: 3/22/24

APPROVED BY GOVERNING BOARD: 3/28/24

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Introduction

CICS was formed under Iowa Code Chapter 28E to create a Mental Health and Disability Service (MHDS) Region in compliance with Iowa Code 225C.57. The Annual Service and Budget Plan is a component of the Management Plan, which includes three parts: Annual Service and Budget Plan, Annual Report, and Policies and Procedures Manual in compliance with Iowa Administrative Code 441.25.

The FY2025 Annual Service and Budget Plan covers the period of July 1, 2024, to June 30, 2025. The Annual Service and Budget Plan includes local access points, service coordination and targeted case management providers, crisis services, intensive mental health services, a description of the scope of services to be provided including core services, budget and financial provisions, and provider reimbursement provisions.

All funding for CICS is provided through the general fund of the state of Iowa. CICS is taking steps to meet the legislated ending fund balance of 5% at the end of FY2024.

The current CICS Governing Board Directors are:

Kendra Alexander - Education System Representative

Phil Clifton - Madison County Board of Supervisor

JD Deambra - Individual who Utilizes Mental Health and Disability Services or is an Actively Involved Relative of such an Individual Representative

Andrea Dickerson - Children's Behavioral Health Service Provider Representative

Scott Hand – Judicial System Representative

Lisa Heddens - Story County Board of Supervisor

Jerry Kloberdanz - Hamilton County Board of Supervisor

Richard Lukensmeyer - Franklin County Board of Supervisor

Dennis Quinn – Law Enforcement Representative

Gary Rayhons – Hancock County Board of Supervisor

Julie Smith - Adult Service Provider Representative

Brandon Talsma - Jasper County Board of Supervisor

The CICS Adult Advisory Committee members are:

Individual who Utilizes Mental Health and Disability Services or is an Actively Involved Relative of such an Individual:

JD Deambra

Kathy Hanzek

Ellen Rasmussen

Deb Williams

Provider Representative:

Jennifer Ellis

Rachel Fletcher

Breon Gardner

Heidi Metz

Brittany Palmer

Beth Colby Plautz

Sharon Swope

Julie Smith

The CICS Children's Behavioral Health Advisory Committee Members are:

Allie Wulfekuhle - Parent/Actively Involved Relative of a Child who Utilizes Children's Behavioral Health Services
Christa Mattly – Parent/Actively Involved Relative of a Child who Utilizes Children's Behavioral Health Services
Andrea Dickerson - Children's Behavioral Health Service Provider
Melinda Struthoff – Children's Behavioral Health Service Provider
Kelly Moore - Early Childhood Advocate
Lori Price - Early Childhood Advocate
Rita Baker - Early Childhood Advocate
Clarissa Thompson - Child Welfare Advocate
Rose Dickinson – Child Welfare Advocate
Keith Halleland - Child Welfare Advocate
Karie Foster - The Education System
Kendra Alexander - The Education System
Chief Rob Burdess - Local Law Enforcement
Emilea Lundberg - The Juvenile Court System
Shirley Faircloth - The Juvenile Court System
Dejah Roman - Child Care Provider
Dr. Jack Swanson - Pediatrician

The County Supervisor Regional Advisory Committee Members are:

Boone - Erich Kretzinger
Cerro Gordo - Chris Watts
Franklin - Richard Lukensmeyer
Greene - Dawn Rudolph
Hamilton - Jerry Kloberdanz
Hancock - Gary Rayhons
Hardin - BJ Hoffman
Jasper - Brandon Talsma
Madison - Phil Clifton
Marshall - Jarret Heil
Poweshiek - Diana Dawley
Story - Lisa Heddens
Warren - Mark Snell
Webster - Mark Campbell
Wright - Karl Helgevold

The Justice Regional Advisory Committee Members are:

Scott Hand - Judicial System
Dennis Quinn - Law Enforcement
Clarissa Little – Judicial System
Michael Newton – Law Enforcement
Shawn LaRue – Judicial System

A. Local Access Points

An access point is a part of the CICS service system trained to complete MHDS regional applications for persons with a disability.

CICS has designated the following CICS office access points for adult mental health and disability services and children's behavioral health services. The CICS main phone number is 515-513-6870 and the CICS main fax number is 515-985-0587, individuals can be connected to the below CICS offices by calling the CICS main phone number.

| Access Point | Location |
|---------------------------|---|
| CICS - Boone County | 900 W 3rd St., Boone IA 50036 |
| CICS - Cerro Gordo County | 5 S. Delaware Ave., Mason City IA 50401 |
| CICS - Franklin County | 123 1st Ave SW, Hampton IA 50441 |
| CICS - Greene County | 114 N. Chestnut St., Jefferson IA 50129 |
| CICS - Hamilton County | 1610 Collins St., Suite 3, Webster City IA 50595 |
| CICS - Hancock County | 236 State St., Garner IA 50438 |
| CICS - Hardin County | 1201 14th Ave., Eldora IA 50627 |
| CICS - Jasper County | 315 W. 3 rd St. N, Suite. 200, Newton IA 50208 |
| CICS - Madison County | 112 John Wayne Dr., Winterset IA 50273 |
| CICS - Marshall County | 2501 S. Center St., Suite F, Marshalltown IA 50158 |
| CICS - Poweshiek County | 200 4 th Ave. W, Suite 202, Grinnell IA 50112 |
| CICS - Story County | 126 S. Kellogg Ave. Suite 001, Ames IA 50010 |
| CICS - Warren County | 1007 S. Jefferson Way, Indianola IA 50125 |
| CICS - Webster County | 308 Central Ave., Fort Dodge IA 50501 |
| CICS - Wright County | 210 1 st St. SW, Clarion IA 50525 |

B. Service Coordination and Targeted Case Management

The following agencies provide service coordination and/or targeted case management for CICS.

| Service Coordination Provider | Adult/ Child/ Both | Location | Contact Information |
|--|-----------------------------------|--|----------------------------|
| CICS - Boone County | Both | 900 W 3rd St., Boone IA 50036 | 515-513-6870 |
| CICS - Cerro Gordo County | Both | 5 S. Delaware Ave., Mason City IA 50401 | 515-513-6870 |
| CICS - Franklin County | Both | 123 1st Ave. SW, Hampton IA 50441 | 515-513-6870 |
| CICS - Greene County | Both | 114 N. Chestnut St., Jefferson IA 50129 | 515-513-6870 |
| CICS - Hamilton County | Both | 1610 Collins St., Suite 3, Webster City IA 50595 | 515-513-6870 |
| CICS - Hancock County | Both | 236 State St., Garner IA 50438 | 515-513-6870 |
| CICS - Hardin County | Both | 1201 14th Ave., Eldora IA 50627 | 515-513-6870 |
| CICS - Jasper County | Both | 315 W. 3 rd St. N, Suite 200, Newton IA 50208 | 515-513-6870 |
| CICS - Madison County | Both | 112 John Wayne Dr., Winterset IA 50273 | 515-513-6870 |
| CICS - Marshall County | Both | 2501 S. Center St., Suite F, Marshalltown IA 50158 | 515-513-6870 |
| CICS - Poweshiek County | Both | 200 4 th Ave. W, Suite 202, Grinnell IA 50112 | 515-513-6870 |
| CICS - Story County | Both | 126 S. Kellogg Ave. Suite 001, Ames IA 50010 | 515-513-6870 |
| CICS - Warren County | Both | 1007 S. Jefferson Way, Indianola IA 50125 | 515-513-6870 |
| CICS - Webster County | Both | 308 Central Ave., Fort Dodge IA 50501 | 515-513-6870 |
| CICS - Wright County | Both | 210 1 st St. SW, Clarion IA 50525 | 515-513-6870 |
| Capstone Behavioral Healthcare, Inc | Adult | 1123 1 st Ave E, Suite 200, Newton IA 50208 | 641-275-3481 |
| Center Associates Integrated Health Services | Both | 9 North 4 th Ave., Marshalltown IA 50158 | 641-752-1585 |
| ChildServe | Both | 5406 Merle Hay Road, Johnston IA 50131 | 515-727-8750 |
| ChildServe | Both | 1915 Philadelphia St., Ames IA 50010 | 515-232-7220 |
| Community Support Advocates | Both | 6000 Aurora Ave. Suite. B, Des Moines IA 50322 | 515-883-1776 |
| Crossroads Behavioral Health Services | Both | 1003 Cottonwood Rd., Creston IA 50801 | 641-782-8457 |
| Ellipsis | Both | 918 SE 11 th St., Des Moines, IA 50309 | 515-282-9377 |
| Eyerly Ball Community Mental Health Services | Adult | 2521 University Blvd., Suite 121, Ames IA 50010 | 515-241-0982 |
| Eyerly Ball Community Mental Health Services | Adult | 1301 Center St., Des Moines IA 50139 | 515-241-0982 |
| Four Oaks Family and Children Services | Both | 5400 Kirkwood Blvd. SW, Cedar Rapids IA 52404 | 319-364-0259 |

| | | | |
|--|-------|---|---------------------------|
| Iowa Total Care | Adult | 1370 Timberlake Manor Pkwy, Chesterfield MO 63017. Website: https://www.iowatotalcare.com/ | 1-833-404-1061 (TTY: 711) |
| Orchard Place Child Guidance Center | Both | 620 8 th St., Des Moines IA 50309 | 515-256-3450 |
| Plains Area Mental Health Center | Both | 318 S. Maple St., Suite 1, Carroll IA 51401 | 712-792-3067 |
| Prairie Ridge Integrated Behavioral Healthcare | Adult | 123 1st Ave. SW, Hampton IA 50441 | 641-243-7264 |
| Prairie Ridge Integrated Behavioral Healthcare | Adult | 320 N. Eisenhower Ave., Mason City, IA 50401 | 641-243-7264 |
| Stepping Stone Family Services | Both | 1308 8 th St. #5, West Des Moines, IA 50265 | 515-276-6338 |
| UnityPoint Health - Berryhill Center | Both | 720 Kenyon Road, Fort Dodge IA 50501 | 515-955-7171 |
| YSS, Inc. | Child | 125 South 3 rd St., Ames IA 50010 | 515-233-2250 |
| Wellpoint Iowa, Inc. | Adult | 1089 Jordan Creek Parkway, West Des Moines IA 50266. Website: https://www.provider.wellpoint.com/iowa-provider/patient-care/case-management | 1-833-731-2140 (TTY: 711) |

C. Crisis Planning

The following accredited crisis services are available to residents of the region for crisis prevention, response, and resolution.

24 Hour Crisis Response

| Provider | Location | Contact Information |
|--|--|---------------------|
| Abbe Center for Community Mental Health | 520 11 th St. NW, Cedar Rapids, IA 52405 | 319-398-3562 |
| Capstone Behavioral Healthcare, Inc. | 1123 1 st Ave. E, Suite 200 Newton IA 50208 | 641-792-4012 |
| Capstone Behavioral Healthcare, Inc. | 200 4 th Ave. W, Grinnell IA 50112 | 641-528-6065 |
| Center Associates | 9 N 4th Ave., Marshalltown IA 50158 | 641-752-1585 |
| Crossroads Behavioral Health Services | 102 W. Summit, Winterset IA 50273 | 515-462-3105 |
| Eyerly Ball Community Mental Health Services | 2521 University Blvd, Suite 121, Ames IA 50010 | 515-241-0982 |
| Eyerly Ball Community Mental Health Services | 1301 Center St., Des Moines IA 50139 | 515-241-0982 |
| Plains Area Mental Health Center | 318 S. Maple St. Suite 1, Carroll IA 51401 | 712-792-2991 |
| Prairie Ridge Integrated Behavioral Healthcare | 320 N. Eisenhower Ave., Mason City IA 50401 | 641-424-2391 |
| UnityPoint Health - Berryhill Center | 720 Kenyon Rd., Fort Dodge IA 50501 | 515-955-7171 |

24 Hour Crisis Hotline

| Provider | Location | Contact Information |
|-------------------------------------|--|--|
| Your life Iowa – Foundation 2, Inc. | 1714 Johnson Ave. NW, Cedar Rapids IA 52405 | Phone: 855-581-8111 Text: 855-895-8398 Chat: www.YourLifelowa.org |
| 988 Suicide and Crisis Lifeline | National network of local crisis centers answer calls to 988 | Phone: 988 Text: 988 Chat: 988lifeline.org |

Crisis Evaluation

| Provider | Adult/Child /Both | Location | Contact Information |
|--|-------------------|---|---------------------|
| Capstone Behavioral Healthcare, Inc. | Both | 1123 1 st Ave. E, Suite 200 Newton IA 50208 | 641-792-4012 |
| Capstone Behavioral Healthcare, Inc. | Both | 200 4 th Ave. W, Grinnell IA 50112 | 641-528-6065 |
| Center Associates | Both | 9 N 4th Ave., Marshalltown IA 50158 | 641-752-1585 |
| Crossroads Behavioral Health Services | Both | 102 W. Summit, Winterset IA 50273 | 515-462-3105 |
| Eyerly Ball Community Mental Health Services | Both | 2521 University Blvd., Suite 121, Ames IA 50010 | 515-241-0982 |
| Eyerly Ball Community Mental Health Services | Both | 1007 S. Jefferson Way, Indianola IA 50125 | 515-241-0982 |
| Integrated Telehealth Partners | Both | 1501 42 nd St., Suite 575, West Des Moines, IA 50266 | 855-270-3625 |
| Plains Area Mental Health Center | Both | 106 W. Washington Street, Suite 2, Jefferson IA 50129 | 712-792-2991 |
| Prairie Ridge Integrated Behavioral Healthcare | Both | 320 N. Eisenhower Ave., Mason City IA 50401 | 641-424-2391 |
| UnityPoint Health - Berryhill Center | Both | 720 Kenyon Rd., Fort Dodge IA 50501 | 515-955-7171 |

Mobile Response

| Provider | Location | Contact Information |
|--|---|---------------------|
| Eyerly Ball Community Mental Health Services | 945 19 th St., Des Moines IA 50314 | 855-581-8111 |

Crisis Stabilization Community-based Services

| Provider | Adult/Child | Location | Contact Information |
|--|-------------|---|---------------------|
| Eyerly Ball Community Mental Health Services | Both | 945 19 th St., Des Moines IA 50314 | 855-581-8111 |

Crisis Stabilization Residential Services

| Provider | Adult/Child | Location | Contact Information |
|--|-------------|---|---------------------|
| 43 North Iowa | Adult | 109 2 nd St. SE, Mason City IA 50401 | 641-424-8708 |
| Easterseals Iowa | Child | 401 N.E. 66 th Ave., Des Moines IA 50313 | 515-288-0818 |
| Guidelink Access Center | Adult | 300 Southgate Ave., Iowa City IA 52240 | 319-688-8000 |
| Inside Out Wellness and Advocacy (I.O.W.A.) | Adult | 706 Cedar Ave., Woodward IA 50276 | 515-642-4125 |
| Mental Health Access Center of Linn County | Adult | 501 13 th St. NW, Cedar Rapids IA 52405 | 319-892-5612 |
| North Iowa Regional Services | Adult | 1440 W. Dunkerton Rd., Waterloo IA 50703 | 319-291-2455 |
| Plains Area Mental Health Center – Turning Point | Adult | 900 Early St., Sac City IA 50583 | 712-662-8055 |
| Youth Shelter Care of North Central Iowa, Inc. | Child | 301 Avenue M West, Fort Dodge IA 50501 | 515-955-4222 |
| YSS, Inc. | Child | 703 Burnett Ave., Ames IA 50010 | 515-233-2330 |
| YSS, Inc. | Child | 50 North Eisenhower Ave., Mason City IA 50401 | 641-423-7362 |

23-Hour Observation

| Provider | Location | Contact Information |
|---------------------|--|---------------------|
| MercyOne North Iowa | 1000 4 th St. SW, Mason City IA 504 | 641-428-7000 |

CICS has entered into a Memorandum of Understanding (MOU) with the following regions to acknowledge agreement to follow the host region contract with the crisis service provider who is located outside of the CICS region that has agreed to serve CICS residents: County Social Services, Heart of Iowa Community Services, and MHDS of East Central. In the event a MOU is not in place, CICS will follow the host region contract for crisis services.

CICS also has MOUs with Care Connections of Northern Iowa and County Social Services for access to crisis services located within CICS.

CICS plans to explore the expansion of mobile crisis response services and has budgeted funding for sustainability of crisis stabilization residential services.

CICS is partnering with YSS, Inc. for development of Ember Youth Recovery Campus near Cambridge, IA where crisis stabilization residential services will be available as well as other services including, but not limited to, emergency

shelter and residential addiction treatment services for youth. It is anticipated the Ember Youth Recovery Campus will open by September 2024.

D. Intensive Mental Health Services

CICS has entered into MOUs with County Social Services, Heart of Iowa Community Services, and MHDS of East Central for access center services located outside of the CICS region. CICS also has MOUs with Heart of Iowa Community Services, Rolling Hills Community Services and Polk MHDS Region for access to subacute services located within CICS.

ACT services are currently available in Boone and Story Counties through Eyerly Ball Community Mental Health Services, Hamilton and Webster Counties through UnityPoint – Health Berryhill Center, and Cerro Gordo, Hancock, and Franklin Counties through Prairie Ridge Integrated Behavioral Healthcare.

CICS is actively working with agencies to formalize an access center network, funding is budgeted for the continuation of this work and possible development of an access center. CICS is partnering with Elevate Housing Foundation for development of four intensive residential service homes and Optimae Life Services for development of one intensive residential service home, it is anticipated these services will become available in FY2025.

The region has designated the following provider(s) as an **Access Center** that meet the requirements according to IAC 441—25.6(1) in a coordinated manner in one or more locations:

| Provider | Location | Contact Information |
|--|---|----------------------------|
| Guidelink Access Center | 300 Southgate Ave., Iowa City, IA 52240 | 319-688-8000 |
| Inside Out Wellness and Advocacy (I.O.W.A) | 706 Cedar Ave., Woodward, IA 50276 | 515-642-4125 |
| Mental Health Access Center of Linn County | 501 13 th St. NW, Cedar Rapids, IA 52405 | 319-892-5612 |
| North Iowa Regional Services | 1440 W. Dunkerton Rd., Waterloo, IA 50703 | 319-291-2455 |

The region has designated the following **Assertive Community Treatment (ACT)** teams which have been designated and meet the requirements in IAC 441—25.6(2).

| Provider | Location | Contact Information |
|--|---|----------------------------|
| Eyerly Ball Community Mental Health Services | 2521 University Blvd., Suite 121, Ames IA 50010 | 515-241-0982 |
| Prairie Ridge Integrated Behavioral Healthcare | 320 N. Eisenhower Ave., Mason City IA 50401 | 641-424-2391 |
| UnityPoint Health – Berryhill Center | 720 Kenyon Rd., Fort Dodge IA 50501 | 515-955-7171 |

The region has designated the following **Subacute** service providers which meet the criteria and are licensed by the Department of Inspections and Appeals.

| Provider | Location | Contact Information |
|--|---|----------------------------|
| Mary Greeley Medical Center | 124 S. Hazel Ave., Ames IA 50010 | 515-239-6747 |
| Mental Health Access Center of Linn County | 501 13 th St. NW, Cedar Rapids, IA 52405 | 319-892-5612 |
| North Iowa Regional Services | 1440 W. Dunkerton Rd., Waterloo, IA 50703 | 319-291-2455 |

The region has designated the following **Intensive Residential Service** providers which have been designated and meet the requirements in IAC 441—25.6(8):

| Provider | Location | Contact Information |
|-----------------|---|----------------------------|
| 43 North Iowa | 623 North Jackson St., Mason City, Iowa 50401 | 641-424-8708 |

E. Scope of Services & Budget and Financing Provisions

The FY2025 budget was developed based on utilization for the current year and service development and expansion plans. The budget was approved by the CICS Governing Board.

The table below identifies the scope of services offered by CICS. All core services are available. If there is not funding identified in a core service column, it is because it has not been needed historically. If an individual needs funding for a core service and meets eligibility requirements found in the Eligibility section of the CICS Mental Health and Disability Services Management Plan Policies and Procedures manual, funding will be made available. Core services for children’s behavioral health are identified by (**) after the service name. Eligibility guidelines for children’s behavioral health services are located in the Eligibility section of the CICS Mental Health and Disability Services Management Plan Policies and Procedures. The current Policies and Procedures can be found at: www.cicsmhds.org.

The region will utilize braided funding that includes regional, state, and other funding sources to meet the service needs within the region. Federal funding, third-party payors, and other nongovernmental funding is to be used prior to expending state regional service payment dollars.

Table A. Expenditures

| FY 2025 Budget | CICS MHDS Region | MI (40) | ID(42) | DD(43) | BI (47) | Admin (44) | Total |
|-------------------------------------|---|--------------|------------|------------|-----------|------------|--------------|
| Core Domains | | | | | | | |
| COA | Treatment | | | | | | |
| 42305 | Mental health outpatient therapy ** | \$ 60,000 | \$ 10,000 | \$ 10,000 | \$ 10,000 | | \$ 90,000 |
| 42306 | Medication prescribing & management ** | \$ 35,000 | | | | | \$ 35,000 |
| 43301 | Assessment, evaluation, and early identification ** | \$ 5,000 | \$ 5,000 | \$ 5,000 | \$ 5,000 | | \$ 20,000 |
| 71319 | Mental health inpatient therapy-MHI | \$ 500,000 | | | | | \$ 500,000 |
| 73319 | Mental health inpatient therapy ** | \$ 10,000 | | | | | \$ 10,000 |
| Crisis Services | | | | | | | |
| 32322 | Personal emergency response system | \$ 1,000 | \$ 1,000 | \$ 2,000 | \$ 1,000 | | \$ 5,000 |
| 44301 | Crisis evaluation | \$ 1,250,000 | | | | | \$ 1,250,000 |
| 44302 | 23 hour crisis observation & holding | \$ 20,000 | | | | | \$ 20,000 |
| 44305 | 24 hour access to crisis response | | | | | | \$ - |
| 44307 | Mobile response ** | \$ 1,200,000 | | | | | \$ 1,200,000 |
| 44312 | Crisis Stabilization community-based services ** | \$ 250,000 | | | | | \$ 250,000 |
| 44313 | Crisis Stabilization residential services ** | \$ 100,000 | | | | | \$ 100,000 |
| 44379 | System building & sustainability - Crisis | \$ 1,625,000 | | | | | \$ 1,625,000 |
| 44396 | Access Centers: start-up / sustainability | \$ 1,250,000 | | | | | \$ 1,250,000 |
| Support for Community Living | | | | | | | |
| 32320 | Home health aide | | | | | | \$ - |
| 32325 | Respite | | \$ 2,000 | \$ 2,000 | \$ 1,000 | | \$ 5,000 |
| 32328 | Home & vehicle modifications | | | | | | \$ - |
| 32329 | Supported community living | \$ 400,000 | \$ 150,000 | \$ 150,000 | \$ 50,000 | | \$ 750,000 |
| 42329 | Intensive residential services | \$ 675,000 | | | | | \$ 675,000 |
| Support for Employment | | | | | | | |
| 50362 | Prevocational services | \$ 4,000 | \$ 4,000 | \$ 2,000 | | | \$ 10,000 |
| 50364 | Job development | | | | | | \$ - |
| 50367 | Day habilitation | \$ 60,000 | \$ 60,000 | \$ 50,000 | \$ 30,000 | | \$ 200,000 |
| 50368 | Supported employment | \$ 50,000 | \$ 50,000 | \$ 50,000 | \$ 25,000 | | \$ 175,000 |
| 50369 | Group Supported employment-enclave | \$ 7,500 | \$ 7,500 | \$ 15,000 | | | \$ 30,000 |
| 50379 | System building & sustainability - IPS & Vocational | | | | | | \$ - |
| Recovery Services | | | | | | | |
| 45323 | Family support | \$ 40,000 | \$ 5,000 | \$ 5,000 | | | \$ 50,000 |
| 45366 | Peer support | \$ 8,000 | \$ 1,000 | \$ 1,000 | | | \$ 10,000 |
| Service Coordination | | | | | | | |

| | | | | | | | |
|-------|--|---------------------|-------------------|-------------------|-------------------|--|---------------------|
| 21375 | Case management | | | | | | \$ - |
| 24376 | Health homes | | | | | | \$ - |
| | Sub-Acute Services | | | | | | |
| 63309 | Subacute services-1-5 beds | | | | | | \$ - |
| 64309 | Subacute services-6 and over beds | \$ 300,000 | | | | | \$ 300,000 |
| | Core Evidenced Based Treatment | | | | | | |
| 04422 | Education & Training Services - provider competency | \$ 20,000 | \$ 20,000 | \$ 20,000 | \$ 15,000 | | \$ 75,000 |
| 32379 | System building & sustainability - Supported housing | \$ 63,802 | | | | | \$ 63,802 |
| 32396 | Supported housing | \$ 200,000 | | | | | \$ 200,000 |
| 42398 | Assertive community treatment (ACT) | \$ 100,000 | | | | | \$ 100,000 |
| 45373 | Family psychoeducation | \$ 10,000 | | | | | \$ 10,000 |
| 45379 | System building & sustainability - FPE & Recovery Svcs | \$ 10,000 | | | | | \$ 10,000 |
| | Core Domains Total | \$ 8,254,302 | \$ 315,500 | \$ 312,000 | \$ 137,000 | | \$ 9,018,802 |
| | Mandated Services | | | | | | |
| 46319 | Oakdale | \$ 50,000 | | | | | \$ 50,000 |
| 72319 | State resource centers | | | | | | \$ - |
| 74XXX | Commitment related (except 301) | \$ 400,000 | | | | | \$ 400,000 |
| 75XXX | Mental health advocate | \$ 350,000 | | | | | \$ 350,000 |
| | Mandated Services Total | \$ 800,000 | \$ - | \$ - | \$ - | | \$ 800,000 |
| | Additional Core Domains | | | | | | |
| | Justice system-involved services | | | | | | |
| 25xxx | Coordination services | \$ 700,000 | | | | | \$ 700,000 |
| 25378 | Contracted coordination services | \$ 100,000 | | | | | \$ 100,000 |
| 44346 | 24 hour crisis line* | | | | | | \$ - |
| 44366 | Warm line* | | | | | | \$ - |
| 46305 | Mental health services in jails | \$ 185,000 | | | | | \$ 185,000 |
| 46398 | Outpatient Competency Restoration | \$ 55,000 | | | | | \$ 55,000 |
| 46399 | Justice system-involved services-other | | | | | | \$ - |
| 46422 | Crisis prevention training | \$ 300,000 | | | | | \$ 300,000 |
| 46425 | Mental health court related costs | \$ 125,000 | | | | | \$ 125,000 |
| 74301 | Civil commitment prescreening evaluation | | | | | | \$ - |
| | Additional Core Evidenced based treatment | | | | | | |
| 42366 | Peer Wellness / Wellness and Recovery Centers | \$ 625,000 | \$ 250,000 | \$ 50,000 | \$ 25,000 | | \$ 950,000 |
| 42379 | System building & sustainability - Non crisis | \$ 300,000 | | | | | \$ 300,000 |
| 42397 | Psychiatric rehabilitation (IPR) | \$ 25,000 | | | | | \$ 25,000 |
| | Additional Core Domains Total | \$ 2,415,000 | \$ 250,000 | \$ 50,000 | \$ 25,000 | | \$ 2,740,000 |
| | Other Informational Services | | | | | | |
| 03371 | Information & referral | \$ 50,000 | | | | | \$ 50,000 |
| 04372 | Planning, consultation &/or early intervention (client related) ** | | | | | | \$ - |
| 04377 | Provider Incentive Payment | | | | | | \$ - |
| 04399 | Consultation Other | | | | | | \$ - |
| 04429 | Planning and Management Consultants (non-client related) | \$ 50,000 | | | | | \$ 50,000 |
| 05373 | Public education, prevention and education ** | \$ 175,000 | \$ 25,000 | \$ 15,000 | \$ 5,000 | | \$ 220,000 |
| | Other Informational Services Total | \$ 275,000 | \$ 25,000 | \$ 15,000 | \$ 5,000 | | \$ 320,000 |
| | Community Living Supports | | | | | | |
| 06399 | Academic services | | | | | | \$ - |
| 22XXX | Services management | \$ 1,500,000 | \$ 200,000 | \$ 200,000 | \$ 50,000 | | \$ 1,950,000 |
| 22378 | Contracted services management | | | | | | \$ - |
| 23376 | Crisis care coordination | \$ 190,000 | | | | | \$ 190,000 |
| 23378 | Contracted crisis care coordination | | | | | | \$ - |

| | | | | | | | |
|---|--|----------------------|---------------------|-------------------|-------------------|---------------------|----------------------|
| 23399 | Crisis care coordination other | | | | | | \$ - |
| 24399 | Health home other | | | | | | \$ - |
| 31XXX | Transportation | \$ 375,000 | \$ 200,000 | \$ 50,000 | \$ 25,000 | | \$ 650,000 |
| 32321 | Chore services | | | | | | \$ - |
| 32326 | Guardian/conservator | | | | | | \$ - |
| 32327 | Representative payee | \$ 4,000 | \$ 4,000 | \$ 1,000 | \$ 1,000 | | \$ 10,000 |
| 32335 | CDAC | | | | | | \$ - |
| 32399 | Other support | | | | | | \$ - |
| 33330 | Mobile meals | | | | | | \$ - |
| 33340 | Rent payments (time limited) | \$ 75,000 | \$ 15,000 | \$ 5,000 | \$ 5,000 | | \$ 100,000 |
| 33345 | Ongoing rent subsidy | \$ 150,000 | \$ 30,000 | \$ 10,000 | \$ 10,000 | | \$ 200,000 |
| 33399 | Other basic needs | \$ 25,000 | \$ 2,000 | \$ 2,000 | \$ 1,000 | | \$ 30,000 |
| 41305 | Physiological outpatient treatment | \$ 2,000 | \$ 2,000 | \$ 1,000 | | | \$ 5,000 |
| 41306 | Prescription meds | \$ 5,000 | \$ 3,000 | \$ 2,000 | | | \$ 10,000 |
| 41307 | In-home nursing | | | | | | \$ - |
| 41308 | Health supplies | | | | | | \$ - |
| 41399 | Other physiological treatment | | | | | | \$ - |
| 42309 | Partial hospitalization | | | | | | \$ - |
| 42310 | Transitional living program | | | | | | \$ - |
| 42363 | Day treatment | | | | | | \$ - |
| 42396 | Community support programs | \$ 2,500 | \$ 2,500 | \$ 2,500 | \$ 2,500 | | \$ 10,000 |
| 42399 | Other psychotherapeutic treatment | | | | | | \$ - |
| 43399 | Other non-crisis evaluation | | | | | | \$ - |
| 44304 | Emergency care | | | | | | \$ - |
| 44399 | Other crisis services | | | | | | \$ - |
| 45399 | Other family & peer support | | | | | | \$ - |
| 46306 | Psychiatric medications in jail | \$ 85,000 | | | | | \$ 85,000 |
| 50361 | Vocational skills training | | | | | | \$ - |
| 50365 | Supported education | | | | | | \$ - |
| 50399 | Other vocational & day services | | | | | | \$ - |
| 63XXX | RCF 1-5 beds (63314, 63315 & 63316) | | | | | | \$ - |
| 63XXX | ICF 1-5 beds (63317 & 63318) | | | | | | \$ - |
| 63329 | SCL 1-5 beds | | | | | | \$ - |
| 63399 | Other 1-5 beds | | | | | | \$ - |
| | Community Living Supports | \$ 2,413,500 | \$ 458,500 | \$ 273,500 | \$ 94,500 | | \$ 3,240,000 |
| Other Congregate Services | | | | | | | |
| 50360 | Work services (work activity/sheltered work) | | | | | | \$ - |
| 64XXX | RCF 6 and over beds (64314, 64315 & 64316) | \$ 510,000 | \$ 50,000 | \$ 50,000 | | | \$ 610,000 |
| 64XXX | ICF 6 and over beds (64317 & 64318) | \$ 100,000 | | | | | \$ 100,000 |
| 64329 | SCL 6 and over beds | \$ 545,000 | | | | | \$ 545,000 |
| 64399 | Other 6 and over beds | | | | | | \$ - |
| | Other Congregate Services Total | \$ 1,155,000 | \$ 50,000 | \$ 50,000 | \$ - | | \$ 1,255,000 |
| Administration | | | | | | | |
| 11XXX | Direct Administration | | | | | \$ 2,000,000 | \$ 2,000,000 |
| 12XXX | Purchased Administration | | | | | \$ 500,000 | \$ 500,000 |
| | Administration Total | | | | | \$ 2,500,000 | \$ 2,500,000 |
| | Regional Totals | \$ 15,312,802 | \$ 1,099,000 | \$ 700,500 | \$ 261,500 | \$ 2,500,000 | \$ 19,873,802 |
| (45XX-XXX) County Provided Case Management | | | | | | | |
| (46XX-XXX) County Provided Services | | | | | | | |
| | Regional Grand Total | | | | | | \$ 19,873,802 |

*24 hour crisis line and warm line are transitioning from additional core to state wide services with state funding.

**Core services for children with a serious emotional disturbance (SED)

Table B. Revenues

| FY 2025 Budget | CICS MHDS Region | | |
|-----------------|---|------------|-------------------------|
| Revenues | | | |
| | Projected Fund Balance as of 6/30/24 | | \$ 1,076,839.00 |
| | Local/Regional Funds | | \$ 250,000.00 |
| 1010 | Delinquent Property Tax | | |
| 25XX | Other Governmental Revenues | | |
| 4XXX-5XXX | Charges for Services | | |
| 5310 | Client Fees | 20,000 | |
| 60XX | Interest | 200,000 | |
| 6XXX | Use of Money & Property | | |
| 8XXX | Miscellaneous | 30,000 | |
| 9040 | Other Budgetary Funds (Polk Transfer Only) | | |
| | | | |
| | State Funds | | \$ 18,747,708.00 |
| 24XX | State/Federal pass thru Revenue | | |
| 2644 | State Regional Service Payments | 18,747,708 | |
| 2644 | State Regional Service Payments (Refund to State) | | |
| 2643 | State Incentive Funds | | |
| | Other | | |
| | Federal Funds | | \$ - |
| 2345 | Medicaid | | |
| | Other | | |
| | Total Revenues | | \$ 18,997,708.00 |

| | |
|---|------------------|
| Total Funds Available for FY2025 | \$ 20,074,547.00 |
| FY25 Projected Regional Expenditures | \$ 19,873,802.00 |
| Accrual Fund Balance as of 6/30/2025 | \$ 200,745.00 |

F. Financial Forecasting Measures

The following is a description of the financial forecasting measures used by CICS in the identification of service needs and funding necessary for services.

Historical service utilization is the starting point for all financial projections and costs of additional services added throughout the year are analyzed prior to budgeting. The FY2025 budget was developed to continue current funding for core services for children and adults; funding for sustainability, development, and expansion of core services for children and adults; funding and sustainability of additional core services; and development, expansion, and continued funding for non-core services.

In FY2025 CICS would like to develop a provider training program and continue work toward development of a Permanent Supported Housing (PSH) Program. Funding is budgeted for PSH client-related expenses as well as expansion of additional peer support services. CICS has budgeted funding to partner with schools for development of information and referral services and funding for non-billable time for consultation services in schools. Funding is also budgeted for expansion of available transportation services, expansion of rental assistance, and other basic needs in relation to PSH services.

The chart below identifies and defines specific services and projects funds needed, based on current utilization and available services.

| Scope of Services/Projection of Funds Needed | | | | |
|---|---|--|---------------------------|--|
| | Domains and Services | | Projection of Need | Development & Expansion |
| Core Domains | | | | |
| | Treatment | | | |
| | Mental health outpatient therapy | Includes medication prescribing and management, therapy. Access standards: emergency within 15 minutes of contact, urgent within one hour of contact or 24 hours of phone contact, routine within 4 weeks of request for appointment (within 45 miles). | \$90,000 | |
| | Medication prescribing & management | Medication prescribing services with the individual present, including but not limited to, determining how the medication is affecting the individual, determining any drug interactions or adverse drug effects, proper dosage level. Medication management services provided with the individual present or on behalf of the individual, including but not limited to, monitoring effectiveness, compliance of medication regime, coordination with care providers, investigating medical interactions, reviewing lab reports and activities pursuant to licensed prescriber orders. | \$35,000 | |
| | Assessment, evaluation & early identification | The clinical review by a mental health professional of the current functioning of the individual using the service in regard to the individual's situation, needs, strengths, abilities, desires, and goals to determine the appropriate level of care. Early identification means the process of detecting developmental delays or untreated conditions that may indicate the need for further evaluation. | \$20,000 | |
| | Mental health inpatient therapy- MHI Private | 24 hour settings that provide services to treat acute psychiatric conditions provided in a licensed hospital with a psychiatric unit or a licensed freestanding psychiatric hospital. Primary goal is to provide a comprehensive evaluation, rapidly stabilize symptoms, address health and safety needs, and develop a comprehensive and appropriate discharge plan. Access within 24 hours and close proximity. | \$500,000 \$10,000 | |
| | Crisis Services | | | |
| | Personal emergency response system | An electronic device connected to a 24-hour staffed system, which allows the individual to access assistance in the event of an emergency. | \$5,000 | |
| | Crisis evaluation | The process used with an individual to collect information related to the individual's history and needs, strengths, and abilities in order to determine appropriate services or referral during an acute episode. Access within 24 hours. | \$1,250,000 | |
| | 23 hour crisis observation & holding | A level of care provided up to 23 hours in a secure and protected, medically staffed, psychiatrically supervised treatment environment. | \$20,000 | |
| | 24 hour access to crisis response | Outpatient (24 Hour Crisis Response Services) - short term individualized mental health services following a crisis screening or assessment, which are designed to restore the individual to prior functional level. | - | |
| | Mobile response | A mental health service which provides on-site, face-to-face mental health crisis services for individuals experiencing a mental health crisis. Mobile crisis staff have the capacity to intervene, wherever the crisis is occurring, including but not limited to the individual's place of residence, emergency rooms, police stations, outpatient mental health settings, schools, recovery centers, or any other location where the individual lives, works, attends school, or socializes. | \$1,200,000 | |
| | Crisis Stabilization community-based services | Services provided in community-based settings to de-escalate and stabilize an individual following a mental health crisis | \$250,000 | |
| | Crisis Stabilization residential services | Services provided in short-term, non-community-based residential settings to de-escalate and stabilize a mental health crisis. | \$100,000 | |
| | System Building & Sustainability - Crisis | Non-client related operational buildout costs to secure needed workforce and infrastructure to start-up, sustain, and expand required Crisis Services. | | \$1,625,000 Expansion |
| | Access Centers: start-up/ sustainability | Start-up, sustainability, and coordination costs for a regionally designated access center. (**Actual services provided in an access | \$250,000 | \$1,000,000 |

| | | | | |
|-------------------------------------|---|---|-----------|-----------------------------|
| | | center should be funded under the corresponding service chart of account code). | | Development |
| Support for Community Living | | | | |
| | Home health aide | Unskilled medical services which provide direct personal care. This service may include assistance with activities of daily living, such as helping the recipient to bathe, get in and out of bed, care for hair and teeth, exercise, and take medications specifically ordered by the physician. | - | |
| | Respite | A temporary period of relief and support for individuals and their families provided in a variety of settings. The intent is to provide a safe environment with staff assistance for individuals who lack an adequate support system to address current issues related to a disability. Respite may be provided for a defined period of time; respite is either planned or provided in response to a crisis. | \$5,000 | |
| | Home & vehicle modifications | A service that provides physical modifications to the home or vehicle that directly address the medical health or remedial needs of the individual that are necessary to provide for the health, welfare, and safety of the member and to increase or maintain independence. | - | |
| | Supported community living | Services provided in a non-institutional setting to adult persons with mental illness, intellectual, or developmental disabilities to meet the persons' daily living needs. Access standards within 4 weeks of request. | \$750,000 | |
| | Intensive residential services | Intensive, community-based services provided 24 hours a day, 365 days a year to individuals with a severe and persistent mental illness or multi-occurring conditions. Providers of intensive residential service homes are enrolled with Medicaid as providers of HCBS Habilitation or HCBS Intellectual Disability Waiver Supported Community Living and meet additional criteria specified in Iowa Administrative Code 441.25.6(7). | \$675,000 | |
| Support for Employment | | | | |
| | Prevocational services | Services that focus on developing generalized skills that prepare an individual for paid or unpaid employment; skill development includes, but is not limited to, following directions, attending to tasks, task completion, problem-solving, and safety and mobility training; can be provided in a variety of settings. | \$10,000 | |
| | Day habilitation | Services that assist or support the individual in developing or maintaining life skills and community integration. Services shall enable or enhance the individual's functioning, physical and emotional health and development, language and communication development, cognitive functioning, socialization and community integration, functional skill development, behavior management, responsibility and self-direction, daily living activities, self-advocacy skills, or mobility. | \$200,000 | |
| | Job development | An approach to helping individuals participate as much as possible in competitive work in integrated work settings that are consistent with the strengths, resources, priorities, concerns, abilities, capabilities, interests, and informed choice of the individuals. Services are targeted for individuals with significant disabilities for whom competitive employment has not traditionally occurred; or for whom competitive employment has been interrupted or intermittent as a result of a significant disability including either individual or group supported employment, or both, consistent with evidence-based practice standards published by the Substance Abuse and Mental Health Services Administration. Access standards within 60 days of request. | - | |
| | Supported employment | | \$175,000 | |
| | Group Supported employment-enclave | The job and training activities in business and industry settings for groups of no more than eight workers with disabilities. Group settings include enclaves, mobile crews, and other business-based workgroups employing small groups of workers with disabilities in integrated, sustained, paid employment. | \$30,000 | |
| | System Building & Sustainability - IPS & Vocational | Non-client related operational buildout costs to secure needed workforce and infrastructure to start-up, sustain, and expand Evidence-based and Vocational services. | | |
| Recovery Services | | | | |
| | Family support | Family support peer specialist and peer support specialist that assist the family of an individual to live successfully, including but not limited to, education and information, individual advocacy, family support groups, and crisis response. | \$50,000 | |
| | Peer support | | \$10,000 | |

| Service Coordination | | | | |
|---|--|---|-----------|--|
| | Case management | Service provided by a case manager, service coordinator, or Health Home through an interdisciplinary array of medical care, behavioral health care, and community-based social services and supports. Assists individuals in gaining access to needed medical, social, educational, and other services through assessment, development of a care plan, referral, monitoring, and follow-up using a strengths-based service approach that helps individuals achieve specific desired outcomes leading to a healthy self-reliance and interdependence with their community. Access within 10 days of request. | - | |
| | Health homes | | - | |
| Sub-Acute Services | | | | |
| | Subacute services-1-5 beds | A comprehensive set of wraparound services for persons who have had or are at imminent risk of having acute or crisis mental health symptoms that do not permit the persons to remain in or threatens removal of the persons from their home and community, but who have been determined by a mental health professional and a licensed health care professional, subject to the professional's scope of practice, not to need inpatient acute hospital services. | | |
| | Subacute services-6 and over beds | | \$300,000 | |
| Core Evidence-Based Treatment | | | | |
| | Education & Training Services - provider competency | Training related to provider competency in delivering co-occurring integrated services, trauma-informed services, and evidence-based practices. | \$15,000 | \$60,000 Development |
| | System Building & Sustainability - Supported housing | Non-client related operational buildout costs to secure needed workforce and infrastructure to start-up, sustain, and expand Evidence-based and Supportive services. | \$3,802 | \$60,000 Development |
| | Supported housing | A combination of housing and services intended as a cost-effective way to help people live more stable, productive lives; tenancy not predicted on services. | | \$200,000 Development |
| | Assertive community treatment (ACT) | An intensive and highly integrated approach for community mental health service delivery. ACT programs serve individuals whose symptoms of mental illness result in serious functioning difficulties in several major areas of life, often including work, social relationships, residential independence, money management, and physical health and wellness. | \$100,000 | |
| | Family psychoeducation | Services including the provision of emotional support, education, resources during periods of crisis, and problem-solving skills consistent with evidence-based practice standards published by the Substance Abuse and Mental Health Services Administration. | \$10,000 | |
| | System Building & Sustainability - FPE & Recovery Services | Non-client related operational buildout costs to secure needed workforce and infrastructure to start-up, sustain, and expand Evidence-based and Recovery services. | | \$10,000 Expansion |
| Mandated Services | | | | |
| | Oakdale | Hospital Services provided at Iowa Medical & Classification Center Code of Iowa Chapter 812. | \$50,000 | |
| | Commitment related (except 301) | Diagnostic Evaluations/Sheriff transportation/Legal representation | \$400,000 | |
| | Mental health advocate | | \$350,000 | |
| Additional Core Domains | | | | |
| Justice System-Involved Services | | | | |
| | Coordination services | Service coordination provided to individuals in the justice system. | \$700,000 | |
| | Contracted coordination services | Contracted service coordination provided to individuals in justice system | \$100,000 | |
| | 24 hour crisis line | Crisis Hotline (fee paid to vendor) (24 Hour Crisis Line) Telephone crisis service- program that operates a crisis hotline either directly or through a contract. The service shall be available 24 hours a day and seven days a week including, but not limited to, relief of distress in pre-crisis and crisis situations, reduction of the risk of escalation, arrangements for emergency on-site responses when necessary, and referral of callers to appropriate services. | - | |
| | Warm line | A line staffed by peer counselors, who provide nonjudgmental, nondirective support to an individual who is experiencing a personal crisis. | - | |

| | | | | |
|---|---|---|-------------|---|
| | Mental health services in jails | Outpatient mental health services provided to individuals in criminal justice settings. | \$185,000 | |
| | Outpatient competency restoration | A community-based service to restore competency for individuals found by a court to be incompetent to stand trial. This includes components such as psychiatric prescribing and medication management; mental health and substance use treatment services; competency education; and case management | \$55,000 | |
| | Justice system-involved services-other | Other support services within the justice system. | - | |
| | Crisis prevention training | Educational and Training Services Safety training for law enforcement, first responders, etc., regarding mental health awareness such as Crisis Intervention Training (CIT). | \$300,000 | |
| | Mental Health Court Related Costs | Legal and court related services for mental health court related expenses. | \$125,000 | |
| | Civil commitment prescreening evaluation | Evaluations completed prior to commitment with goal to divert individuals from commitment process. | - | |
| Additional Core Evidence-Based Treatment | | | | |
| | Peer Wellness / Wellness and Recovery Centers | Social Support services- drop in centers and clubhouse centers. | \$950,000 | |
| | System Building & Sustainability - Non crisis | Non-client related operational buildout costs to secure needed workforce and infrastructure to start-up, sustain, and expand Evidence-based and Intensive mental health services. (Wellness Centers, IRSH, ACT, IPR, Transitional Living) | \$300,000 | |
| | Psychiatric rehabilitation (IPR) | Individualized services designed to increase the consumer's ability to function independently to prevent or reduce the need for services in a hospital or residential setting and to promote the consumer's recovery of the ability to perform a valued role in society. | \$25,000 | |
| Other Informational Services | | | | |
| | Information & referral | Activities designed to provide facts about resources available/help to access those resources. | | \$50,000 Development |
| | Planning, Consultation and/or early intervention (client related) | Consultation - advisory activities directed to a service provider to assist the provider in delivering services to a specific person; Early intervention - services designed to address the social, emotional, and developmental needs of children at their earliest stages to decrease long-term effects and provide support in meeting developmental milestones. | - | |
| | Planning and management consultants (non-client related) | Advisory activities directed to a service provider to assist the provider in planning, developing, or implementing programs; or in solving management or administrative problems; or addressing other concerns in the provider's own organization. | | \$50,000 Development |
| | Public education, prevention and education | Education services - activities that increase awareness and understanding of the causes and nature of conditions or factors which affect an individual's development and functioning. Prevention - efforts to increase awareness and understanding of the causes and nature of conditions or situations which affect an individual's functioning in society. Prevention activities are designed to convey information about the cause of conditions, situations, or problems that interfere with an individual's functioning or ways in which that knowledge can be used to prevent their occurrence or reduce their effect, and may include but are not limited to, training events, webinars, presentations, and public meetings. | \$220,000 | |
| Other Community Living Support Services | | | | |
| | Services management | Designed to help individuals and families identify service needs and coordinate service delivery but which do not constitute case management. | \$1,950,000 | |
| | Crisis Care Coordination | Coordination service provided during an acute crisis episode that facilitates working together to organize a plan and service transition programing, including working agreements with inpatient behavioral health units and other community programs. The service shall include referrals to mental health services and other supports necessary to maintain community-based living capacity, including case management as defined herein. | \$190,000 | |

| | | | | |
|---|------------------------------------|--|---------------------|--|
| | Transportation | Services for consumers to conduct business errands or essential shopping, to receive medical services not reimbursed through Title XIX, to go to and from work, recreation, education or day programs, and to reduce social isolation. | \$400,000 | \$250,000 Expansion |
| | Guardian/conservator | Activities provided as required by the court system to handle the personal business of the individual. | - | |
| | Representative payee | Activities provided to manage an individual's finances. | \$10,000 | |
| | Rent payments (time limited) | Rent payment to avoid homelessness. | \$100,000 | |
| | Ongoing rent subsidy | Is for on-going rent support provided through an organized program to allow the individual to maintain an affordable home in the community or any payment of rental assistance including General Assistance. | | \$200,000 Expansion |
| | Other basic needs | Other costs associated with basic necessities. | \$18,000 | \$12,000 Expansion |
| | Physiological outpatient treatment | Activities designed to prevent, halt, control, relieve, or reverse symptoms or conditions which interfere with the normal physiological functioning of the human body. | \$5,000 | |
| | Prescription meds | Prescription medication, including medication prescribed for psychiatric conditions. | \$10,000 | |
| | Community support programs | Comprehensive programs to meet individual treatment and support needs of consumers, which enable consumers with a mental illness, intellectual disability, or a developmental disability to live and work in a community setting. | \$10,000 | |
| | Psychiatric medications in jail | Psychiatric medication funded for individuals in jail | \$85,000 | |
| Other Congregate Services | | | | |
| | RCF 6 and over beds | Long-term care given to adults or children who stay in a residential setting rather than in their own home or family home. | \$610,000 | |
| | ICF 6 and over beds | Intermediate Care Facility, non-Medicaid only. | \$100,000 | |
| | SCL 6 and over beds | Services and supports determined necessary to enable consumers to live and work in a community, and is provided in Licensed RCF facility 6 and over beds. Services are directed to enhancing consumer's ability to regain or attain higher levels of independence, or to maximize current levels of functioning. | \$545,000 | |
| Projection of need based on current services and funding | | | \$13,856,802 | |
| Funds allocated for expansion of services | | | | \$ 3,517,000 |

G. Provider Reimbursement Provisions

CICS will contract with MHDS providers and non-traditional providers who meet contracting eligibility requirements and whose base of operation is in the region or is a provider who is not contracted with their host region and is providing services funded by CICS. The Region retains the right to select service providers to be a part of the CICS provider network. Providers must be approved CICS MHDS network providers in order to be eligible for regional funding. New providers may be added to the provider network if it is determined that either a particular individual will benefit from the service (as determined by the individual's inter-disciplinary team) or that the provider shall provide service(s) that will enhance the service system. CICS will also honor contracts that other regions have negotiated with their local providers. A contract may not be required with providers that provide one-time or as needed services.

In order to support service expansion efforts, CICS may offer requests for proposals (RFPs) in combination with other strategies. The following is a description of the types of funding used by CICS:

- **Fee-for-service:**
A fee-for-service approach will be utilized in most provider contracts, outlining the services to be provided and the rate of reimbursement. Services provided under a fee-for-service model are reimbursed based on a service funding request and a prior authorization process, with the exception of court ordered payments such as civil commitment costs and crisis services.

- Block grant payments:
CICS may utilize block grant payments when a service does not fit the traditional fee-for-service method of payment and may be considered to cover costs of new services until a fee-for-service rate can be established.
- Incorporation of all funding sources for individuals including Medicaid:
The region is responsible for ensuring that MHDS services are available to all residents of the region regardless of funding source. CICS will ensure that individuals apply for all funding sources prior to accessing regional funding, including private insurance, Medicaid, Medicare, and other funding mechanisms, which ensure that individuals and their families are able to optimally live, work, and recreate in integrated communities of their choice.

In addition to resource guidelines of Iowa Code 225C.60, CICS will exempt one vehicle per adult household member.

CICS requires providers to meet all applicable licensure, accreditation, and certification standards. CICS has contracted with the providers identified below. Additional providers, including non-traditional providers, may be added throughout the year as services are developed to meet the service needs of individuals.

| | | | |
|---|-------------------------------------|--------------|-------|
| 43 North Iowa | 111 2 nd St. NE | Mason City | 50401 |
| Achieve Mental Health Inc. | 814 Railroad St. | Iowa Falls | 50126 |
| Access, Inc. | PO Box 268 | Hampton | 50441 |
| Arc of Story County | 5820 Lincoln Way, Ste. 101 | Ames | 50014 |
| Arc of Marshall County | 1934 Taylor Ave. | Marshalltown | 50158 |
| Belmond Community Hospital | 403 1 st St. SE | Belmond | 50421 |
| Brian Vold, ARNP | 814 Railroad St. | Iowa Falls | 50126 |
| Capstone Behavioral Healthcare | 1123 1 st Ave E, Ste 200 | Newton | 50208 |
| Center Associates | 9 North 4th Ave. | Marshalltown | 50158 |
| Central Iowa Juvenile Detention Center | 2317 Rick Collins Way | Eldora | 50627 |
| Central Iowa Psychological Services | 223 S. Walnut Ave. | Ames | 50010 |
| Central Iowa Recovery, Inc. | 825 Beach St., PO Box 188 | Webster City | 50595 |
| ChildServe Community Options | 1915 Philadelphia St. | Ames | 50010 |
| Choices Therapy Services, LLC | 2829 Buena Vista Drive | Clive | 50325 |
| Christian Opportunity Center | 1602 North 14th St. | Indianola | 50125 |
| CIRSI, Inc. | 111 E. Linn St. | Marshalltown | 50158 |
| Classroom Clinic | PO Box 951 | Carroll | 51401 |
| Community & Family Resources | 211 Ave M West | Fort Dodge | 50501 |
| Crossroads Mental Health Center | 1003 Cottonwood Rd. | Creston | 50801 |
| Davis Psychological Services | 809 5 th Ave. | Grinnell | 50112 |
| Duncan Heights, Inc. | 236 State. St. | Garner | 50438 |
| Easterseals Iowa | 401 NE 66 th Avenue | Des Moines | 50313 |
| Elevate CCBHC LL (Elevate Housing Foundation) | 405 E. 5 th Street | Waterloo | 50703 |
| Eyerly Ball Community Mental Health Services | 945 19th St. | Des Moines | 50314 |
| Foundation 2, Inc. | 1714 Johnson Ave. NW | Cedar Rapids | 52405 |
| Freedom Pointe of Greater Webster County | 1303 A St., Ste. 003 | Fort Dodge | 50501 |
| Friendship Ark, Inc. | 5820 Lincoln Way, Ste. 101 | Ames | 50014 |
| FIA Friendship Club, Inc. | 602 S Oak St., PO Box 622 | Iowa Falls | 50126 |
| Goshorn Psych-Services, PLLC | 410 E. Robinson St., Ste. A-2 | Knoxville | 50138 |
| Grace C Mae Advocate Center, Inc. | 2501 S. Center, Ste. M | Marshalltown | 50158 |

| | | | |
|---|---------------------------------------|-----------------|-------|
| Greene County Family Medicine | 1000 W Lincoln Way St, Ste 100 | Jefferson | 50129 |
| Healthy Homes Family Services | 812 Commercial Street | Grinnell | 50112 |
| Heartland Senior Services | 205 S. Walnut | Ames | 50010 |
| HIRTA Transit | 2824 104th St. | Urbandale | 50322 |
| Hope Family Counseling | 817 4 th Avenue | Grinnell | 50112 |
| House of Mercy | 1409 Clark St | Des Moines | 50314 |
| Integrated Telehealth Partners | 1501 42 nd St., Ste. 120 | West Des Moines | 50266 |
| Integrated Treatment Services, LLC | 303 S. 2nd Ave. W | Newton | 50208 |
| Integrative Counseling Solutions, Inc. | 1200 Valley West Drive, #508 | West Des Moines | 50266 |
| Interpreters Unlimited | PO Box 27660 | San Diego | 92198 |
| Iowa Judicial Branch | 1111 E. Court Ave. | Des Moines | 50319 |
| Iowa Specialty Hospital - Clarion | 403 1 st St. SE | Belmond | 50421 |
| Kadel Medical Services, LLC | 3094 104 th Street | Urbandale | 50322 |
| Life Connections LC | 240 N. Bluff Blvd., Ste. 206 | Clinton | 52732 |
| LifeWorks Community Services | 1303 A St. | Fort Dodge | 50501 |
| Lori Schoh DBA @The Mental Health Lab, PLLC | 515 6 th Ave. | Grinnell | 50112 |
| Lutheran Services in Iowa (LSI) | 3125 Cottage Grove Ave. | Des Moines | 50311 |
| Mainstream Living Inc. | 2012 E. 13th St. | Ames | 50010 |
| Mason City Clinic | 250 S. Crescent Dr. | Mason City | 50401 |
| Mary Greeley Medical Center | 1111 Duff Ave., PO Box 863 | Ames | 50010 |
| Mediapolis Care Facility | 142 N Orchard Street | Mediapolis | 52637 |
| MercyOne North Iowa Medical Center | 1449 Northwest 128 th St. | Clive | 50325 |
| Mid-Iowa Triumph Recovery Center, Inc. | 204 E Linn St., Ste A, PO Box 1774 | Marshalltown | 50158 |
| MIW, Inc. | 909 S. 14th Ave., PO Box 966 | Marshalltown | 50158 |
| Midwest Counseling | PO Box 313 | Williamsburg | 52361 |
| NAMI Central Iowa | 424 5 th St. | Ames | 50010 |
| New Beginnings Counseling Service | 6200 Aurora Ave, Ste 103E | Urbandale | 50322 |
| Norse Ventures LLC, dba Thrive | 1924 SW Cascade Falls Drive | Ankeny | 50023 |
| One Vision | 1200 North 9 th St. West | Clear Lake | 50428 |
| Optimae Life Services | 602 E Grand Ave. | Des Moines | 50301 |
| Orchard Place | 2116 Grand Ave. | Des Moines | 50312 |
| Pillar of Cedar Valley | 1410 W Dunkerton Road | Waterloo | 50703 |
| Plains Area Mental Health Center | 180 10 th St. SE, Ste. 201 | LeMars | 51301 |
| Prairie Ridge Integrated Behavioral Healthcare | 320 N Eisenhower Ave. | Mason City | 50401 |
| Premier Payee, Inc. | 100 E Euclid Ave., Ste. 137 | Des Moines | 50313 |
| Progress Industries | 202 N 3 rd Ave W. | Newton | 50208 |
| Region Six Resource Partners | 903 E. Main St. | Marshalltown | 50158 |
| Rural Policy Partners | 14202 Goodman Drive | Urbandale | 50323 |
| The Salvation Army | PO Box 1681 | Ames | 50010 |
| SANAR Psychotherapy Ana Sanchez Smith PLLC | 1425 Patricia Ave. | Grinnell | 50112 |
| Spring Harbor Residential Services | 123 1 st St. SE | Mason City | 50401 |
| Substance Abuse Treatment Unit of Central Iowa (SATUCI) | 9 N. 4 th Ave. | Marshalltown | 50158 |
| The Respite Connection, Inc | 2469 106 th St., Ste. 220 | Urbandale | 50322 |
| Together We Can Inc | 8 W Church Street | Marshalltown | 50158 |
| Trilix Marketing Group | 615 Third St., Ste. 300 | Des Moines | 50309 |

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| UnityPoint Health – Berryhill Center | 720 Kenyon Road | Fort Dodge | 50501 |
| Van Diest Medical Center | 2350 Hospital Dr. | Webster City | 50595 |
| Youth & Shelter Services, Inc. | 420 Kellogg Ave. | Ames | 50010 |
| Youth Shelter Care of North Central Iowa, Inc. | 301 Ave. M West | Fort Dodge | 50501 |